

FRANKLIN



COMMUNITY

EDUCATION AND
RECREATION DEPARTMENT

Winter RECREATION Guide 2020-21



www.franklin.k12.wi.us

a proud part of



FRANKLIN
PUBLIC SCHOOLS

Winter 2020-21

DEAR FAMILIES & THE FRANKLIN COMMUNITY,

Franklin Public Schools is proud to continue to provide the Community and Recreation program to the entire Franklin community. In this winter recreation guide, you will find wonderful opportunities for you and your family to learn new things and engage in wellness activities.

As we head into this holiday and winter season, I would be remiss not to share some things that I am thankful for in my role as the District Administrator for Franklin Public Schools. The start of this school year has been nothing but extraordinary. I am very proud of our staff and students who have learned new safety protocols for everyday activities. I am very thankful for the flexibility and adaptability of our in-person families that have had to respond to health concerns where students are required to be out of the building for a period of time. I am thankful for our virtual families that have had to adapt to the learning occurring at home, and all that comes with it. I am thankful that the Franklin Board of Education has supported a vision for offering both in-person and virtual learning opportunities for our students, allowing us to provide the highest quality educational experiences our families and community expect.

And finally, the main reason you are viewing this digital guidebook, I would like to share that I am very thankful for everything that our Community Education & Recreation Department has had to adapt to this year. The staff has had to be very creative in offering programs safely for our residents. They put on excellent programming that you will find throughout this guidebook. Check back often as we are keeping the guidebook digital this year so we can adapt to changes that come our way.

Thank you for engaging in our programming. That support helps Franklin Public Schools and the Community Education & Recreation Department be a **Better Place to Learn, Better Place to Work, and Part of a Better Community.**

Sincerely,

Dr. Judy Mueller, *District Administrator*
Franklin Public Schools



Franklin Community Education and Recreation Department

Winter/Spring 2021 Activity Guide



Proud recipients of the:

Wisconsin School Public Relations
Association (WSPRA)

- Award of Excellence for Special Purpose Brochure/Handbook
- Award of Excellence for Electronic Media – Website
- Award of Excellence for Community Newsletter

National Community Education
Association

(NCEA)

- Outstanding Organization of the Year

Wisconsin Park and Recreation Association
(WPPRA)

- Silver Star Program Excellence Award

Our Recreation Guide is overflowing with the best of the best of our programs.

Please be sure to go to www.franklin.k12.wi.us then click “Community” then “Community Education Dept.” then “Registration Site” to view a list of current programs available. Check back often as this list may change with the addition of new programs throughout the year.

We are continually seeking new instructors and always searching for exciting and useful program activities for you. Don’t miss out!

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The Franklin Public School District does not discriminate against pupils, citizens, employees or patrons on the basis of sex, race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental emotional or learning disability in educational programs, recreational programs or other activities. Federal law prohibits discrimination in employment on the basis of age, race, color, national origin, sex, religion, or disability.

General Information

WHAT IF...

THE PROGRAM YOU CHOOSE IS FILLED?

You will be notified and may be given an alternate time choice **or** go on a waiting list. The department will make every effort to accommodate those on **waiting lists** (adding classes, etc.). If additional class openings become available, we will then go to the waiting list to fill the class. Once you have been notified, you must pay to reserve your spot in the class. If payment is not received by the requested date, the opening will be offered to another person on the waiting list.

FEES AND REFUNDS

• FRANKLIN FEE STRUCTURE POLICY

Residents residing outside of the Franklin Public School District boundaries will be charged an additional \$30.00 per household per year. Once you have paid the annual \$30.00 fee, all rights and fees are the same as Franklin Public School District residents.

The fee structure is adopted to bring equity to the charges levied for participants. The fees allow for program development and coverage of expenses.

• CREDIT AND REFUND POLICY

It is the policy of the Department that refunds/credits are made only under the following conditions:

Cancellation of Class – Participants have the option of accepting a refund or transferring to another activity.

Medical – If you cannot participate in an activity because of an injury or illness, please contact the department as soon as possible.

Moving – That the person registered is moving and cannot participate in activity.

100% Satisfaction – If you are not satisfied with the course you are enrolled in, please contact us **BEFORE** the start of the second class and we will give you a full refund.

• SPECIAL NOTICE

The Franklin Community Education and Recreation Department will not exclude any Franklin resident from any activity or recreation program due to unemployment of parents, illness, etc. Arrangements can be made for their participation by contacting the recreation director.

CANCELLATIONS

There are times when classes will have to be cancelled due to facility conflicts, inclement weather, school closings, etc. When Franklin Schools are

closed due to poor weather conditions, etc. ALL recreation programs will be cancelled. Parents are encouraged to use their own discretion when sending children if conditions are questionable. All efforts are made to inform participants of class cancellations due to school functions. **The Department will attempt to make-up the class, however, if unable to make up the class, there will be no refund for cancellations.**

HOSPITAL/MEDICAL INSURANCE

Franklin School District **does not** provide hospital/medical insurance coverage for people participating in sponsored activities. Participants are encouraged to obtain their own insurance coverage prior to and for the duration of the activity.

YOUR COMMENTS

Your comments are always welcome! The Franklin Recreation Department is receptive to your suggestions for organized programs other than those in this flyer. Please feel free to present your suggestions in writing, directed to the recreation director.

EMPLOYMENT

Persons interested in working for the Franklin Community Education and Recreation Department should contact the department office and request an interest application form. All forms will be held on file for one year. The Department is constantly seeking qualified individuals to instruct, coach, officiate, etc. and encourages these requests.

NO SMOKING/ALCOHOL/DRUGS USE POLICY

A reminder to all program participants: The use/possession of all tobacco, drugs and alcoholic beverages on premises owned or rented by the Franklin School District is prohibited by state law.

SAY CHEESE

To promote our fantastic programs, from time to time photographs and videos may be taken of participants during class. Photos may be displayed in our Recreation Bulletin or on our website. Videos may be displayed on our website via YouTube.

If you do not wish to have your photo or video taken, please notify the photographer and/or class instructor.

UNPAID BALANCES

All Franklin Community Education and Recreation Department (including Kids Club/Camp) past due balances must be paid in full for any program registration to be completed. If you have an outstanding bill that is unpaid, we will use your registration fee towards your unpaid balance.

Register online or in person beginning Tuesday, December 1st

If you have questions please call the office at: 414-423-4646

OFFICE INFORMATION

ADMINISTRATOR: Brad Anderson

RECREATION COORDINATOR: Shana Gagliardo • KID'S CLUB ASSISTANT COORDINATOR: Danielle White

RECREATION COORDINATOR: Christopher Russo • RECREATION COORDINATOR: Leah Voss

Office located in Franklin High School (lower level near pool)

8222 South 51st Street • Franklin, WI 53132

414-423-4646

(For use during office and non-office hours.)

REGULAR OFFICE HOURS:

Monday – Friday 10:00 AM – 2:00 PM

OFFICE CLOSED: December 23 – January 1

Due to office staff supporting the Before and After School program and evening class activities, our office will be regularly staffed between 10:00 AM – 2:00 PM – Monday – Friday.

If you need to meet with a staff person outside of those hours, please call our office at 414-423-4646 to check on availability or to schedule an appointment.

If you need to drop off a registration, please use the drop box located right outside the Recreation Office door.

Co-op with Muskego

One-Time Cooking Specials – Demo

TIME: 6:30 – 8:30 PM

FEE: Franklin Resident \$26
Non-Resident \$36

ENROLLMENT: Min. 12 Max. 24

INSTRUCTOR: Staci Joers graduated from Franklin High School in 1986 and from MATC with an Associate Degree in Restaurant & Hotel Cooking. She has had the privilege of working with many great chefs. Cooking and baking are her main hobbies.

NOTE NEW LOCATION: Forest Park Middle School – Room A124 (8225 W. Forest Hill Ave.)

Cioppino – The ACTUAL San Francisco Treat!

Cioppino is a fish stew originating in San Francisco, California. It is an Italian American dish and is related to various regional fish soups and stews of Italian cuisine called Cioppin or Cioppio. It is hearty and satisfying and perfect for a cold winter night. I will prepare my version of Cioppino along with a few other recipes to make a perfect menu for entertaining. You'll sample...

- No-knead Sourdough Bread
- Apricot-Almond Baked Brie
- Cioppino
- Lavender Creme Brulee for a crowd

DATE: Wednesday, January 20 **CODE:** CECO410-1

Registration Deadline: Wednesday, January 13

February is for Foodies!

There is an abundance of food holidays during the month of February so I picked out some of my favorites and built a class around them. You'll sample...

- Tortellini Alfredo with Roasted Broccoli
(February 7 is National Fettuccine Alfredo Day and February 13 is National Tortellini Day)
- Crab Stuffed Flounder
(February 18 is National Crab Stuffed Flounder Day)
- Nutella Crescents
(February 5th is World Nutella Day)

DATE: Wednesday, February 10 **CODE:** CECO406-1

Registration Deadline: Wednesday, February 3



Thai One On!

Back by popular demand! This all-new class will give you a good overview of the tastes of Thai cooking. We will learn about the ingredients, spices, cooking methods and techniques that you can do in your own kitchen. You'll sample...

- Chicken Satay with Peanut Sauce
- Tom Kha Gai (coconut and lemongrass soup)
- Spicy Thai Basil and Chicken Stir-fry
- Mango on Sticky Rice

DATE: Wednesday, March 3 **CODE:** CECO407-1

Registration Deadline: Wednesday, February 24

Cordon Bleu – A Culinary Classic!

National Chicken Cordon Bleu Day is annually observed on April 4. This day is all about a special dish combining chicken, ham and cheese. The French term Cordon Bleu is translated as "Blue Ribbon". The earliest recipe known was in a March 1964 printing of the Cincinnati Enquirer by the Cincinnati Gourmet Stanley Demos. Despite some misconceptions, Chicken Cordon Bleu is an American dish. This dish is a take on the popular Veal Cordon Bleu. Tonight you'll sample my version of this classic along with side dishes fit to go along with this winner! You'll sample...

- Chicken Cordon Bleu with Dijon Cream Sauce
- Duchess Potatoes
- Asparagus with Classic Hollandaise Sauce

DATE: Wednesday, April 14 **CODE:** CECO408-1

Registration Deadline: Wednesday, April 7



Steak!

May is National Beef Month so we are going to prepare one of the most popular cuts of steak ... sirloin! We'll pair it with a few sides and get you ready for summer grilling season. You'll sample...

- Classic Wedge Salad with Bleu Cheese Dressing
- Coffee-rubbed Sirloin Steak
- Homemade Fries with Chipotle Ketchup
- Raspberry Tart

DATE: Monday, May 10 **CODE:** CECO409-1

Registration Deadline: Monday, May 3

CLASS NOTE: Due to the purchasing of food, NO refunds can be given five (5) days before the class – unless the department cancels the class.



RECREATION COORDINATOR
Leah Voss

Chair Flex & Stretch Adults (Ages 18+)

Suitable for those who prefer a more gentle approach to exercise and want to improve mobility, strength, and balance to the entire body. Great for those with arthritis,* providing participants with a fun and beneficial exercise experience that can supplement, but not replace, exercises that are prescribed by a doctor or therapist.

This group exercise program has been specially designed and modified to incorporate a series of movement and proper exercise techniques to help increase overall stamina.

Set to music to rejuvenate you, this class is done while sitting in a chair so the pelvis and hips are stabilized, enabling easier movement of the torso and arms without fear of injury or strain. Optional standing posture alternatives will be introduced as well, with the use of a chair for balance and support. No mat exercises or lying on the floor. Canes, walkers and fitness poles are welcome.

() Adults with any type of arthritis or fibromyalgia are eligible. Participants must be able to walk independently or, if in a wheelchair, they must be able to transfer to a straight-backed chair. Before you start any exercise program, you should consult your physician.*

MEETS: Mondays, January 18 – March 15 *(9-week session)*

TIME: 10:30 – 11:30 AM **CODE:** FA133-111

FEE: Franklin Resident \$41

LOCATION: Franklin Public Library – Fadow Room

ENROLLMENT: Min. 10 Max. 15

INSTRUCTOR: Vickie Strachota, NETA Certified Instructor

Parkinson's Exercise Adults 18+

This class is designed for people with Parkinson's disease. The class will incorporate stretches, strength training, posture, balance and walking drills. We also have fun with dancing, boxing, vocals and facial exercises. Within a few weeks, you will notice that exercising does help manage the symptoms of Parkinson's and improve the quality of your daily living, while having fun and camaraderie.

MEETS: Wednesdays, January 20 – March 10 *(8-week session)*

TIME: 4:00 – 5:00 PM **CODE:** FA142-48

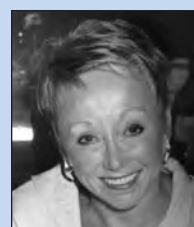
FEE: Franklin Resident \$36
Non-Resident \$54

LOCATION: Franklin High School – Multi-purpose Room

ENROLLMENT: Min. 6 Max. 15

INSTRUCTOR: Mary Spidell is certified in Parkinson's and Aquatic exercise. For the past 10+ years, she has taught an exercise class for people with Parkinson's.

NOTE: Please wear comfortable clothing, bring a water bottle and towel. Floor exercise will be incorporated; however, modifications will be provided for various populations and/or environmental conditions to ensure a safe and effective setting for all class participants.



Vicki Francolucci

Line Dance Fitness Class Adults (Ages 18+)

Come join us for some fun exercise and learn awesome line dances. You can Wobble, Slide, Hustle, Cha Cha and Tush Push those calories away! No dance experience needed. We will learn these dances as we go. Energy, fun, a bottle of water and your tennis shoes are all you need. Do come prepared to have a good time, laugh and love every minute of this cardio class. *(See class note.)*

MEETS: Wednesdays, January 20 – March 17 *(9-week session)*

TIME: 6:00 – 7:00 PM **CODE:** FA339-28

FEE: Franklin Resident \$41

LOCATION: Ben Franklin School – Multi-purpose Room
(7620 S. 83rd Street)

(Enter Northeast door, to the right of the garage)

ENROLLMENT: Min. 10 Max. 30

INSTRUCTOR: Vicki Francolucci, Certified Fitness Instructor

PLEASE NOTE: This class is designed strictly as a **FITNESS CLASS**. It is **NOT** intended to teach an array of new line dances each week.



Exercise Note...

Before you start any exercise program you should consult with your physician, especially if you are over 35 years of age, are taking any form of medication, have not exercised regularly or if you have had any symptoms of heart disease or any other serious illness that might affect your ability to exercise.

If you want to become fit and stay fit, you need to: eat properly, find a way to reduce stress, and commit at least 30 minutes, three times a week to a regular exercise program.

YOU SNOOZE YOU LOSE

Nothing kills a program quicker than waiting until the last minute to register for it! If there are not enough registrants four days prior to the start of a program, it will be canceled. Avoid the regret by registering today!

Co-op with Oak Creek **ZUMBA** Adults (Ages 18+)

Exercise with a lively beat. Zumba fuses Latin and global music, using dynamic and energetic dance themes to give you a dose of fun and fitness! This workout is unlike any you have ever done before. You'll forget that you're working out because the focus of Zumba is the music! You'll dance like you've never danced before, all the while gaining the benefits of an aerobic workout. All fitness levels are welcome, and no previous dance background is necessary. Anyone and everyone is invited to sweat it out with Zumba CLASS!

MEETS: Mondays, January 18th – March 8 *(8-week session)*

TIME: 6:00 – 7:00 PM **CODE:** FA117-146

FEE: Franklin Resident \$36
Non-Resident \$54

LOCATION: Ben Franklin School – Multi-purpose Room

ENROLLMENT: Min. 10 Max. 15 *(Between departments)*

INSTRUCTOR: Cissy Buchta, *Certified Zumba Instructor*

NOTE: Please wear comfortable clothing and bring a Yoga mat and water bottle.

Foundation Bodyweight Strength

Foundation Bodyweight Strength focuses on lengthening and strengthening muscles, improving mobility, and improving our balance. Class participants can use a chair or other support as needed. We will be using body weight, positioning, and isometrics (squeezing muscles) to build strength and improve our movement. We will focus our strength work on our hips and core, front and back, to provide a solid foundation for our balance and mobility.

MEETS: Tuesdays, January 19 – March 16 *(8-week session)*
(No class March 9)

TIME: 5:15 – 6:15 PM **CODE:** FA187-2

FEE: Franklin Resident \$36

LOCATION: Franklin High School – Multi-purpose Room

INSTRUCTOR: Paul Warloski is a personal trainer, strength coach, endurance sport coach, and a certified yoga instructor. He spent over 20 years as a middle school English teacher, taking early retirement to work with endurance athletes and older adults – inspired by his 83-year-old mother who wanted to do yoga – to improve fitness, strength, and mobility.

Total Conditioning Boot Camp Adults Ages 18+

(Ages 16 – 17 can enroll with a parent or responsible adult who is also registered for the class.)

Come join us for a total body workout. This class incorporates drills designed to enhance power, strength and flexibility. You will move around the room to a number of different stations – each designed for a specific muscle group.

MEETS: Tuesdays, January 19 – March 9 *(8-week session)*

TIME: 6:00 – 7:00 PM

CODE: FA157-23

FEE: Franklin Resident \$36
Non-Resident \$54

LOCATION: Ben Franklin School – Multi-purpose Room

ENROLLMENT: Min. 10 Max. 20

INSTRUCTOR: Carrie Iverson

NOTE: Please wear comfortable clothing, bring a water bottle and a mat for abdominal work and stretching.



Pedal and Tone Fitness Adults (Ages 18+)

In the Pedal and Tone class you will do cardio training and toning in 1 hour. Pedal and Tone is a half hour on the stationary bike set to music to get your heart rate up and burn those calories. Then we will move to hand weights and music to tone and strengthen your body. This is not an extreme fitness class ... it is designed for the rest of us who want a little challenge and a lot of fun. The focus is on toning legs, arms, waist and burn calories. Please wear gym shorts and bring a water bottle. Please feel free to wear padded bike shorts.

MEETS: Mondays, February 15 – March 22 *(6-week session)*

TIME: 6:15 – 7:15 PM

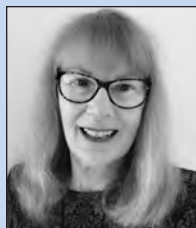
CODE: FA170-20

FEE: Franklin Resident \$27

LOCATION: Forest Park Middle School – Fitness Room

ENROLLMENT: Min. 6 Max. 12

INSTRUCTOR: Diane Maegli-Hippert, Fitness Instructor



Jane Christensen

Intermediate Yoga VIRTUAL CLASS

This energizing Yoga class will enhance your inner self by focusing on increasing your strength, balance, and flexibility.

Prerequisite: *You must have attended Beginner Yoga or have Beginner Yoga knowledge.*

SESSION 1 (6 WEEKS)

MEETS: The week of January 4 – February 8

CODE: FA134-31

SESSION 2 (6 WEEKS)

MEETS: The week of February 15 – March 22

CODE: FA134-32

FEE: Franklin Resident \$27 (per option)

LOCATION: ONLINE

ENROLLMENT: Min. 10 Max. 40

INSTRUCTOR: Jane Christensen

NOTE: A new class will be emailed to you on Sundays to use for the week.

"Every class is amazing. While we're working hard, Jane makes certain that there is always a component of the spiritual side of yoga and a touch of humor to make it real. My core is stronger, my balance is better, and I know that I have this time reserved each week to de-stress."

Jackie I. – Franklin

Yoga/Pilates Combo Adults 18+ VIRTUAL CLASS

Yoga enhances your inner self by focusing on increasing strength, balance and flexibility using nostril breath to warm and relax the body. Pilates breathing is a forceful mouth exhalation and a passive nostril inhalation (a natural response to the exhalation).

Pilates trains the body from the core outward. This dynamic concept of training is consistent with the way we live and move. Everything we do, from putting away groceries to moving furniture to shoveling snow, requires that we actively stabilize from the core in order to effectively use our extremities as we perform work and movement. In order to safely and effectively use the strength of our "movers," the arms and legs, we must strengthen the stabilizers of our core. To do so we center the body by stabilizing the pelvis and training muscles to be both movers and stabilizers. Posture is improved and the spine becomes better aligned. Muscles become balanced and fluidity and grace are achieved.

This form of exercise is gentle, yet challenging. The exercises are progressive and can be modified to each individual's needs and ability.

Exercises are performed on a Yoga mat, using a variety of positions, standing, seated, supine, prone, kneeling, and side lying.

SESSION 1 (6 WEEKS)

MEETS: The week of January 4 – February 8

CODE: FA144-34

SESSION 2 (6 WEEKS)

MEETS: The week of February 15 – March 22

CODE: FA144-35

FEE: Franklin Resident \$27 (per option)

LOCATION: ONLINE

ENROLLMENT: Min. 10 Max. 40

INSTRUCTOR: Jane Christensen

NOTE: A new class will be emailed to you on Sundays to use for the week.



Yin Yoga Adults

Yin Yoga is a slower paced, gentle yoga class with more seated on the ground postures that are held for 3-5 minutes. Yin Yoga is designed to target the connective tissues such as the ligaments, bones and joints rather than the muscles. Postures generally focus on the connective tissues in the hips, pelvis and lower spine. Props such as bolsters and blankets are used to support the body in longer holds which allow for deeper, gentle stretching and meditative practice. Benefits of yin yoga include increased range of motion, relaxation, patience, and learning to let go.

This class is open to all levels of yoga experience.

MEETS: Wednesdays, January 6 – February 24 *(8-week session)*

TIME: 9:15 – 10:15 AM **CODE:** FA349-1

FEE: Franklin Resident \$40

LOCATION: Inner Wisdom and Wellness Studio
(7127 S. 76 Street, Franklin, WI 53132)

ENROLLMENT: Max. 2

INSTRUCTOR: Linda Scherer. Reiki Master Teacher, Registered Yoga Teacher (RYT200) and Certified Essential Oil Coach.



Senior Chair Yoga Ages 55 +

Yoga has long been proven as a means to increase flexibility, strength, and balance; in addition to helping relieve the stresses of daily life. Frequently, as their doctors recommend yoga to their patients, practitioners are turning to Chair Yoga.

Chair Yoga is for those who would like the benefits of practicing yoga, but who may be limited due to aging or physical disabilities. Classes are specifically designed to incorporate traditional yoga poses while seated in a chair. Chair Yoga incorporates Hatha Yoga poses as a friendly alternative for anyone seeking the benefits of traditional yoga.

Yoga is for everybody, and Chair Yoga ensures that everyone can benefit from practicing yoga

SESSION 1

MEETS: Tuesdays, January 5 – February 9 *(6-week session)*

TIME: 10:30 – 11:30 AM **CODE:** FA177-16

SESSION 2

MEETS: Thursdays, January 7 – February 11 *(6-week session)*

TIME: 10:30 – 11:30 AM **CODE:** FA177-17

SESSION 3

MEETS: Tuesdays, February 16 – March 23 *(6-week session)*

TIME: 10:30 – 11:30 AM **CODE:** FA177-18

SESSION 4

MEETS: Thursdays, February 18 – March 25 *(6-week session)*

TIME: 10:30 – 11:30 AM **CODE:** FA177-19

FEE: Franklin Resident \$15 *(per session)*

LOCATION: Franklin Public Library – Fadrow Conference Room

ENROLLMENT: Min. 10 Max. 18

INSTRUCTOR: Greg Junemann, Certified Yoga Instructor

Hatha Yoga

"Ha" means "sun" and "tha" means "moon". Hatha yoga is considered the mother of all yoga and is the most common form of yoga. It is a gentle style of yoga for anyone and everyone. Hatha yoga sequences are designed to include a blend of standing and seated postures that are held for 3-5 breathes with some vinyasa flow in between. Special attention is given to the even flow of breathe in synchronized movements and in alignment of the spine so energy can flow freely. This class also includes meditation, mindfulness, mantra, music and other stress reducing elements to calm your mind, body and spirit. Open to all levels of yoga experience.

SESSION 1

MEETS: Tuesdays, January 5 – February 23 *(8-week session)*

TIME: 9:15 – 10:15 AM **CODE:** FA348-4

SESSION 2

MEETS: Thursdays: January 7 – February 25 *(8-week session)*

TIME: 9:15 – 10:15 AM **CODE:** FA348-5

FEE: Franklin Resident\$40 *(per option)*

LOCATION: Inner Wisdom and Wellness Studio
(7127 S 76 Street, Franklin, WI 53132)

ENROLLMENT: Max. 2

INSTRUCTOR: Linda Scherer. Reiki Master Teacher, Registered Yoga Teacher (RYT200) and Certified Essential Oil Coach.



Foundation Yoga

Foundation Yoga is all about mobility and movement in a safe environment. We focus on our breathing as a way to understand our movement, and we base our mobility work on a solid foundation on the yoga mat. Every person can manage every pose with the best form they can manage. Classes involve yoga poses where we move in all directions. We work to strengthen muscles and improve balance.

MEETS: Tuesdays, January 19 – March 16 *(6-week session)*
(No class March 9)

TIME: 6:15 – 7:15 PM **CODE:** FA186-2

FEE: Franklin Resident \$36

LOCATION: Franklin High School – Multi-purpose Room

INSTRUCTOR: Paul Warloski is a personal trainer, strength coach, endurance sport coach, and a certified yoga instructor. He spent over 20 years as a middle school English teacher, taking early retirement to work with endurance athletes and older adults – inspired by his 83-year-old mother who wanted to do yoga – to improve fitness, strength, and mobility.

Co-op with Greenfield
Darrel R. Feakes, Au.D.

Adult Hearing Loss and Hearing Aids What You and Your Family Need to Know

The Franklin Recreation Department invites adults with hearing loss and their family members to attend this informative presentation presented by Darrel Feakes, Au.D, Doctor of Audiology. Dr. Feakes has retired from audiology after thirty-five years of providing public education programs and service to the hearing impaired and their families in hospitals and ENT offices. Dr. Feakes, himself, has a significant hearing loss and is a user of amplification.

Hearing loss is commonly associated with the process of aging. As age advances, so does the incidence and degree of hearing loss. Most untreated hearing loss adversely affects all aspects of family and social interaction as well as the physical and mental health of the individual and family members. Over ninety-five percent of age related hearing loss cannot be treated medically or surgically. Amplification can be of significant benefit for these individuals and their family members. Unfortunately, approximately seventy percent of the people who could benefit from using amplification do not do so. Price is often given as the reason. However, in countries where hearing aids are provided free, over half of the population who could use aids do not. This would suggest there are other reasons why hearing aids are not accepted. Dr. Feakes' experience has strongly indicated the lack of public education is one of the key reasons amplification is not accepted.

Some of the topics Dr. Feakes will discuss are:

- Why hearing aids are not widely accepted.
- Health issues associated with an untreated hearing loss.
- What aids can and cannot do.
- Importance of having realistic expectations, and family support.
- When the use of amplification should be considered.
- How to become accustomed to using amplification
- How the use of Communication Strategies will improve communication.

Questions are welcomed. Take home handouts will be provided.

MEETS: Thursday, March 11

TIME: 2:00 – 3:30 PM

CODE: CEWE215-39

FEE: Franklin Resident \$10 (per family)

Non-Resident \$15 (per family)

LOCATION: Franklin Public Library (9151 W. Loomis Rd.)

ENROLLMENT: Min. 2 Max. 14

INSTRUCTOR: Darrel R. Feakes, Au.D.

Registration Deadline: Thursday, March 4

Co-op with Muskego
Tai Chi “Meditation in Motion”
Adults 18+

An exercise for all ages. Tai Chi movements are soft, graceful and flowing and do not put stress on joints or muscles. It can be learned by anyone, regardless of age or physical limitations. It fosters an inner quiet that relieves stress, tension and body aches. Tai Chi is a totally unique form of exercise during which the student will experience a marvelous sense of well-being as the physical body is slowly and gently healed and integrated with the mind and spirit.

FEE: Franklin Resident \$40 (per option)

Non-Resident \$60 (per option)

LOCATION: Franklin High School – Multi purpose Room A206
(Enter main office doors)

INSTRUCTOR: Mark Fedran, BA. Mark studied and taught Tai Chi in Taiwan, Republic of China for 7 years.

NOTE: Tai chi participants should wear loose-fitting clothes and tennis shoes/soft-soled shoes.

Beginning Tai Chi Adults 18+

An exercise for all ages. Tai Chi movements are soft, graceful and flowing and do not put stress on joints or muscles. It can be learned by anyone, regardless of age or physical limitations. It fosters an inner quiet that relieves stress, tension and body aches. Tai Chi is a totally unique form of exercise during which the student will experience a marvelous sense of well-being as the physical body is slowly and gently healed and integrated with the mind and spirit.

13 Postures. For those who have never taken Tai Chi.

MEETS: Mondays, January 18 – March 8 (8-week session)

TIME: 6:30 – 8:00 PM

CODE: CEWE108-33

ENROLLMENT: Min. 10 Max. 15

Continuing Tai Chi, Intermediate Ages 18+

An exercise for all ages. Tai Chi movements are soft, graceful and flowing and do not put stress on joints or muscles. It can be learned by anyone, regardless of age or physical limitations. It fosters an inner quiet that relieves stress, tension and body aches. Tai Chi is a totally unique form of exercise during which the student will experience a marvelous sense of well-being as the physical body is slowly and gently healed and integrated with the mind and spirit.

MEETS: Wednesdays, January 20 – March 10 (8-week session)

TIME: 6:30 – 8:00 PM

CODE: CEWE109-33

ENROLLMENT: Min. 10 Max. 15

**Co-op with Muskego
Glee Club
Ages 7 – Teens**

Develop your vocal ability and your creativity like the TV Show. You will have a blast creating your own version of favorite songs, complete with choreography, costumes, and flashy vocal work. Singing a solo is not required but a possibility. The last class will end with a performance for your family and friends.

MEETS: Thursdays, January 21 – February 25

TIME: 6:30 – 7:30 PM **CODE:** CEKK260-18

FEE: Franklin Resident \$47
Non Resident \$71

LOCATION: Franklin High School – TBD

ENROLLMENT: Min 4 Max 12

INSTRUCTOR: Diannia Merriett



**Co-op with Muskego
Theater Workshop
Ages 6 – 12**

Children will begin developing basic acting skills and learn about theater through fun and interesting games. Harness the acting tools you already possess – your body, voice and imagination. Gain skills in creative thinking and public speaking, while building confidence in yourself and your craft.

MEETS: Thursdays, January 21 – February 25

TIME: 5:30 – 6:25 PM **CODE:** CEKK334-11

FEE: Franklin Resident \$47
Non Resident \$71

LOCATION: Franklin High School – TBD

ENROLLMENT: Min 4 Max 12

INSTRUCTOR: Diannia Merriett

*If you have a special talent
or skill you would like to share,
please call*

**the Recreation Office at
414-423-4646**

*to learn more about
setting up a class.*

***We are always looking for
energetic, innovative
instructors.***

Community Education

Community
Education is a way
for people to
enhance their lives
and communities
through learning
and collaboration.

Miss Becky's Dance Studio

Miss Becky's Dance Studio is located in Hales Corners at the Edgerton Plaza on Hwy. 100.
(5158 S. 108th Street, Hales Corners, WI 53130)

Miss Becky's creates a fun and nurturing environment for your child to learn and enjoy the art and sport of dance.



Dance With Me

Ages 2½ – 3½ Year Olds with Parent/Caregiver

This is a 6-week class for your child/children to attend with a parent or caregiver (at least 16 years of age) to have fun learning beginning dance moves learning to be creative with songs, instruments, ribbons and more!

SESSION 1

MEETS: Saturdays, January 30 – March 6

TIME: 9:00 – 9:30 AM **CODE:** CEKK333-31

SESSION 2

MEETS: Thursdays, January 28 – March 4

TIME: 5:45 – 6:15 PM **CODE:** CEKK333-32

SESSION 3

MEETS: Tuesdays, February 16 – March 23

TIME: 10:00 – 10:30 AM **CODE:** CEKK333-33

FEE: Franklin Resident \$30 (per option)

ENROLLMENT: Min. 4 Max. 6

INSTRUCTOR: Miss Becky's Staff

REQUIRED ATTIRE: Non-restrictive clothing. Ballet slippers encouraged but not required.



Creative Movement

Ages 3 – 4 Years

In this 8-week class, your 3 – 4 year old child/children will enjoy learning basic dance movements while being creative with ribbon wands, beanbags, fun songs, and more! *This class does not include parent participation.*

MEETS: Saturdays, March 20 – May 15
(No class April 3)

TIME: 9:00 – 9:30 AM **CODE:** CEKK332-30

FEE: Franklin Resident \$40

ENROLLMENT: Min. 4 Max. 6

INSTRUCTOR: Miss Becky

REQUIRED ATTIRE: Non-restrictive clothing, ballet shoes/slippers.

Pre-Ballet and Tap I

This level is for 3½ – 4-year-olds who have passed Creative Movement or are new to dance and are 4½ to 5 years old. While keeping the environment relaxed and fun, your child will learn the beginning basics of ballet and tap.

SESSION 1

MEETS: Tuesdays, January 12 – June 1 (No class March 30)

TIME: 4:45 – 5:30 PM **CODE:** CEKK336-27

SESSION 2

MEETS: Saturdays, January 9 – June 5

(No class April 3 and May 29)

TIME: 9:00 – 9:45 AM **CODE:** CEKK336-28

FEE: Franklin Resident \$170 (per option)

ENROLLMENT: Min. 4 Max. 6

INSTRUCTOR: Miss Becky's Staff

REQUIRED ATTIRE: Ballet and tap shoes. Girls: Any color leotard/dance dress. Boys: Exercise pants/shorts and top.

Pre-Ballet and Tap IIB

This level is for 4 – 5 year olds who have passed Creative Movement and Pre-Ballet/Tap I. While keeping the environment relaxed and fun, this class is a continuation of Pre-Ballet/Tap I, advancing on more skills and techniques.

SESSION 1

MEETS: Tuesdays, January 12 – June 1 (No class March 30)

TIME: 5:35 – 6:20 PM **CODE:** CEKK359B-6

SESSION 2

MEETS: Saturdays, January 9 – June 5

(No class April 3 and May 29)

TIME: 9:50 – 10:35 AM **CODE:** CEKK359B-7

FEE: Franklin Resident \$170 (per option)

ENROLLMENT: Min. 4 Max. 6

INSTRUCTOR: Miss Becky

REQUIRED ATTIRE: Ballet and tap shoes. Girls: Any color leotard/dance dress. Boys: Exercise pants/shorts and top.

Pre-Ballet and Tap IIA

This level is for those who passed Pre IIB or are new to dance after 1st grade. While keeping the environment relaxed and fun, this class is a continuation of Pre-Ballet/Tap I, advancing on more skills and techniques.

SESSION 1

MEETS: Wednesdays, January 13 – June 2 (No class March 31)

TIME: 5:35 – 6:20 PM **CODE:** CEKK363-4

SESSION 2

MEETS: Saturdays, January 9 – June 5

(No class April 3 and May 29)

TIME: 10:40 – 11:25 AM **CODE:** CEKK363-5

FEE: Franklin Resident \$170 (per option)

ENROLLMENT: Min. 4 Max. 6

INSTRUCTOR: Miss Becky

REQUIRED ATTIRE: Ballet and tap shoes. Girls: Any color leotard/dance dress. Boys: Exercise pants/shorts and top.

Miss Becky's (con't)



Ants in Your Pants I Ages 2 – 3 with Adult

"Ants in Your Pants" is a parent/child movement exploration class. Come have fun with your child while learning a little bit more about each other. Moms/Dads, this is your chance to introduce your pre-school age child to the fun of organized activities. The special focus is on physical and social development through songs, parachute activities, catching skills and some basic tumbling skills.

Parent participation is required.

SESSION 1

MEETS: Wednesdays, January 27 – March 24

TIME: 9:15 – 9:45 AM **CODE:** CEKK109-117

SESSION 2

MEETS: Wednesdays, January 27 – March 24

TIME: 6:30 – 7:00 PM **CODE:** CEKK109-118

FEE: Franklin Resident \$45 (per option)

ENROLLMENT: Min. 4 Max. 6

INSTRUCTOR: Miss Becky's Staff

Ants in Your Pants II Ages 3½ – 5

Children will explore basic movement and develop physical and social skills using beanbags, balls, tumbling and more. Join us for a fun class to shake out those sillies! *Participants should wear non-restrictive clothing for ease of movement.*

NO adult participation needed.

MEETS: Wednesdays, January 27 – March 24

TIME: 10:00 – 10:30 AM **CODE:** CEKK110-69

FEE: Franklin Resident \$45

ENROLLMENT: Min. 4 Max. 6

INSTRUCTOR: Miss Becky's Staff

Jr. Hip Hop Ages 2nd – 4th Grade

Learn combinations, choreography and improve your freestyle to the rhythms of popular hip hop, R&B and pop songs you hear on the radio while getting a great workout. This 45-minute class is offered for 8 weeks and is great for girls AND boys.

MEETS: Thursdays, March 11 – June 3
(No class April 1)

TIME: 5:30 – 6:15 PM **CODE:** CEKK353-12

FEE: Franklin Resident \$96

ENROLLMENT: Min. 4 Max. 6

INSTRUCTOR: Miss Becky's Staff

REQUIRED ATTIRE: Non-restrictive clothing, ballet shoes/slippers are required.

After School Chess Club Grades K – 5

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Also, chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity.

No previous knowledge of chess is necessary. Each class will consist of a fun interactive teaching period and guided practice time. Both beginners and experienced players are welcome and will get to the next level under the guidance of an experienced Chess Scholars coach. There will also be a chess competition with prizes at the end of the session! Each child will receive a participation award and a chess keychain.

For further information, please contact Chess Scholars at 847-482-9999 or at info@chessscholars.com.

FEE: \$99 (8 weeks)

ENROLLMENT: Min. 8 Max. 30

INSTRUCTOR: Instruction by Chess Scholars

LOCATION: BEN FRANKLIN – LIBRARY

MEETS: Tuesdays, February 23 – April 20
(No class March 30)

TIME: 4:00 – 5:00 PM **CODE:** CEKK180-31

LOCATION: PLEASANT VIEW – LIBRARY

MEETS: Mondays, February 22 – April 19
(No class March 29)

TIME: 3:20 – 4:20 PM **CODE:** CEKK181-31

LOCATION: COUNTRY DALE – LIBRARY

MEETS: Wednesdays, February 24 – April 21
(No class March 31)

TIME: 4:00 – 5:00 PM **CODE:** CEKK186-30

LOCATION: ROBINWOOD – LIBRARY

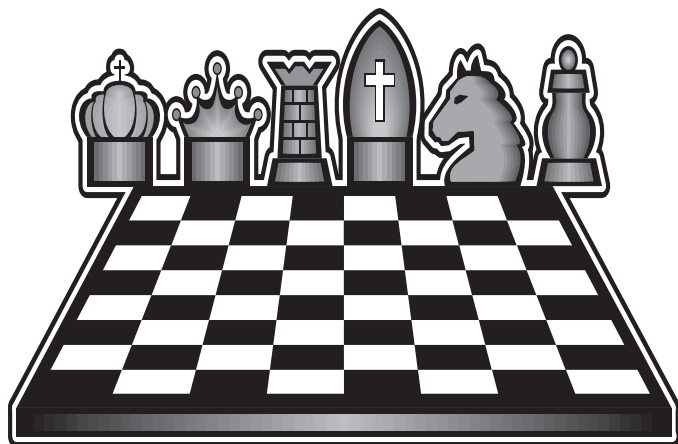
MEETS: Thursdays, February 25 – April 22
(No class April 1)

TIME: 4:00 – 5:00 PM **CODE:** CEKK167-29

LOCATION: SOUTHWOOD GLEN – MEZZANINE

MEETS: Fridays, February 26 – April 23
(No class April 2)

TIME: 8:00 – 9:00 AM **CODE:** CEKK187-27



FRANKLIN COMMUNITY EDUCATION & RECREATION

KIDS CLUB 2020-2021

BEFORE AND AFTER SCHOOL PROGRAMS

4K* – 5th Grade

Before & After School Care

The Franklin Community Education & Recreation Department offers before and after school care at all Franklin Elementary Schools. Kids Club provides a safe, healthy environment where we offer a variety of choices: Gym Time, Games, Arts and Crafts, Homework Support, Outside Time, Morning Snack & Afternoon Snack and other Fun Activities.

*There is no midday Kids Club to support the 4K program. Morning 4K students can attend AM Kids Club and afternoon 4K students can attend PM Kids Club.

Registration

Spots are still available for the 2020-2021 school year.

Please visit the Kids Club website for more information.

- Add your name to the waiting list and you will be contacted by our Kids Club staff – www.franklin.k12.wi.us, under Community>Community Education & Recreation Dept.> Kids Club
- Or Call 414-423-4646 for more information

Registration Codes

Ben Franklin – BFKC-20/21 Robinwood – RWKC-20/21 Pleasant View – PVKC-20/21
Country Dale – CDKC-20/21 Southwood Glen – SWKC-20/21

Hours of Operation & Extended Care

- Regular Hours of Operation
 - Morning: 7:00 AM until bell
 - Afternoon: Bell until 5:30 PM
- Extended Care
 - Morning: 6:45 – 6:59 AM Registration is not necessary for AM Extended Care.
 - Afternoon: 5:31 – 6:00 PM You must register for Extended PM hours at the Kids Club site.

Kids Camp Summer 2021

Return to In Person

WHEN: June 16 – closing date one week prior to the start of school.
(No Camp July 5th)

WHERE: Ben Franklin

Watch for additional information in the Spring Recreation Guide and the Website
– www.franklin.k12.wi.us –

Community>Community Education> Recreation Dept.>Kids Camp.

Registration will begin in April.

Being a proud part of Franklin Public Schools, Kids Club & Kids Camp follows the same COVID-19 protocols.

Young Rembrandts Grades 1 – 5 – New 8-Week Sessions

Inspire your child's love of art with Young Rembrandts. Our elementary-age curriculum is designed to teach basic to advanced drawing skills, art techniques and vocabulary. We believe that drawing is the bedrock skill required for future artistic success. We give them skills to express their creativity, and believe that all children can – and should – learn to draw. You'll see increased art abilities, learning skills, self-confidence and self-esteem. Enroll today!

LOCATION: BEN FRANKLIN – ART ROOM

MEETS: Mondays, January 25 – March 22
(No class February 15)

TIME: 4:00 – 5:00 PM **CODE:** CEKK341-7

LOCATION: COUNTRY DALE – ART ROOM

MEETS: Thursdays, January 14 – March 4

TIME: 4:00 – 5:00 PM **CODE:** CEKK342-7

LOCATION: PLEASANT VIEW – LIBRARY

MEETS: Thursdays, March 11 – May 6
(No class April 1)

TIME: 3:20 – 4:20 PM **CODE:** CEKK343-5

LOCATION: ROBINWOOD – ART ROOM

MEETS: Wednesdays, January 20 – March 10

TIME: 4:00 – 5:00 PM **CODE:** CEKK344-7

LOCATION: SOUTHWOOD GLEN – ART ROOM

MEETS: Wednesdays, March 3 – April 28
(No class March 31)

TIME: 4:00 – 5:00 PM **CODE:** CEKK345-6

FEE: Franklin Resident \$99

ENROLLMENT: *Max. 10 per health order. Please add your name to the waitlist as this may change. We will call you if your child can get in.*

INSTRUCTOR: Instruction by Young Rembrandts

NOTE: For further information, please contact Young Rembrandts at 262-220-8852 or www.youngrembrandts.com/kenosha-racine

Futura Language Professionals

SPANISH That's Fun And Practical!

Studies show that children learn another language easiest when it is practical in their everyday lives or is a topic they find fun and interesting. This year's Vamos series has both! In our hands-on class, ¡Vamos a Comer! your child will learn how to order at a restaurant and set the table – all in Spanish! After break, students return for eight more jam-packed sessions with ¡Vamos con los Animales! where we will "visit" a pet store, a family farm, the zoo, the ocean and even the rainforest! Students will learn brand new Spanish vocabulary and useful phrases each and every class. ¡Vámonos!

Register today as spaces are limited.

TUITION: \$120 (8 weeks)

ENROLLMENT: *Max. 10 per health order. Please add your name to the waitlist as this may change. We will call you if your child can get in.*

ENROLL ONLINE AT: www.futuraadventures.com

LOCATION: COUNTRY DALE

MEETS: Tuesdays, February 16 – April 13
(No class March 30)

TIME: 8:00 – 9:00 AM

LOCATION: PLEASANT VIEW

MEETS: Wednesdays, February 17 – April 14
(No class March 31)

TIME: 3:15 – 4:15 PM

LOCATION: ROBINWOOD

MEETS: Tuesdays, February 16 – April 13
(No class March 30)

TIME: 3:55 – 4:55 PM

LOCATION: SOUTHWOOD GLEN

MEETS: Tuesdays, February 16 – April 13
(No class March 30)

TIME: 8:05 – 9:05 AM



INSTRUCTOR: Brenda Dodge and Forte Theatre Staff

Brenda Dodge has performed professionally in theatre, television, and commercials along the west coast, as well as Chicago. She has a BA in theatre & has been teaching and directing children's theatre for 15 years

Character Kids youth theater school is excited to bring you fun-filled after school theatre classes beginning in the Spring 2021! Students will learn the basics of acting, singing and musical theatre dance while rehearsing songs and scenes from popular Broadway musicals. Focus is put on developing creativity, social skills and confidence through the performing arts. Please be on the lookout for upcoming information in future recreation department communication.

Digital Device Series

Join C.T. for hands-on workshops using your own device and learn how to efficiently use you Android or Apple devices. C.T. is a photographer/ videographer with 40 years of experience and teacher of digital imaging and touch technologies since 2006.

FEE: Resident: \$18
Non-Resident \$26

LOCATION: Franklin High School – Room B235
(Enter main entrance)

ENROLLMENT: Min. 4 Max. 20

Old Family Photos in the Digital Age

Cabin Fever is the perfect time to finally cull and organize your old family. This two-hour seminar covers image selection, creating a workflow, how to get and stay organized, scanning prints and slides, outsource options, and archiving the collection. Information on computer use will be for Windows PC computers.

DATE: Monday, January 25

TIME: 6:30 – 8:30 PM **CODE:** CEEN375-3

Cutting the Cord Controlling Cable and Internet Costs

Fees for cable television, home internet, smartphones and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on your devices.

DATE: Tuesday, February 9

TIME: 6:30 – 8:30 PM **CODE:** CEEN380-3

Getting Control Advanced Digital Photography

You purchased an interchangeable lens (DSLR) or advanced point-and-shoot camera, but you can't make the camera do what you need for portraits, sports, kids, nature and other types of photos. Bring your camera to this hands-on workshop to "get out of automatic" and learn how to use your camera's Exposure Modes and other functions for a variety of situations outdoors, indoors and with flash.

DATE: Tuesday, February 16

TIME: 6:30 – 8:30 PM **CODE:** CEEN379-2

Smartphone Video and Editing

Whether a parent, an instructor, a business professional or just a creative soul, shooting and editing video with your smartphone is an efficient way to produce spectacular videos of your family, a lesson or a marketing message.

This two-hour workshop covers smartphone video shooting techniques and how to combine video clips, photos, narration and music into a single video using smartphone apps iMovie for iPhones or FilmoraGo for Android.

MEETS: Tuesday, February 23

TIME: 6:30 – 8:30 PM **CODE:** CEEN388-1

You Have Pictures In Your Cameras – Now What

We have hundreds – if not thousands – of pictures in our cameras, smartphones and computers. Now what...?

This two-hour seminar demonstrates techniques to save and protect pictures and videos from cameras and smartphones to your computer, to external devices and to "the Cloud." using Windows 10 PCs.

DATE: Tuesday, March 2

TIME: 6:30 – 8:30 PM **CODE:** CEEN370-6

Bike Maintenance & Repair

Nothing ruins a bike like a flat tire or squeaky brakes. In this beginner level class, Tom Labisch demonstrates how to perform bike fitting and basic bike repairs like fixing flat tires, drive train, derailleurs, & brakes. Learn the correct tools needed to perform basic, preventative maintenance, to troubleshoot and to fix common problems for most bikes. Special tools will be discussed, but are not necessary for the class. Each session will start with a demonstration. Participants can work on their own bike afterward with the help from the instructor.

MEETS: Wednesdays, May 5 – May 26

TIME: 7:00 – 8:30 PM **CODE:** CEEN234-5

FEE: Franklin Resident \$25
Non-Resident \$37

LOCATION: Franklin High School – Foyer

ENROLLMENT: *Max. 10 per health order. Please add your name to the waitlist as this may change. We will call you if your child can get in.*

INSTRUCTOR: Tom Labisch PT, D.P.T, MSc, LAT, CSCS

Tom is a doctor of physical therapy, athletic trainer and strength and conditioning specialist. He was part of the medical staff for the 1996 Olympic Games in Atlanta working with the international cycling teams. He is an avid cyclist, nordic skier and runner and has been repairing bodies and bicycles for over 30 years.

Co-op with Greenfield Medicare Education!

ABC's of Medicare, and MUCH MORE!

Are you a baby boomer now eligible for Medicare or coming up in a year or two? Confused by all the mail you are receiving? What is a Medicare Supplement plan? What is a Medicare Advantage plan? What is the difference? And how do I select from the 30 Part D drug plans offered in WI? If these are questions you need answered...THIS IS YOUR MEDICARE SEMINAR!

Marsha Kowalski has been educating and helping HUNDREDS of seniors turning 65 and aging into Medicare for over 13 years. She gives you the facts you need to know, the questions you need to ask, and explains the misconceptions many people have about Medicare choices, and their options.

MEETS: Tuesday, March 23

TIME: 5:00 – 6:30 PM **CODE:** CEEN171-30

FEE: Franklin Resident \$18

LOCATION: Franklin High School – Room B233
(Enter main entrance)

ENROLLMENT: Min. 4 Max. 12 (Between departments)

Register early for this highly-rated educational session.

PRESENTED BY: Marsha Kowalski

Marsha tells people "you will be smarter in an hour and ½ then when you walked in", and at the end of the session 100% agree. SIGN UP NOW!

Registration Deadline: Thursday, March 18



Open Pickleball Ages 18+

Pickleball is the country's fastest growing sport, and fun for all ages. If you have ever played Tennis, Badminton, or Ping Pong, you may like to learn how to play Pickleball! This is a social league; not a competitive league. There will be a limited number of paddles for use. Balls are provided.

Pickleball is played on the same size court as badminton, but has more similarities to tennis. Pickleball provides plenty of exercise and hand-eye coordination. All fitness and athletic levels can play. Men and Women of all ages are welcome to play. Tennis shoes are required.

SOCIAL INDOOR

MEETS: Mondays, January 4 – March 8

TIME: 6:30 – 9:00 PM **CODE:** SA153C-7

OR

MEETS: Tuesdays, January 5 – March 9

TIME: 6:30 – 9:00 PM **CODE:** SA153C-8

FEE: Franklin Resident \$20
Non-Resident \$30

ENROLLMENT: Max. 36

LOCATION: Forest Park Middle School – Gym



Friday Night Badminton League Ages 12 – 60+

Come and enjoy open badminton! Participants need to know the basic rules and skills to play the game (as doubles). Participants will form groups of 4 (to play doubles) on their own based on skill levels. Shuttlecocks (plastic material for novice and feather material for skilled players) will be provided. Participants, please make sure to wear gym shoes.

This is an established league that is happy to be at home in Franklin!

GAME DATES: Fridays, February 12 – May 7 (13-week session)

CODE: SA117-42

GAME TIMES: 6:30 – 9:00 PM

FEE: Franklin Resident \$30
Non-Resident \$45

LOCATION: Southwood Glen School – Gym

ENROLLMENT: Min. 10 Max. 32

**League will be cancelled if minimum is not met.*

NOTE: Badminton rackets will NOT be provided, please bring your own. Teen participants (12-16) should be accompanied by an adult player and must be present with the participant at all times. Register early, league is limited to 32 participants.

SPRING SPORTS UPDATE

Anticipated Spring Youth Sports –
Late April Start Date

- Youth Flag Football
- Youth Soccer League

Registration and league information will be made available in early 2021 for flag football and youth soccer. Leagues will consist of practices on the weekdays and Saturday games.

*Pending local health guidelines

*If you have a special talent
or skill you would like to share,
please call*

**the Recreation Office at
414-423-4646**

*to learn more about
setting up a class.*

***We are always looking for
energetic, innovative
instructors.***

REGISTRATION INFORMATION

MAIL-IN REGISTRATION

PLEASE NOTE: Registrations received by mail will receive confirmations **ONLY**, if a self-addressed, stamped envelope is enclosed with your registration form and payment. If no self-addressed envelope is enclosed, **no confirmation will be sent**. You will be contacted by phone only if classes are **cancelled** or **filled**. If you are not notified by phone, assume your class will continue as scheduled and attend the first class. If we have your e-mail in our system, you will receive an e-mail confirmation.

General Information Regarding Registration

- 1. Persons may register for their immediate family only.** In order to assure that the registration process is fair to all, a person may register for their immediate household only. It will not be acceptable for one person to register neighbors/friends/extended relatives along with their own registrations. Only parents/legal guardians may register youth participants.
- 2. Participants must register for all classes through the Recreation Department Office or online at www.franklin.k12.wi.us.** INSTRUCTORS ARE NOT ALLOWED TO ACCEPT ANY REGISTRATIONS FOR CLASSES AT THE CLASS SITE. All registration transactions must be completed through the Recreation office **prior to** the scheduled class.
- 3. Registration forms must be signed** to be valid.
- 4. 100% Satisfaction** – If you are not satisfied with the course you are enrolled in, please contact us **before** the start of the second class and we will give you a full refund.
- 5. Programs which have not met their minimum enrollments** two (2) days prior to the beginning class date will be cancelled. Notification will be made as promptly as possible.

Deadlines are set to add additional classes or cancel classes depending on registration of participants. If the minimum is not met by the deadline date, the class will be cancelled. Registrations will be taken after the deadline **ONLY** if the class has met its minimum and there is room in the class.

IMPORTANT There is no guarantee of getting into the program when you register. The Franklin Recreation Department reserves the right to cancel classes due to insufficient starting enrollment and to close further enrollment when a class is filled. Occasionally there may be a typographical error within the program. When such errors occur, our staff will do everything to correct the situation promptly. **Schedule is subject to change.** The department reserves the right to change program schedules as needed to accommodate demand or school use conflicts.

CODE NUMBERS In order for the Recreation Department to quickly process class registrations, we have assigned each class a code number. When filling out the registration form, simply include the code number listed for your class.

Information about Participation in the Franklin Community Education & Recreation Program

Details You Should Know Before You Enroll

Self-Care

In classes where caregivers are not required, children must be able to provide self-care in a group setting (ie: able to wash hands and use rest room facilities without assistance).

Class Times are the Starting and Ending Times

Our instructors need time to open facilities and prepare for your class. Please provide proper supervision, as children **dropped off** before classes start **will not be supervised by our staff**. Instructors will call their class and take attendance, parents should wait until this has happened before leaving. Classes will end as scheduled. Instructors are either preparing for the next class or closing the facility. **Your promptness in picking up your child is necessary.**

Make ups?

Classes missed for individual absences (ie: illness, vacations, etc.) are not “made-up” nor may participants attend classes other than the one for which they are registered.

Parent/Guardian Observation

The purposes of these classes is to help your child have a fun opportunity with their peers while developing separation skills.

- **Parent/Child Classes**

The observation policy remains the same. Please make arrangements for **siblings** as they will not be permitted in the room and may not be left unsupervised in hallway or locker room areas.

- **Adult Classes**

Please make arrangements for your children as they will **not** be permitted in the room and may not be left unsupervised in hallways or locker room areas.

Waiting Areas

Most facilities have a designated spot where parents may wait during classes. Help us keep the privilege of using these facilities by not wandering around the buildings. No food or drink will be allowed. PLEASE KEEP SIBLINGS UNDER SUPERVISION.

Facility Usage forms may be picked up at any school if you are wishing to rent a facility. Each form must be approved by the individual school and the Recreation Department. The Recreation Department will add any charges deemed necessary for the rental of the facility and use of equipment. The facility usage form must be turned in two (2) weeks prior to the scheduled event.

Program Registration Form

NAME OF PERSON PAYING: (Last) _____ (First) _____

ADDRESS _____ CITY _____ ZIP _____

EVENING PHONE (____) _____ DAY PHONE (____) _____ CELL PHONE (____) _____

EMAIL ADDRESS: _____

In case of emergency, name and phone number of local person to contact if no answer at the above number(s):

NAME _____ RELATIONSHIP _____ Phone(____) _____

Please note any special considerations we should be aware of: (medication, disabilities, behavior problems, etc.)



EACH ADULT PARTICIPANT MUST SIGN BELOW. IN ADDITION, THE SIGNATURE OF A PARENT OR LEGAL GUARDIAN IS REQUIRED FOR YOUTH REGISTRATIONS.

I the undersigned or parent/guardian of the individual named below, do hereby understand that I have registered the individual(s) named herein to participate in the aforementioned activity(ies) and I further agree to indemnify and hold harmless Franklin Public Schools and its employees, officers and agents from and against any and all liability. In addition, I understand that the requested programs indicated below, like all activities, have some inherent risk involved. By participating in the activities and receiving information, the participant agrees that Franklin Public Schools shall not be held liable for any type of loss or damage that could be construed as arising from using information learned from the activities and programs. Franklin Public Schools does not accept any responsibility or liability for use or application of information or instruction provided in the activities and programs. My signature below indicates that I have read and understand the concussion policy and protocol, which is found on www.franklin.k12.wi.us/Rec_Dept/. Furthermore, the individual(s) named herein are in good physical condition appropriate for the stated activity(ies) and that participants must assume full responsibility for injuries incurred while taking part in an activity. No accident insurance is provided by the Franklin Public Schools Community Education and Recreation Department. (We have read and agreed to the registration, concussion and program policies.)

Signature **X** _____ DATE _____

Participant's Name	Age (if under 18)	Gender	Grade (where applicable)	T-Shirt Size (where applicable)	Class Code	Program Title	Fee
		<input type="checkbox"/> M <input type="checkbox"/> F		Youth <input type="checkbox"/> S <input type="checkbox"/> (6-8) <input type="checkbox"/> M <input type="checkbox"/> (10-12) <input type="checkbox"/> L <input type="checkbox"/> (14-16) Adult <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL			
		<input type="checkbox"/> M <input type="checkbox"/> F		Youth <input type="checkbox"/> S <input type="checkbox"/> (6-8) <input type="checkbox"/> M <input type="checkbox"/> (10-12) <input type="checkbox"/> L <input type="checkbox"/> (14-16) Adult <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL			
		<input type="checkbox"/> M <input type="checkbox"/> F		Youth <input type="checkbox"/> S <input type="checkbox"/> (6-8) <input type="checkbox"/> M <input type="checkbox"/> (10-12) <input type="checkbox"/> L <input type="checkbox"/> (14-16) Adult <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL			
		<input type="checkbox"/> M <input type="checkbox"/> F		Youth <input type="checkbox"/> S <input type="checkbox"/> (6-8) <input type="checkbox"/> M <input type="checkbox"/> (10-12) <input type="checkbox"/> L <input type="checkbox"/> (14-16) Adult <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL			
		<input type="checkbox"/> M <input type="checkbox"/> F		Youth <input type="checkbox"/> S <input type="checkbox"/> (6-8) <input type="checkbox"/> M <input type="checkbox"/> (10-12) <input type="checkbox"/> L <input type="checkbox"/> (14-16) Adult <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL			
		<input type="checkbox"/> M <input type="checkbox"/> F		Youth <input type="checkbox"/> S <input type="checkbox"/> (6-8) <input type="checkbox"/> M <input type="checkbox"/> (10-12) <input type="checkbox"/> L <input type="checkbox"/> (14-16) Adult <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL			
If you live in the Franklin/Oak Creek or Franklin/Whitnall school districts, did you remember to include your \$30.00 annual fee?							
TOTAL							

Please Check: ☐ Franklin School District ☐ Franklin/Oak Creek ☐ Franklin/Whitnall ☐ Non Resident

Credit card information (Please print clearly): ☐ Mastercard ☐ VISA Card Holder Name (print) _____

Exp. Date ____ / ____ Card # _____ 3 Digit CVV # _____ Signature **X** _____

Please make one check for total due to:
FRANKLIN RECREATION (unless otherwise indicated)

MAIL TO: Franklin Recreation Department

Franklin High School

8222 South 51st Street • Franklin, WI 53132

IMPORTANT: Please read the updated policies in this brochure before registering for any classes. Please note the cancellation and refund policies. You are responsible for knowing the policies.

Also, please make a note of all the classes you are signing up for as **CONFIRMATIONS WILL NOT BE SENT.**

NOTE: Registration will not be processed without payment. Exact change is appreciated when paying with cash for all classes/activities.

FOR OFFICE USE ONLY	
TOTAL ENCLOSED \$ _____	DATE _____
<input type="checkbox"/> CHECK NUMBER _____	
<input type="checkbox"/> CASH	
<input type="checkbox"/> CREDIT CARD	
<input type="checkbox"/> CREDIT / REFUND _____	

The Franklin Public School District pursuant to s. 118.13 Wisconsin Statutes, and PI O, does not discriminate against pupils, citizens, employees and patrons on the basis of sex, race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental emotional or learning disability or handicap in its educational programs, activities or operations. Further, no person may be denied admission to any school in this district or be denied participation in, or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other programs or facets of the district's operation.



FRANKLIN PUBLIC SCHOOLS



A Better Place to Learn



A Better Place to Work



Part of a Better Community



Franklin Public Schools: Better Together.