



In an effort to minimize the spread of Covid-19, Arkansas Lighthouse Academies school districts continue to follow the guidelines of CDC and the Arkansas Department of Health. We will continue to screen and monitor scholars daily.

While COVID-19 does not cause illness in every person who becomes infected, it is highly contagious. Therefore, it is important to be alert to possible signs of Covid-19. The Center for Disease Control (CDC) has identified the most common symptoms reported in positive Covid-19 individuals. Below are the CDC symptoms your student may exhibit that suggest further evaluation for COVID 19. It is imperative for parent/guardians to conduct home screening of the following symptoms each morning prior to sending scholar on campus

Symptoms :

- |   |                           |
|---|---------------------------|
| *Fever over 100 degrees F                 | *Cough                    |
| *Shortness of Breath/difficulty breathing | *Chills                   |
| *Fatigue/muscle or body aches             | *Headache                 |
| *New loss of taste or smell               | *Sore throat              |
| *Congestion or runny nose                 | *Nausea/vomiting/diarrhea |
| *Other new onset of symptoms of illness   |                           |

If you are observing the symptoms below, immediately contact your medical provider. Emergency warning signs include:

- |                                       |   |
|---------------------------------------|---|
| *Trouble breathing                    | *Persistent pain or pressure in the chest |
| *New confusion or inability to arouse | *Bluish lips or face                      |

Please follow the following guidelines:

1. If your child has a temperature of 100.0°F degrees or higher, they **MUST** stay home from school.
2. Make sure your child does not have a sore throat or other signs of illness, like a cough, diarrhea, severe head or stomachache, vomiting, body-aches, or a loss of sense of taste or smell. If they develop these symptoms, they **MUST** stay home from school.
3. If your child has had close contact with a COVID-19 case, they **MUST** stay home from school.
4. If your child or anyone living in the household is awaiting Covid test results, they **MUST** stay home from school until test results have been received.
5. If anyone in the household has tested positive for Covid-19 or exhibiting signs and symptoms, they **MUST** stay home from school.

Finally, we ask that you please notify your school nurse if you are keeping your scholar(s) home for any of the above reasons or a scholar or household member has obtained a Covid-19 test.

Thank you for your continued support and partnership in keeping our school communities healthy and safe.

11/18/20 

