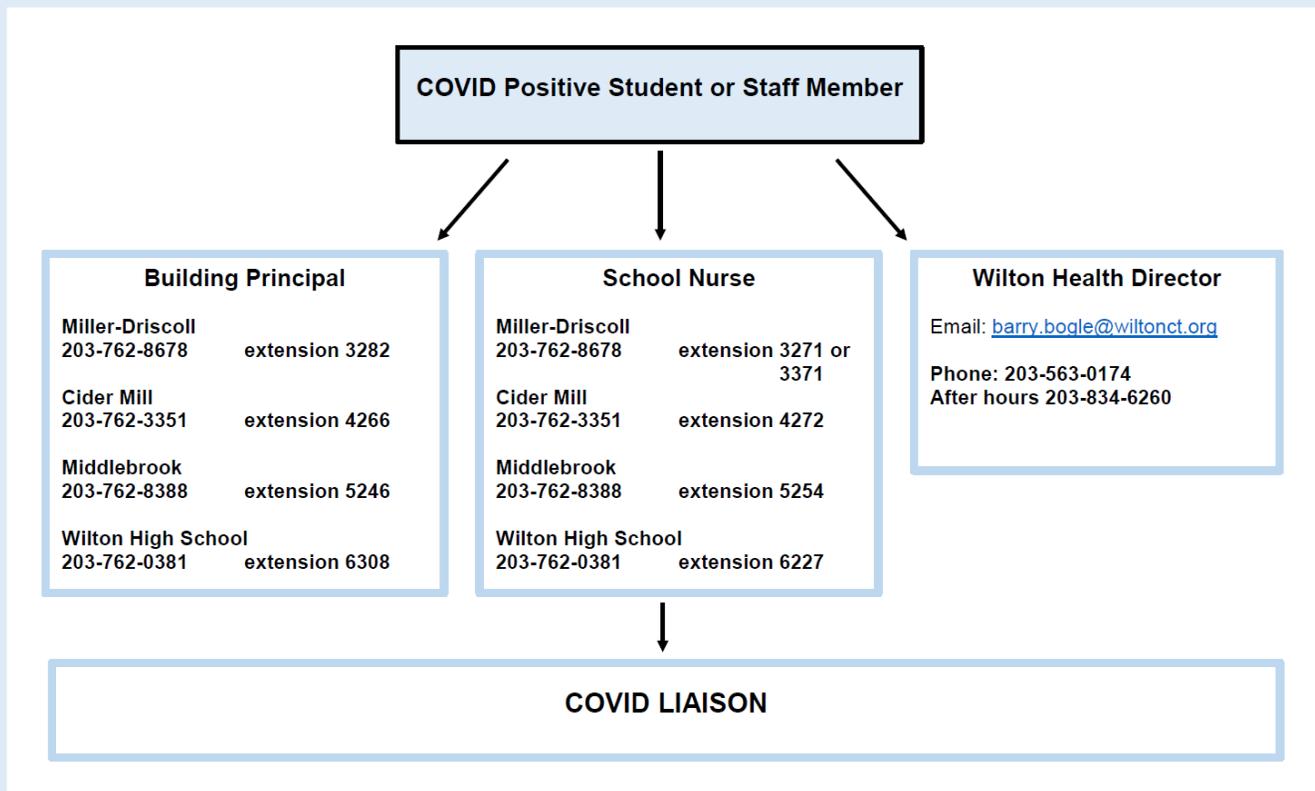




WILTON PUBLIC SCHOOLS COVID-19 RESOURCE SHEET

Whom To Notify:



WPS Response to COVID-positive notification:

1. Notification of positive COVID-19 result
 - a. School, Town, Central Office notified
2. Contact tracing begins
 - a. Direction to isolate, quarantine or self-monitoring in accordance with CDC guidelines
3. Notification sent by Superintendent
 - a. School community
 - b. Town
4. Determination regarding school opening/closing
 - a. Consultation with Medical Advisor
 - b. Town Health Director

FAQ's

I have regarding exposure whom should I call?

- Questions regarding exposure should be directed to the nurse in your child's school.

Whom should I call if my child is going to be absent?

- **Miller-Driscoll: 203-762-8678**
- **Cider Mill: 203-834-4950**
- **Middlebrook: 203-834-4963 or email mbattend@wiltonps.org**
- **WHS: 203-834-4805**

What is close contact?

- Spending at least 15 minutes within 6 feet of a person with confirmed COVID-19 within 24 hours, or a direct exposure to possibly infected droplets of saliva or nasal mucus (e.g., being sneezed or coughed on in the face). See CDC web page

What is the difference between self-isolation and self-quarantine?

- Self-Isolation: Individual with signs or symptoms of COVID-19 or a positive test stays home until no longer infectious for at least 10 days since the onset of symptoms and until at least 24 hours have passed with no fever (without fever-reducing medications) and with improvement in other COVID-19 symptoms. See CDC web page.
- Individual without symptoms stays home for 14 days since last exposure to someone who was diagnosed with COVID-19 (the incubation period of the virus). See CDC web page.

Addendum 5

Addendum 5 addresses issues when a student or staff person has or develops: possible signs and symptoms of COVID-19; a diagnosis of COVID-19; or exposure to a person diagnosed with COVID-19. School districts have been encouraged to use Addendum 5 as a guide, in consultation with public health experts, including school nurses, school medical advisors, and our local health director on a case-by-case basis. For the complete addendum please click [here](#).

Travel Guidance

Governor Lamont issued Executive Order 7III imposing a mandatory self-quarantine for individuals entering Connecticut after traveling to certain states ("[Affected States](#)") that have recently experienced a high rate of COVID-19 infection. This Executive Order has been amended numerous times over the past several months, and [Executive Order 9I](#) is currently in place.

The Commissioner of Public Health has determined that, as of November 10, 2020, nearly every state in our country is an Affected State. The list of [Affected States](#) is updated on a weekly basis as the situation continues to evolve across the country. As such, it is important that families and staff members consult Connecticut's Travel Advisory to determine whether any states have been added to, or removed from, the list in the coming days.

If you plan to travel to any such state for 24 hours or more during the November or December breaks be sure to visit the [Connecticut Travel Advisory website](#). If your travel will impact your return to school please contact your building principal or school nurse.

Symptoms

COVID-19 symptoms may appear 2-14 days after exposure to the virus.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. Please visit the [CDC website: Symptoms of Coronavirus](#) for additional information.

Testing Sites

Coronavirus testing requirements and appointments vary depending on location. Below are sites that will help you find testing sites closest to your location.

Anthem:

<https://www.anthem.com/microsites/covid19-assessment/covid-finder.html>

State of Connecticut:

<https://portal.ct.gov/coronavirus>

Additional Testing Resources

- [CVS Testing Locator](#)
- [Rite Aid Testing Locator](#)
- [Walgreens](#)

COVID-19 Data Tracker Resources

- [COVID Act Now](#)
- [CT COVID-19 Daily Data Report](#)
- [COVID-19 School Response Dashboard](#)



As noted in our plan we have a shared responsibility in keeping our schools open. We urge all members of the school community to continue to self-monitor for symptoms each day, which includes taking your temperature every evening and every morning. If you have symptoms, please do not come to school and consult with your physician about being tested for COVID-19.

Also, please carefully consider your activities outside of school and those with whom you come in close contact, as we continue to see trends of household transmission and transmission through club athletic events. Moreover, we also must continue to adhere to state guidelines for group gatherings.