

Family Engagement Opportunities

Substance, Anxiety, and Depression Webinars

All Webinars are from 6:30-7:30 and are offered in English and Spanish.

English: <https://zoom.us/j/95992802706?pwd=NkFHei8rSmltUWczamJjbHpCZDVBZz09>

Spanish: <https://zoom.us/j/97620352069?pwd=a1hKaFBjaVZSSGtaUS82a1rYWloUT09>

- Monday, Nov. 30th: Depression (part 2)
- Monday, Dec. 7th: Substance Use (part 1)
- Monday, Dec. 14th: Substance Use (part 2) and Recap

Don Your Mask!

SB County is now in the purple tier. Our case rate has increased drastically from 4.3 on Oct. 13th to 7.1 the week of Nov. 16. This is a major concern and it does impact our school. While we continue to prepare to open in Hybrid Learning on Jan. 19th, we know that we have to be in the red tier for at least two weeks prior in order to do so. Therefore, we need YOUR help. Parents, please make sure that your students are always following the safety and health guidelines of wearing a mask, practicing social distancing of 6 feet, not gathering in large crowds, and frequent washing of hands. Students, please follow the guidelines and encourage your friends to do so as well. Also, be sure to participate in our school's "Don Your Mask" campaign. Here are the instructions for the campaign:



"Don Your Mask"
Campaign Contest

Be Creative and Help Our Community Be Safe!
Help us create a variety of images and a series of videos that will serve as our campaign materials for Santa Barbara High School. The campaign is geared towards communicating to our community the importance of wearing a mask, practicing social distancing, washing hands, and not gathering in large groups.

There are two categories that you can enter:

1. Public Service Announcement: 30 sec or less video.
2. Poster/Flyer: Graphic with a slogan (see examples above).

Contest Rules:
Submissions must include SBHS colors, emblems, or logos. You can use the slogan "Don Your Mask" or come up with something different. Please email Barbara Bernabe for a copy of the logo or emblems. bernabeb@sbhsd.net

Due date for submissions: Monday, Dec. 7th
Submit to: bernabeb@sbhsd.net

Prizes for each category:
First: \$100 + SBHS swag
Second: \$75 + SBHS swag
Third: \$50 + SBHS swag

[English Flyer](#)

[Spanish Flyer](#)



Theater Arts Has Returned to Campus!

SBHS is happy to welcome one new performing arts small cohort on campus. In early November, Mr. Baldridge had his advanced theater students, split into two groups to ensure distancing, begin to come to campus twice a week. This opportunity allows students to rehearse together for upcoming performances. All staff on campus appreciate the sights and sounds of our talented performing arts students brightening our day!