



## Lake Washington High School

 Home of the Kangs 

November 24, 2020



### Message from the Principal

Dear Kang Families,

We are grateful. We are grateful to our teachers and support staff who work tirelessly on behalf of our students. We are grateful to our students who are trying so hard in this crazy learning environment. We are grateful to our counselors who are supporting and connecting with students. We are grateful to our families who are working to support their families and their students. This is a time to be grateful for all we have. We hope each of you can enjoy time to reflect on our blessings.

Best wishes,

**Christina Thomas**

Principal



## From the Athletic Department

### **Sports Seasons Adjusted**

The WIAA has updated the planned dates for the Winter, Fall, and Spring sports seasons, adjusted due to COVID. Please see the updated season information here: [Adjusted Sports Seasons](#)

### **Booster Club/Athletics Information Night**

The LWHS PTSA and Booster Club/Athletic Dept are teaming up for an informative session on **Weds 12/2 @ 7pm** so you can get the latest on the status of sports and the role of booster clubs at LWHS. It's been a crazy year and we know you're curious. This virtual meeting will give you an opportunity to hear from our Athletic Director, Booster Club President, Athletic Trainer and a few of our coaches too! New and seasoned parents welcome. You can submit questions ahead of time to: [president@lwhsboosters.org](mailto:president@lwhsboosters.org) .

### **Microsoft Teams Call-In is below:**

#### **Microsoft Teams meeting**

#### **Join on your computer or mobile app**

[Click here to join the meeting](#)

[Janis Rabuchin](#)

LWHS Booster Club President

## From the Counseling Office

### High School & Beyond Plan

Completion of assignments in Xello meets the High School and Beyond graduation requirement. All students have been introduced to Xello, and they know how to access their assignments and due dates. Resources, contacts, and directions are available under the [Xello-High School & Beyond Plan section on the LWHS Counseling Center website](#). Ask your student to share with you some of the cool features that Xello offers!

Marilyn Hargraves

LWHS Counseling Center

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## From the College & Career Center

The College & Career Center's webpages have information to help you navigate college and career opportunities in high school and post high school.

Unable to attend one of our Live Wednesday events?

[Click here to find the recordings of our Live Wednesday virtual college presentations.](#)

Additional College Resources can be found below:

[Applying to College](#)

[College & Career Center](#)

[College & Career Center Calendar](#)

[Financial Aid](#)

[Scholarships](#)

[SAT & ACT](#)

If your senior would like to schedule an appointment or has questions regarding essays, applications, military, career pathways or just needs to check in, please contact Ms. Henderson in the LWHS College & Career Center

at [chenderson@lwsd.org](mailto:chenderson@lwsd.org) or 425-936-1710.

## From the Library

In the spirit of gratefulness and giving, I would like to take the opportunity to thank the LW PTSA for their generous grant of \$1,000 for eBooks or audiobooks on Sora!

To assist us with our purchases, we are running a poll on Teams asking students their preference (eBooks or Audio Books). If you'd like you can ask your student their preference and jot their preference in the survey [here](#).

I am also grateful the majority of our technology issues have been resolved. Now that the dust has settled, we've all found our groove. As a result, if your student has technology issues they must reach out to [Family Tech Access](#) for assistance. Our library team was triaging many of our family tech access issues, but it's time to hand the reigns back over to the technology department.

Family Tech Access has the ability to access your student's machine remotely to fix problems. If a student needs one-on-one help, Tech Access will set an appointment to assist your student. Please email [ftaccess@lwsd.org](mailto:ftaccess@lwsd.org) or call 425-936-1322 for assistance. They should respond quickly.

Students can check physical books out of the LWHS Library by appointment. Please email [ecourage@lwsd.org](mailto:ecourage@lwsd.org) if you or your student has questions.

The Library Team is grateful to serve you and your family with books, research help, and technology issues.

Happy Thanksgiving Kangs!

[Elizabeth Courage](#)

Librarian

## School Announcements

### Senior Portrait Submissions

If students want to use their senior portrait for the yearbook, please submit to Jostens by December 1, 2020. Details can be found on the [LWHS website](#) under [Seniors and Graduation Information](#).

### Senior Recognition Ads

Looking for an additional way to celebrate your senior? Through Jostens, parents have the opportunity to create a senior recognition ad for their student that will go in the Yearbook. It's a way to celebrate all of their hard work and accomplishments and commemorate a unique year. The deadline for ads is also December 1, 2020. [Click here for more information](#).

Hannah Kreutz

LWHS Yearbook Advisor

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### LWHS Virtual Blood Drive

**LWHS** is hosting a Virtual Blood Drive with [@bloodworksnw](#), from Nov. 15 to Dec. 5, **sponsored by the Key Club and DECA**.

**Bloodworks Northwest** needs blood donors to help make sure that our local hospitals have all the blood they need. Donating blood is an essential and encouraged activity critical to sustaining community healthcare, especially during emergencies. This one hour donation appointment is a safe and essential action to support local hospitals and patients.

You can book your appointment to give at any of the brick & mortar donation

centers, or temporary pop-up centers.

LWHS donors are encouraged to give at locations in Kirkland and Redmond during November. No walk-ins, guests, or people under age 16 are permitted inside at donation locations, and all blood collection activities are being conducted in accordance with social distancing guidelines.

To book your appointment, [Click Here](#)

**When you arrive for your appointment make sure to use our code “LWHS” so we can see how big of an impact our school made!**

Students aged 16 or 17 will need a [signed permission slip](#).

Questions? Reach out to [Mia Pekez](#), Key Club Vice-President

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### **SAT/NMSQT Opportunity for 11th Graders – Sign Up by December 2**

Pending health and safety conditions, the Lake Washington School District plans to offer the PSAT/NMSQT on Tuesday, January 26, 2021 to current 11th graders that [sign up by December 2](#).

The PSAT/NMSQT is the Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test. The purpose of the PSAT is to familiarize students with the kinds of questions, style of directions, and physical environment of an SAT exam, and provides students with a projected SAT score range, personalized feedback, and a study plan. Eleventh grade students who take the PSAT/NMSQT are also automatically screened for the [National Merit®Scholarship Program](#); an academic competition for recognition and scholarships.

11th graders that would like to take the PSAT in January should complete the [sign up form by December 2](#). The cost is \$17. Payment will be taken closer to the actual exam.

## **Coffee with Christina, Wed Dec 9th @ 9:00 a.m.**

The next PTSA sponsored “Coffee with Christina” is Wednesday, December 9th beginning at 9:00 am. These informal gatherings are held virtually for now and are designed as an open discussion and Q&A with Principal Thomas. Come join other LWHS parents and community members for a time to connect and participate or just listen. The meetings last about an hour, but you are free to join late or leave early. Bring your own coffee and attend by clicking the Microsoft Teams Meeting link or calling in with the information below:

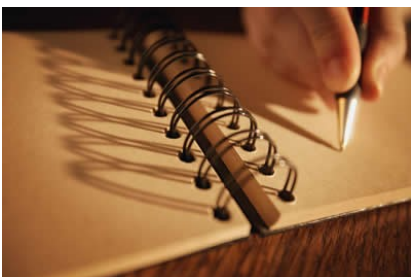
[Join Microsoft Teams Meeting](#)

+1 206-800-4750 United States, Seattle (Toll)

Conference ID: 638 326 020#

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## **Free Virtual College Application Essay Support**



College application deadlines are looming! Don't let your Senior procrastinate and spend the holidays cramming!

LWHS PTSA continues to provide students with FREE virtual application essay support on Wednesdays after school and select evenings via ZOOM. Students can connect with trained volunteers who will assist with editing college application essays and personal statements. Volunteers can also answer questions about the college application process and steer students in the right direction for any additional support they might need.

Each one-on-one session will be 30 minutes. Students must sign up in advance

for a specific time/date.

**Sign up [HERE](#) to reserve your spot NOW!**

Questions? [Stacy Mehlberg](#), LWHS PTSA VP of Student Programs

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## **SAT & ACT Practice Tests - Additional Dates Now Available**

### **SAT and ACT Practice Tests - Additional Dates Now Available**

LWHS PTSA is once again partnering with Princeton Review to give students the opportunity to take SAT and ACT practice tests. This year, due to COVID restrictions, the practice tests will be conducted online.

The practice tests are created from original SAT/ACT tests from past years. They are a great way for your student to get comfortable with the format and style of the SAT or ACT. Students who take the test will also be invited to a strategy session that provides tips and tricks for better performance in the actual test.

The online practice tests will occur:

- SAT: Saturday, January 16, 2021 with Strategy Session January 26, 2021
- ACT: Saturday, January 23, 2021 with Strategy Session February 2, 2021

**Note:** If your student has taken the test earlier, they can take the test again. However, please note that the set of questions will be the same and they will NOT get a new set of questions.

Don't let your student miss this opportunity. Sign up for free! Registration must be completed by January 12, 2021.

[Click here for additional information](#) and [here for registration instructions](#).



## Free Internet Access Available for Eligible Families

**Reliable connectivity to the internet is critical for student success during remote teaching and learning.** The state recognizes this need and has partnered with Ziplly Fiber, Comcast/Xfinity and Presidio to create [Washington's K-12 Internet Access Program](#), which gives eligible families free internet access so students can connect to online learning from home.

This internet access opportunity will potentially provide families with faster and more reliable connectivity than hotspots, which will better support our students. Eligible families can receive free internet access through June 30, 2021.

LWSD has developed the following webpage for families to check eligibility, choose a provider in their area, request an access code and sign-up for service: <https://www.lwsd.org/fall-2020/free-internet-access-through-ziplly-comcastxfinity-or-presidio>.

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### **¿CALIFICA PARA ACCESO GRATUITO A INTERNET?**

Tener una conectividad confiable a Internet es fundamental para el éxito de su estudiante durante el aprendizaje a distancia. El estado reconoce esta necesidad y se ha asociado con Ziplly Fiber, Comcast / Xfinity y Presidio para crear el Programa de Acceso a Internet para K-12 de Washington, que brinda a las familias elegibles acceso gratuito a Internet para que su estudiante pueda conectarse al aprendizaje en línea desde casa.

Esta oportunidad de acceso a Internet le proporcionará una conectividad más

rápida, más fuerte y más confiable que el hotspot o la conexión a dispositivos móviles, lo que brindará un mejor apoyo a su estudiante. Si es elegible, su acceso gratuito a Internet está disponible hasta el 30 de junio de 2021.

Para calificar para este programa, su hogar debe cumplir con los siguientes criterios:

- Su hijo debe ser elegible para recibir comidas gratis oa precio reducido durante el año escolar 2020-21.
- Su hogar no tenía conexión a Internet en su casa antes de agosto de 2020. Tenga en cuenta que si accedió a Internet a través de un hotspot o un dispositivo móvil, aún califica para este programa.

Para obtener más información, visite <https://www.lwsd.org/fall-2020/free-internet-access-through-ziply-comcastxfinity-or-presidio>

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## District Resources During Remote Learning

Lake Washington School District is working to provide services during the school closures. For the most up-to-date information, please visit the [LWSD Coronavirus \(COVID-19\) website](#).

**Meals:** [Grab and Go student meals](#) for students are available at six middle school sites across the district. [Delivered meals](#) are also available at 24 sites across the district. Pantry Packs will distribute weekend packs on Fridays at the middle school meal sites. Please check the [Pantry Packs](#) website for the latest information in case of changes.

**Technology:** Visit the [LWSD Technology Support](#) page for the latest information.

**Childcare:** The YMCA and Bellevue Boys & Girls Clubs are providing care for families in our district that need care. They have multiple locations to choose from. First responders and health care providers of direct services can use this program for free. More [details and instructions](#).

**Community Resources:** Find resources including health, wellness, food,

finances, technology, Internet, legal and more.

Have a coronavirus or closure related question? Please check the [Frequently Asked Questions](#) or [submit a question](#).

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## **Grab and Go Meals: Special November Holiday Distribution Schedule**

On **Wednesday, November 25** we will be distributing 6 days worth of meals: Wednesday, Thursday, Friday, Saturday, Sunday and Monday. **There will be NO meal distribution on Tuesday, November 24 or Friday, November 27.**

Lake Washington School District offers free meals to all children ages 1-18. Please visit the website for more information: <https://www.lwsd.org/fall-2020/grab-go-student-meals>

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## **Upcoming Events**

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**November 25: Half Day**

**November 26-27: Thanksgiving Break (No School)**

**December 1: [Yearbook Deadlines for Seniors](#)**

**December 2: Student Store Pop-Up-Shop, 10 a.m.-1 p.m.**

**December 2: [LWHS Booster & Athletics Info Night](#), 7:00 p.m.**

**December 2: [LWPTSA Council LGBTQ+ Panel](#), 7:00 p.m.**

**December 9: [Coffee with Christina](#), 9:00 a.m.**

**December 21-January 1: Winter Break (No School)**

**January 18: Martin Luther King Jr. Day (No School)**

[LWHS Remote Learning Schedule](#)

[LWHS Full Calendar](#)

# College & Career Center Calendar

## Counseling Resources: EvergreenHealth Calendar

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 Lake Washington High School | 12033 NE 80th St, Kirkland, WA 98033 | 425-936-1700

Lake Washington School District | 16250 NE 74th St | Redmond, WA 98052

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