



School Menu Reception - Year 4 Week Commencing 30th November 2020

It is the aim of the school to use **pure vegetable oil** for frying and to reduce the amount of **salt, fat & sugar** in all recipes

Please note: These are sample menus and may be subject to change due to Covid-19

Monday	Tuesday	Wednesday	Thursday	Friday
Main Course:				
Sausage Rolls Thick Vegetable Tomato Soup	Cottage Pie Cauliflower Broccoli	Mild Chicken Curry Rice Peas	Pork Meatballs New Potatoes Steamed Carrots	MSC Fishfingers Chips Beans
Vegetarian Option:				
Pasta Cucumbers and Peppers	Root Vegetable Casserole	Chickpea and Squash Curry	Breaded Vegetable Bites	Mini Quiche
Dessert:				
Whole Fruit Flapjack	Cut Fruit Shortbread	Whole Fruit Yoghurt	Cut Fruit Scones	Whole Fruit Brownies