



Pembroke Hill Lower School Menu December 2020

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	<p>1</p> <p><i>1-Baked Cod w/ Crumb Topping</i> <i>2-Caprese Flatbread w/ Tomato, Mozzarella & Basil</i> <i>4-Hot ham & Cheese Croissant</i> <i>Gemelli w/ Lemon & Garlic Vegetable Medley</i></p>	<p>2</p> <p><i>1-Beef soft tacos w/ sour cream & salsa</i> <i>2-Baked veggie & cheese Chimichanga</i> <i>3-Hot Chicken & Cheese wrap</i> <i>Tex Mex Couscous</i> <i>Refried beans</i></p>	<p>3</p> <p><i>1-Apple Baked Sheet Pan Pancakes w/ Maple Syrup</i> <i>2-Egg & Cheddar Breakfast Quiche</i> <i>3-Sun Butter & Jelly Sandwich</i> <i>Mini Potato Cakes/ sausage links/applesauce</i></p>	<p>4</p> <p><i>1-Bbq Chicken Tenders</i> <i>2-Cornbread Casserole</i> <i>3-Hot Corned Beef & Swiss/ brioche roll</i> <i>Butter & Herb Rice</i> <i>Steamed Baby Carrots</i></p>
<p>7</p> <p><i>1-Chicken Fried Rice</i> <i>2-Tofu & Asian Vegetables w/ Teriyaki Sauce/veggie fried rice side</i> <i>3-Turkey & Cheese Sandwich</i> <i>Veggie Egg Rolls</i> <i>Ginger Broccoli</i></p>	<p>8</p> <p><i>1-Sliced turkey w/ pan gravy</i> <i>2-Parmesan squash Bake</i> <i>3-Hot Ham & Cheese Croissant Sandwich</i> <i>Mashed Yukon gold potatoes</i> <i>Steamed Peas</i></p>	<p>9</p> <p><i>1-Penne w/ Meat sauce</i> <i>2-Penne w/ Marinara</i> <i>3-Hot Chicken & Cheese Wrap</i> <i>Roasted Cauliflower</i> <i>Garlic Breadstick</i></p>	<p>10</p> <p><i>1-Holiday Ham w/ Cherry Pineapple sauce</i> <i>2-Roasted Butternut Squash Turnover</i> <i>3-Sun Butter & Jelly sandwich</i> <i>Au Gratin Potatoes</i> <i>Sauteed Green Beans</i></p>	<p>11</p> <p><i>1-Sauteed Lemon Chicken</i> <i>2-Vegetable Stromboli</i> <i>3-Hot Turkey & Cheddar Bagel</i> <i>Wild Rice Pilaf</i> <i>Vegetable Medley</i></p>
<p>14</p> <p><i>1-Baked Potato w/ Chili, Sour Cream & Cheese</i> <i>2-Baked Potato w/ Three Bean Chili, Sour Cream & Cheese</i> <i>3-Turkey & Cheese sandwich</i> <i>Steamed Broccoli</i></p>	<p>15</p> <p><i>1-Roasted Chicken</i> <i>2-Vegetable Strata</i> <i>3-Hot Ham & Cheese sandwich</i> <i>Garlic & Herb Couscous</i> <i>Vegetable Medley</i></p>	<p>16</p> <p><i>1-Texas Cola Braised Beef Brisket</i> <i>2-Cauliflower Piccata w/ Lemon Sauce</i> <i>3-Chicken & cheese wrap</i> <i>Buttered Egg Noodles</i> <i>Honey Thyme Carrots</i></p>	<p>17</p> <p><i>1-Pulled Pork Sandwich</i> <i>2-House Made Veggie Burger</i> <i>3-Sun Butter & Jelly sandwich</i> <i>Bbq Kettle Chips</i> <i>Molasses Baked Beans</i></p>	<p>18</p> <p><i>Early dismissal</i></p>
<p>21</p> <p><i>Winter Break</i></p>	<p>22</p> <p><i>Winter Break</i></p>	<p>23</p> <p><i>Winter Break</i></p>	<p>24</p> <p><i>Winter Break</i></p>	<p>25</p> <p><i>Winter Break</i></p>
<p>28</p> <p><i>Winter Break</i></p>	<p>29</p> <p><i>Winter Break</i></p>	<p>30</p> <p><i>Winter Break</i></p>	<p>31</p> <p><i>Winter Break</i></p>	