

EXTRACURRICULARS INCLUDED IN TUITION

Please review Descriptions within booking system on Parent Portal.
Activities Bolded have monthly fee associated (Full description on Page 2).

PRE-KINDERGARTEN (3:20 - 3:50):

Monday - Forest school, Messy Free Play or Eco Design and Making
Tuesday - Cooking, Language Free Play or Yoga & Mindfulness
Wednesday - Choir (12:40), Art and craft, Construction free play or Judo
Thursday - Outdoor/Nature free play, Gymnastics or Tennis

KINDERGARTEN:

Monday - Ballet/Dance and Violin support
Tuesday - Judo and Gardening
Wednesday - Indoor climbing and Story Telling
Thursday - **Tennis** and Gymnastics

G1:

Monday - Ballet/Dance, Judo, & Cooking
Tuesday - Gymnastics, Portuguese, & Gardening
Wednesday - **Tennis, golf**, football, & Violin support
Thursday - Yoga, book club, & indoor climbing

G2:

Monday - Football, Robotics, & Yoga
Tuesday - **Tennis, Golf, &** Environmental Club
Wednesday - Judo & Ballet/Dance
Thursday - Reading Club, Gymnastics, & indoor climbing

G3:

Monday - **Tennis, Golf, &** Stage Craft
Tuesday - Cooking, Mini Football, & Indoor Climbing
Wednesday - Ballet/Dance, Environmental Club, & Mini Basketball
Thursday - Judo and photography

G4:

Monday - Football, **Horse riding**, Indoor Climbing, & Homework Helpers
Tuesday - Ballet/Dance, School of rock, Basketball, & Homework Helpers
Wednesday - Jiu-Jitsu (5pm), Football, Indoor Climbing, & Homework Helpers
Thursday - Robotics, Basketball, & Homework Helpers

G5:

Monday - Choir (12:15PM), Jiu-Jitsu (5pm), football, & Homework Helpers
Tuesday - Basketball, **horse riding**, & Homework Helpers
Wednesday - Football, Cooking, & Homework Helpers
Thursday - Dance/Ballet, Basketball, & Homework helpers

G6:

Monday - Rocketry, Football at (5pm), & Homework Helpers
Tuesday - Homework Helpers, Basketball (5pm), & Film
Wednesday - Yoga, homework Helpers, & Football (5pm)
Thursday - Basketball (5pm), Jiu-jitsu (5pm), **Horse riding**, & Homework Helpers
Friday: Choir (12:15PM)

G7:

Monday - Film, Homework Helpers, & Football (5pm)
Tuesday - Yoga, Homework helpers, Basketball (5pm), & Jiu-jitsu (5pm)
Wednesday - Stage Craft, **Horse Riding**, Homework Helpers, & football (5pm)
Thursday - Cooking, School of Rock, Homework Helpers, & Basketball (5pm)

EXTRACURRICULARS ACTIVITIES WITH MONTHLY FEE

HORSE RIDING AT CENTRO HÍPICO DA BELOURA - LUSITANO GOLD INTERNACIONAL.

Monthly fee 130€ - pre-payment to TASIS.

Enrolment 20€.

1 lesson per week.

Transport included TASIS - Beloura.

Students must be picked up at the venue at 6.00 pm.

Beginners will start with lunge riding lessons until they get the correct balance, position and control over the horse.

While students are still beginners, they must wear comfortable clothes (ex. PE uniform) and riding hat. New instructions will be given when students progress to the next level.

Students will learn all the necessary things about horses, its anatomy, how to saddle the horse, besides riding. In each lesson, the young riders will have an individual plan to follow, according to a team of experienced riders/coaches.

According with the Portuguese long tradition in horse riding, all the horses are Puro Sangue Lusitanos, the Portuguese horse breed.

TASIS will always provide a chaperone until 6.00 pm.

TENNIS AT BELOURA TENNIS ACADEMY

Monthly fee 70€ - pre payment to TASIS.

1 lesson per week.

Transport included TASIS - Beloura.

Parents must pick up children at the venue at 5.05 pm.

My name is Andre Fernandes and I will be the tennis coach at TASIS School. I am able to give private or group tennis lessons in Sintra , Cascais and Lisbon. Your kids will improve a lot so you should practice as well to be able to play with them after. I have been a tennis coach for 10 years and have been the technical director of 2 tennis schools, and the private coach for Madonna and all 3 of her daughters. I am also a coach at the EUA Embassy. This all said, I can help you at all levels, even if you are a beginner or already have some knowledge in the sport.

Students must wear the TASIS PE uniform and have a raquet. A raquet can be provided if, in the beginning, students don't have one.

TASIS will always provide a chaperone until 5.15 pm.

GOLF AT PENHA LONGA

Monthly fee 84€ - pre-payment to TASIS.

1 lesson per week.

Transport included.

Students must wear the TASIS uniform.

All the lessons will be lead by a professional coach.

TASIS will always provide a chaperone until 5.15 pm.

Advantages for TASIS Families (10% discount on services and products in the Spa & Welness; 10% discount in green-fees for golf; 20% discount in the golf shop; 15% discount in all the Penha Longa Resort restaurants).

Students, when they accompany their parents, will be able to play golf (9 halls, Mosteiro course), after 3.00 pm, free of charge.

Parents must pick up children at the venue at 5.20 pm.

TASIS will always provide a chaperone until 5.20 pm.

PRIVATE
INSTRUMENT
LESSONS

Dear Parents,

All lessons will be 30 minutes in duration. Please specify if you prefer lunch time lessons or after school. Please respond quickly as these classes fill up. There will be a waiting list.

Private instrument lessons are billed monthly. Please advise the specific teacher in advance if your child will miss a lesson in order to have a make up lesson during the course of that term. We expect to have 33 lessons through out 2020/21, each cost associated is per lesson.



Piano, **Elizabeth Allen** 35€, renowned concert pianist, Masters from University of Texas post graduate work trained and performed at Juilliard School of Music, Lincoln Center, New York. Professor in major Conservatories and Universities both abroad and in Portugal.



Piano, **Manuela Fonseca** 28€, Masters of music Escola . Full of enthusiasm to guide young pianists into the beauty of playing, opening doors of imagination laced with work and passion to achieve each pianists' unique dreams. Teaching all styles of piano and Trinity College exam preparation.



Piano, **Manuel Morais** 19€, Masters of Music Escola Superior, Lisbon. Shows innovative ways to teach young pianists to read, play and improvise.



Violin, **Victoria Valdes** 19€, Escola Superior in Lisbon , Masters University of Aveiro. Victoria has extensive orchestral training and has played with numerous orchestras and maestros including the prestigious Gulbenkian orchestra in Lisbon.



Violin, **Lili Donkova**, 26€, concert violinist, teacher, Doctorate University of Évora. Has appeared as soloist and concert master in many European orchestras 15 years experience teaching



Violin, **Natalia Lopez** 24€, Universidade de Paraiba Brazil. Masters Eastman School of Music, New York. Natalia's studies were methods in training young violinists. She also has years of experience playing in orchestra as principal second notably National Sinfónica de Chile.



Singer and Teacher, **João Vaz**, 19€/30 minutes, attended National conservatory of Lisbon, BM from Guildhall Music in London. Enjoys musical theatre and accompanying the singing students from the piano.



Concert guitarist and teacher, **Sandor Mester**, 19€/30 minutes, giving over 900 concerts in 25 different countries. A flexible and personalized plan for lessons for each student according to their level, personality and their parents' wishes.



Soprano, **Paula Rosado**, 19€/30 minutes National Conservatory of Lisbon. Master's degree in music therapy.