

05/10/2020

<b>EHB MENU WK 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MORNING SNACK</b> <i>(Rice cakes always available in class.)</i>	Cheese & crackers (PP) Cheese & crackers & fruit (P)	Fruit (PP) Cheese & crackers & fruit (P)	Cheese & crackers (PP) Cheese & crackers & fruit (P)	Fruit (PP) Cheese & crackers & fruit (P)	Cheese & crackers (PP) Cheese & crackers & fruit (P)
<b>MAIN COURSE</b>	Penne pasta with Lamb bolognaise	Beef burgers In a bun	Lamb meatballs	Chicken sausages	Fish fingers
<b>VEGETARIAN</b>	Pasta with Quorn bolognaise	Veggie burgers In a bun	Falafels with Tomato sauce	Vegetarian sausages	Vegetable wrap
<b>SIDE DISHES</b>	Broccoli	Sweetcorn & peas Potato wedges	Green beans Cous cous	Baton carrots Mashed potato	Baked beans Chips
<b>DESSERT</b>	Fruit	Fruit	Fruit/yogurt	Fruit	Fruit cake
<b>AFTERNOON SNACK (N &amp; KG)</b>	Sliced fruit & vegetables	Sliced fruit & vegetables	Sliced fruit & vegetables	Sliced fruit & vegetables	Sliced fruit & vegetables