

	Red: (Recovery Stage 1)	Orange (Recovery Stage 2)	Yellow (Recovery Stage 3)	Green (Recovery Stage 4)	Clear (Full Clearance)
Symptoms:	Student reports severe symptoms that interfere significantly with activities of daily living.	Student reports having no or minimal symptoms without a stimulus and can complete work in short intervals without symptom exacerbation.	Student can control symptoms with activity modification and can be mentally engaged through an entire class.	Student is symptom-free for a full day of school without accommodations and student demonstrated clinical recovery.	Steps to obtain full academic clearance:
Instructors' Expectations:	<ul style="list-style-type: none"> No class attendance No homework or make-up work expected Minimal communication to instructors expected from student 	<ul style="list-style-type: none"> Student can begin attending class with accommodations (see chart) Student may need to complete classwork in short intervals while in class Studying and work will be completed in intervals as specified by an Athletic Trainer Notes may need to be provided Homework, make-up work, and studying will be completed on an "as-tolerated" basis. Student should leave the classroom for a break if symptoms occur Student may complete any assignment <25% of the total semester grade after 1 successful day in orange with accommodations 	<ul style="list-style-type: none"> Student can complete full school days with few accommodations (see chart) Student is allowed to leave the classroom for 10 minutes if symptoms occur Student is expected to try to be engaged when in the classroom and can take participation grade Student may complete any assignment worth between 25 and 45% of total semester grade after two successful days in yellow. Student may still have accommodations. 	<ul style="list-style-type: none"> Student can complete full school days without accommodations Student is expected to be fully engaged Homework is expected to be completed Make-up work will be completed with reasonable due dates Student may complete any assignment at this time without accommodations 	<ol style="list-style-type: none"> Student has arranged to complete all make-up work with professor. Student has signed the concussion acknowledgement form. Student athletes will complete a graded return to play progression
Student Expectations and Lifestyle Recommendations:	<ul style="list-style-type: none"> Student is expected to report to AT staff once daily Student should maintain a regular sleeping schedule NO drugs or alcohol Make healthy dietary choices and eat regularly Avoid any activity that exacerbates symptoms, which may include electronic use and loud noisy environments like parties or concerts Rest as much as you like May do short walks if permitted by AT 	<ul style="list-style-type: none"> Student is expected to report to AT staff once daily Student is expected to attend class, but will have accommodations, which may include attending some classes, but not others No parties, concerts, or activities that may be noisy, stressful or may interfere with sleep Try homework/studying in short intervals of 10 min work/20 min break & slowly increase (per Athletic Trainer's recommendations) Computer usage and phone usage can be increased if it doesn't create symptoms No team meetings or practice attendance No physical activity other than short walks when symptom-free NO drugs or alcohol Maintain a consistent sleeping and healthy eating schedule 	<ul style="list-style-type: none"> Student is expected to report to AT staff once daily Avoid activities that create symptoms No activities that interfere with a full night's rest Homework is to be completed in intervals no longer than 45 min work/ 15 min break No physical activity other than walks when symptom-free May attend practice/meetings IF all classes were attended NO drugs or alcohol Maintain a consistent sleeping and healthy eating schedule 	<ul style="list-style-type: none"> Student is expected to report to AT staff once daily Student is expected to communicate with instructor to create a reasonable timeline for make-up work to be completed Student-athletes should expect to complete a Return-to-Play progression to be allowed to return to practice 	

**Important Note: This is NOT a time-based system. A student's academic status is determined based upon symptoms.