



## Counseling Referrals Referencias Para Cosejeria Clinica

Looking for counseling? See below for a list of local resources to determine which may be the best option for you.

Helpful tips:

1. If you have insurance, call and ask for a referral to your agency of choice.
2. If you have Public Aid, call the agency of your choice and ask if they accept the Medicaid card.
3. Call to schedule an appointment. Be aware of waiting lists.
4. Many agencies offer sliding scale fees based on family income and how many family members there are in the home.

¿Busca consejeria? A continuación esta una lista de recursos locales para determinar cuál puede ser la mejor opción para usted.

Recomendaciones:

1. Si tiene aseguransa, llame y solicite una referencia a la agencia de su selección.
2. Si tiene ayuda pública, llame a la agencia de su selección y pregunte si aceptan la tarjeta medica.
3. Llame para hacer su cita. Tenga en cuenta que podrían tener una lista de espera.
4. Muchas agencias ofrecen tarifas variables basadas en los ingresos familiares y el numero de familiares en el hogar.

Counseling Agency	Address and Phone	Details
Gateway Foundation	400 Mercy Lane, Aurora 630.966.7400	General counseling. Substance abuse counseling. Services in Spanish
Aunt Martha's Youth Services	411 W. Galena Blvd., Aurora 630.896.7900	Psychiatric services only— PCP should request referral form.
Heartland Counseling	40W131 Campton Crossings Dr., St. Charles 630.443.9100	General counseling. Bereavement counseling. Accepts most insurance and Medicare but not Medicaid.
Catholic Charities	314 N. Lake St., Aurora 630.820.3220	General counseling. Unplanned pregnancy counseling. Adoption services.
Family Counseling Service	70 S. River St., Aurora 630.844.2662	General counseling. Domestic Violence. Anger management for adolescents. Services in Spanish. Does not take medical card. Sliding scale fee available beginning at \$30

		for professional counseling and \$5 for counseling intern.
Mutual Ground	PO Box 1911, Aurora 630.897.0084	24-hour crisis line. Counseling and shelter for victims of sexual and domestic violence.
Taking Control	108 John St. North Aurora 630.801.1669	Counseling services.
Breaking Free	120 Gale St. Unit D, Aurora 630.897.1003	Substance abuse/alcohol evaluations and counseling. Anger management counseling.
Association for Individual Development—AID	400 Highland Ave., Aurora 630.966.4000	Adult services for individuals with developmental disabilities/cognitively impaired. Funding for respite care for children/adults (must find own respite worker). Training program for adults with Autism. Accepts Medicaid. Services in Spanish.