

WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato & Pasta	Pesto Pasta	Jacket Potato Tuna	Cheesy Pasta	Jacket potato With Cheese and Beans	Pasta in Tomato Sauce
Main course Option One	<p>“Meat Free Monday”</p> Organic Pasta in a “hidden” Vegetable and Lentil Tomato Sauce	Beef Chili Tacos with Rice	Roast Chicken Breast Served with Gravy and Roast Potatoes	Slow cooked Lamb Tagine Rice	Homemade Sausage Rolls with Wedges
Main Course Option Two	Jacket potato with Cheese and Beans	Vegetable Tacos with Rice	Vegetable Pasty Served with gravy and Roast potatoes	Quorn Bolognaise Organic Pasta	Cheese and Tomato Pizza with Wedges
On The Side	Carrots and Peas	Broccoli and Cauliflower	Roasted Butternut Squash and Green Beans	Sweet corn and Peas	Baked Beans
Dessert	Fresh Fruit Salad	Carrot Cake with a Cream Cheese Frosting	Fruit Crumble with Custard	Yogurt Sundae	Chocolate Whip (Hot Chocolate for Prep)