

Transcript for Parent Education Session 9

Four steps to make e-learning a win-win for you and your child

Introduction: This is a video provided by Lilian Wong in order to help build a win-win situation during online learning time. These four tips include: building a consensus, letting children have the right to choose, ensuring our learning, which is also a process of communication, and starting from self-management to cultivate children's independence. This video is in Chinese but has been translated to English.

Hello, my name is Lilian Wong, the ES dual language program leader.

Today I will share four tips with you to help online learning, making it a win-win for you and your children.

These four tips include: building a consensus, letting children have the right to choose, ensuring learning is a process of communication, and starting from self-management to cultivate children's independence.

The first step is to build a consensus with the children, but how can we start?

You can begin by discussing your expectations for online learning with each other.

Hopefully, your child will tell you whether they prefer you to sit next to them or leave them alone and come to check when they are studying.

After the discussion, pick 3-4 agreed upon points, for example:

“What time of day will they do their online learning?”

“Morning, afternoon or night?”

“What are the compulsory tasks each day?”

“When does the work need to be completed by?”

“Would it be okay if some work be completed the next day or within a week?”

Let them feel like they are the masters of their learning, for example:

“Can they decide what to do at the beginning of the day? Can they decide when to rest during the learning process?”

“What will be the length of these rest periods?”

The third is to let our learning become a kind of communication.

Children are studying at home and have no chance to share their ideas with their friends and teachers. So, as parents, we can play this role to help them study and learn. What matters is not to teach them what to do but explore what we do together.

It is important to let them feel that they have a person to talk to and communicate with.

Then, starting from self-management, cultivating children’s independence and establishing good habits is a good starting point. You can try to prepare all the tools for online learning (e.g. Computers) and create a good learning environment. Let the children get used to this self-management, and they will gradually know:

“I need to prepare myself well before I start studying.”

Then independence is cultivated through both the environment and the mentality.

The last tip is to make good use of the weekly overview shared by teachers.

You can work together to make a checklist according from the overview, and mark it every time they complete a task, which will enhance their sense of accomplishment.

That’s all for today’s sharing, see you next time.