# How to Register for Weekly Classes:

## **ONLINE** at ce.district196.org/ecfe

Click on the blue ECFE Registration button. If you have an existing Eleyo account, click on Sign In. If you are new to Eleyo, click on Create One Now. After you log in or your new account is created, add an ECFE class to your cart and click on Checkout to complete your registration. If you need a paper registration form, contact us at

- · Lottery registration deadline: May 6, 2025
- · Lottery (computer generated): May 8, 2025
- · Class confirmations will be emailed if an email address is provided. Check for your lottery confirmation email from District 196 Community Education.
- Following the lottery, class availability can be checked online.



# Photograph and Video Permission

Enrollment in District 196 Community Education classes or activities constitutes permission for District 196 to take and use photographs, video and other likenesses of you and your enrolled minor child in District 196's promotional materials and publications. If you do not want any image and likeness of you or your minor child to be used in this manner, notify your parenting educator or early childhood teacher. You will be given an opt-out form.

## For More Information

Visit ce.district196.org/ecfe or call our office at 952-388-1953 between the hours of 7:30 a.m. and 4:00 p.m. weekdays.

Sliding Fee Scale	Summ	Summer Fee				
Family Income	1 child	2 or more				
\$0 - \$19,999	\$0	\$0				
\$20,000 - \$39,999	\$19	\$25				
\$40,000 - \$59,999	\$26	\$34				
\$60,000 - \$79,999	\$34	\$42				
\$80,000 - \$99,999	\$46	\$53				
\$100,000 - \$119,999	\$57	\$66				
\$120,000 and up	\$69	\$78				
Class fees are based on your annual family						
income and determined by a sliding fee scale.						

District 196 residents are encouraged to

register regardless of their ability to pay.



COMMUNITY EDUCATION







Summer 2025

# Early Childhood Family Education







# Welcome to ECFE

We offer a variety of classes, all designed to help strengthen families through interactive play and relevant parent education. Our summer schedule provides a sample of the classes available throughout the year, including age-specific and topic classes. One-time events for parents and their children are listed on the back of the brochure.

## Babies: Birth Through 11 Months

Non-Separating, Babies Only

Babies sure bring big changes to every family! Join other parents of infants and learn how to make the adjustment to "being a family." This will be a relaxing and informative class. You can ask your questions, and we will share ideas with you about building a solid base for your family. We will also have time to sing songs and play some games.

Tue | Jul 8, 15, 22, 29 | 8:30-10:00 a.m. | FREE\* | 103-216A Tue | Jul 8, 15, 22, 29 | 10:30 a.m.-12:00 p.m. | FREE\* | 103-216B Tue | Jul 8, 15, 22, 29 | 5:30-7:00 p.m. | FREE\* | 103-216C

> \*Baby classes are free to School District 196 families. Out-of-district families pay the Summer Fee.

# Parents and Ones: 12 Through 24 Months

Non-Separating, Prekindergarten Siblings Welcome

Looking for a fun class for your one-year-old? Join other parents and toddlers for a summer morning class. Toddlers love to take off and explore if their parents are close by. Parent discussion will take place in the children's room, where toddlers can check in with their parents if they need to. Please register all prekindergarten children who will be attending the class.

Wed | Jul 9, 16, 23, 30 | 8:30-10:00 a.m. | Summer Fee | 220-216A Wed | Jul 9, 16, 23, 30 | 10:30 a.m.-12:00 p.m. | Summer Fee | 220-216B

# Parents and Twos: 24 Through 35 Months

Separating, Prekindergarten Siblings Welcome

Twos are growing at high speed, so they require quidance and limits as they set out to try everything in sight. Make a date with your two-year-old and learn delightful ways to enjoy time together. You will value a parent group where you can learn about and share this super stage in your child's development. Please register all prekindergarten children who will be attending the class.

Thu | Jul 10, 17, 24, 31 | 8:30-10:00 a.m. | Summer Fee | 255-116A Thu | Jul 10, 17, 24, 31 | 10:30 a.m.-12:00 p.m. | Summer Fee | 255-116B

ECFE is great fo parents and children It helps build personal growth connection and



# Setting Limits with Confidence

Do you struggle with setting limits while staying calm and connected with your child? This class will provide strategies to help you establish clear, consistent and effective boundaries while fostering a strong parent-child relationship. Join us and gain the tools to set firm but loving limits while building respect, cooperation and connection with your child. Children will practice skills with our early childhood staff in our environment designed just for them.

#### **Ages Birth-Prekindergarten**

Tue | Jul 8, 15, 22, 29 | 9:00-11:00 a.m. | Summer Fee | 452-116

# Conscious Discipline

Separating

Children's brains are changing every day and it can be hard to keep up with all the new behaviors that can push our buttons. You will learn how brain state affects how we as parents approach our children's behavior. Conflict can be an opportunity to teach and learn. This class will explore the two parts of discipline: the health of the relationship and the skill set involved. You will walk away with new insights about your child and yourself as well as strategies to try immediately.

#### **Ages Birth-7 Years**

Tue | Jul 8, 15, 22, 29 | 5:30-7:30 p.m. | Summer Fee | 463-116

# Fostering a Play-Based Childhood

Separating

Are you looking to enrich your child's development through the power of play? In an age where screen use dominates, daily schedules are hectic and families are overwhelmed, play might be getting lost. In this class, we'll explore strategies for prioritizing play in families. Research shows that children who have dedicated time for unstructured, child-directed play experience positive social and academic outcomes. Join us and take the first step towards making play a central part of your child's learning journey.

#### **Ages Birth-Prekindergarten**

Wed | Jul 9, 16, 23, 30 | 9:00-11:00 a.m. | Summer Fee | 517-116

**Ages Birth-7 Years** 

Wed | Jul 9, 16, 23, 30 | 5:30-7:30 p.m. | Summer Fee | 517-216

## **Dakota Valley Learning Center** 4679 144th St. W., Apple Valley

Tuesday	Wednesday	Thursday
#103-216A Babies: Birth-11 Months 8:30-10:00  #452-116 Setting Limits with Confidence Birth to Prekindergarten 9:00-11:00  #103-216B Babies: Birth-11 Months 10:30-12:00  #103-216C Babies: Birth-11 Months 5:30-7:00  #463-116 Conscious Discipline Birth to 7 Years 5:30-7:30	#220-216A Parents and Ones 8:30-10:00  #517-116 Fostering a Play-Based Childhood Birth to Prekindergarten 9:00-11:00  #220-216B Parents and Ones 10:30-12:00  #517-216 Fostering a Play-Based Childhood Birth to 7 Years 5:30-7:30	#255-116A Parents and Twos 8:30-10:00  Backyard Blast Birth to Prekindergarten 9:30-11:30 (Register weekly-see website for locations)  #255-116B Parents and Twos 10:30-12:00

# Youth Enrichment



Visit ce.district196.org for many more learning opportunities for your Pre-K child. Call 651-423-7920 for more information.

Course Name	Day(s)	Dates	Times	Ses	Cost I	_ocatior
Baseball Tots						
ages 2-3	Mon	Jun 9-Jul 7	4:45-5:15 p.m.	4	\$65	SBLC
ages 2-3	Mon	Jun 9-Jul 7	6:00-6:30 p.m.	4	\$65	SBLC
ages 3-4	Mon	Jun 9-Jul 7	5:20-5:50 p.m.	4	\$65	SBLC
Preschool Gymnastics ages 3-	-5 Mon	Jun 9-Aug 4	4:50-5:35 p.m.	9	\$114	RHS
	Tue	Jun 10-Jul 8	1:15-2:00 p.m.	5	\$74	RHS
	Wed	Jun 11-Jul 30	1:15-2:00 p.m.	8	\$104	RHS
	Thu	Jun 12-Jul 31	4:45-5:30 p.m.	6	\$84	RHS
	Tue	Jul 15-Aug 5	1:15-2:00 p.m.	4	\$64	RHS
Mini-Hawk T-ball ages 4-5	Mon	Jun 9-Jul 7	6:40-7:20 p.m.	4	\$75	SBLC
Create and Sniff ages 4-9	Tue-Thu	Jun 10-12	9:00 a.mnoon	3	\$165	SHMS
Soccer Tots*						
ages 2-3	Tue	Jun 10-Jul 8	4:45-5:15 p.m.	4	\$65	SBLC
ages 2-3	Thu	Jun 12-Jul 17	5:40-6:10 p.m.	4	\$65	SBLC
ages 3-4	Tue	Jun 10-Jul 8	5:25-5:55 p.m.	4	\$65	SBLC
ages 3-4	Thu	Jun 12-Jul 17	5:00-5:30 p.m.	4	\$65	SBLC
ages 4-5	Tue	Jun 10-Jul 8	6:05-6:50 p.m.	4	\$75	SBLC
*additional Soccer Tots classes	in July					
Hoopster Tots*						
ages 2-3	Wed	Jun 11-Jul 9	5:25-5:55 p.m.	4	\$65	SBLC
ages 3-4	Wed	Jun 11-Jul 9	4:45-5:15 p.m.	4	\$65	SBLC
ages 3-4	Wed	Jun 11-Jul 9	6:05-6:35 p.m.	4	\$65	SBLC
*additional Hoopster Tots classe	es in July					
1st Down Tots ages 3-4	Thu	Jun 12-Jul 17	6:20-6:50 p.m.	4	\$65	SBLC
· ·	Wed	Jul 16-Aug 6	5:00-5:30 p.m.	4	\$65	HI
	Wed	Jul 16-Aug 6	5:40-6:10 p.m.	4	\$65	HL
Fidget Toys & Slime						
ages 4-9	Mon-Wed	Jun 16-18	9:00 a.mnoon	3	\$165	SHMS
Puppy Palace Creations						
ages 4-9	Mon	Jun 23	9:00 a.mnoon	1	\$50	SHMS
Dazzling and Delightful Des	igns					
ages 4-9	Tue-Thu	Jun 24-26	1:00-4:00 p.m.	3	\$165	SHMS
Dino Science ages 4-7	Mon & Tue	Aug 4 & 5	1:00-4:00 p.m.	2	\$119	SHMS

#### Learn to Swim

for more information and to register.

It's never too early to encourage a love of water. We offer age-appropriate safety instruction in our swim lessons, including Parent Tot (ages 6 to 36 mos), Preschool 1 with Parent and Preschool 1, 2 or 3 (ages 3 to 5) at our middle school pools. Our caring and dedicated instructors are Red Cross trained and certified to help your child enjoy developing swimming and water safety skills. Go to ce.district196.org/swim or call 952-431-8777



Do you need fee assistance? Visit ce.district196.org/feeassistance.

ce.district196.org • 651-423-7920



