

Exceptional Children Information for Parents

October 14, 2020



Public Schools of North Carolina
State Board of Education
Department of Public Instruction

<https://ec.ncpublicschools.gov>

Evidence-Based and Promising Practices to Support Continuity of Learning for Students with Disabilities

From Office of Special Education Programs

Evidence-based practices (EBPs) in education refer to teaching and learning strategies that have been shown by scientific research to be effective in improving academic and/or behavioral performance. Using an EBP does not guarantee that it will be successful with every child but does indicate that the practice has a greater chance of working than those without evidence. Promising practices are those that have shown potential to have positive impact on outcomes for students with disabilities but have not been subject to rigorous testing to demonstrate that impact.

The tables in the [article](#) describe research-supported practices for parents and families to support virtual instruction and skill development for children and students with disabilities. These tables present the name of each practice or category of practices, a brief description of the practice(s), examples of specific actions associated with the practice for general education as well as, where relevant and additional information about the practice can be found.

Some of the practices included are:

- Positive behavioral interventions and supports (PBIS)
- Reinforcement and rewards
- Self-regulation support
- Home to school communication
- Reading activities
- Phonological awareness activities
- Math activities
- Social relationships, interactions, and cooperation
- Emotional awareness
- Motor skill development and functional abilities

Check out previous newsletters for other resources.

<https://ec.ncpublicschools.gov/parent-resources/parent-newsletter-2020>

Important Links

- [Centers for Disease Control and Prevention](#)
- [U.S. Department of Education](#)
- [N.C. Department of Health & Human Services](#)
 - [Strong Schools NC Public Health Toolkit \(K-12\)](#)
- [N.C. Department of Public Instruction](#)
 - [Lighting Our Way Forward \(Summary\)](#)
- [No Kid Hungry](#)
- [NCDPI-COVID-19 Responses & Resources](#)

Upcoming Events

- Family Support Network of WNC: 10th Annual Regional [Transition into Adulthood Conference](#). Virtual sessions will be offered Monday's and Thursday's from 12-1:30 pm or 6:30-8 pm.
- The [2020 CIDD 'Virtual' Community Talk Series](#) presents "Growing up with Siblings with Intellectual/Developmental Disabilities- Panel Discussion." Panel will be October 14th from 6:30-8:00 pm. [Register here](#).

Do you have an upcoming event you'd like to share with the community? Please email with information.

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