

DECEMBER 2020			
MENU FOR GRADE 3-4-5 - MIDDLE SCHOOL (6,7,8) - HIGH SCHOOL (9,10,11,12)			
30 November - 4 December 2020		7-11 DECEMBER 2020	14-18 DECEMBER 2020
MONDAY	Naepolitan Day - Sartù di Riso ( <b>milk, eggs</b> )		Lasagna with pesto ( <b>eggs, milk, cereals containing gluten, nuts</b> )
	Sausages and broccoli		Roast pork with apples
	Potato pie ( <b>milk, eggs</b> )		Eggplant meatballs ( <b>cereals containing gluten, eggs</b> )
	Migliaccio chocolate ( <b>cereals containing gluten, milk, eggs</b> )		Hot side dish of the day + Bread and Fruit or Yogurt
TUESDAY	Pasta pie ( <b>cereals containing gluten, milk</b> )		Pasta with salmon cream ( <b>cereals containing gluten, fish</b> )
	Chicken drumsticks with cabbage		Hamburger ( <b>eggs, milk</b> )
	Chard and mozzarella pie ( <b>cereals containing gluten, milk, eggs</b> )		Genoese meatloaf ( <b>cereals containing gluten, eggs, milk</b> )
	Hot side dish of the day + Bread and Fruit or Yogurt		Hot side dish of the day + Bread and Fruit or Yogurt
WEDNESDAY	Pasta al 'amatricana ( <b>cereals containing gluten, milk</b> )	Pasta carbonara ( <b>cereals containing gluten, milk</b> )	Pasta alla norma ( <b>cereals containing gluten, milk</b> )
	Pork escalopes ( <b>cereals containing gluten, milk</b> )	Veal stew with black rice	Herb-scented fish filet ( <b>fish</b> )
	Zucchini parmigiana ( <b>milk</b> )	Spinach pie ( <b>cereals containing gluten, milk, eggs</b> )	Zucchini omelette ( <b>eggs</b> )
	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
THURSDAY	Risotto with tomato	Pasta and beans ( <b>cereals containing gluten</b> )	Pasta with tomato and basil ( <b>cereals containing gluten</b> )
	Breaded plaice fillets ( <b>cereals containing gluten, eggs, fish</b> )	Salmon fillets with cherry tomatoes ( <b>fish</b> )	Pizza margherita ( <b>cereals containing gluten, milk</b> )
	Vegetable Burger ( <b>cereals containing gluten, milk, eggs</b> )	Genoese meatloaf ( <b>cereals containing gluten, eggs, milk</b> )	Ham and cheese rolls ( <b>milk</b> )
	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt
FRIDAY	Pasta with tomato and basil ( <b>cereals containing gluten</b> )	Pumpkin risotto	Meat Cannelloni ( <b>cereals containing gluten, milk</b> )
	Pizza margherita ( <b>cereals containing gluten, milk</b> )	Chicken Nuggets ( <b>cereals containing gluten, eggs</b> )	Roast turkey with gravy and chestnuts ( <b>cereals containing gluten</b> )
	Ham and cheese rolls ( <b>milk</b> )	Eggplant parmigiana ( <b>milk</b> )	Stuffed with Genoese vegetables ( <b>cereals containing gluten</b> )
	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt	Hot side dish of the day + Bread and Fruit or Yogurt



\*\* In many preparations rice flour is used instead of 00 flour. Gluten-free and lactose-free options are always available. Pasta in bianco is always available. For any question or request, ask Pedevilla staff or write to [isgfeedback@pedevilla.it](mailto:isgfeedback@pedevilla.it)