



The mission of the OUSD School Counseling Program is to provide a district-wide comprehensive, equitable, and accessible system of support to all students. Our students will acquire the knowledge, skills and attitudes needed to achieve academic success, college and career readiness, and healthy social/emotional development.

Our OUSD School Counseling Program fosters student success in a diverse and changing world by graduating students who are prepared to make a positive impact on humanity and meet the demands of their college, career, and life goals.

**Educational Background of Our Counselors:**  
All of our OUSD school counselors have a Bachelor's Degree, a Master of Science (MS) Degree in Educational Counseling, and a Pupil Personnel Services (PPS) Credential.

At Orange Unified, our school counselors support our students throughout their K-12 journeys in elementary, middle, and high school.

With the support of OUSD, our school counselors are trained in the ASCA National Model for School Counseling.

**ASCA National Model for School Counseling:**  
The ASCA Mindsets & Behaviors are organized into three broad domains: academic, career, and social-emotional development.

These domains promote mindsets and behaviors that enhance the learning process and create a culture of college and career readiness for all students.

## Community Resources:

- 211OC.org**  
Resources including mental health and basic needs.  
2-1-1 or (888) 600-4357
- Care Solace - OUSD Website**  
[www.orangeusd.org/counseling](http://www.orangeusd.org/counseling)
- Didi Hirsch - Mental Health Services**  
(888) 807-7250
- National Alliance on Mental Illness**  
(877) 910-9276
- National Suicide Prevention Lifeline**  
(800) 273-8255
- Orange County Health Care Agency**  
[www.ochealthinfo.com](http://www.ochealthinfo.com)
- OC Links**  
Behavioral Health Information and Referrals  
(855) 625-4657
- The Friendly Center**  
(714) 771-5300

For more information about our counseling programs and other support services, please visit our website at [www.orangeusd.org/counseling](http://www.orangeusd.org/counseling)



# Orange Unified School District

## SCHOOL COUNSELING COMMUNITY GUIDE

Providing Our Students Comprehensive Guidance For Educational Success

- OUSD District Office**  
1401 N. Handy Street  
Orange, CA 92867
- Student & Community Services**  
(714) 628-5424
- College, Career & Technical Education**  
(714) 628-5452
- Special Education**  
(714) 628-5550



- Mental Health
- Counseling
- Academic Help
- Career & Technical Education
- Student Workshops
- Parent Education
- Community Resources
- Crisis Interventions
- Group Activities
- High School Graduation
- College Prep



# Methods of Delivery for our Student and Family Support Services



## Instruction

- **Classroom Instruction:** School counselors instruct, cooperatively-teach, and provide assistance in teaching the school counseling curriculum.
- **Interdisciplinary Curriculum Development:** School counselors participate on interdisciplinary teams to develop and to refine curriculum in content areas.
- **Group Activities:** School counselors conduct planned small groups outside the classroom to respond to students’ identified needs or interests.
- **Parent Workshops and Instruction:** School counselors conduct workshops and informational sessions for parents or guardians to address the needs of the school community and to implement the school counseling curriculum.

## 1-to-1 Individual Student Planning

- **Individual or Small-group Appraisal:** School counselors analyze and evaluate students’ abilities, interests, skills, and achievement. Multiple Measures (grades, test scores, etc.) are used as the basis for helping students develop immediate and long-range plans.
- **Individual or Small-group Advisement:** School counselors advise students using educational, personal/social, career, and labor market information in planning personal, educational, and occupational goals.

## Responsive Services

- **Consultation:** School counselors consult with parents, colleagues, and community agencies regarding strategies to help students and families. School counselors serve as student advocates.
- **Individual and Small-group Counseling:** Counseling is provided in a small group or on an individual basis for students expressing difficulties dealing with relationships, personal concerns, or normal developmental challenges.
- **Crisis Counseling:** Counseling, comfort, and support are provided to students and families facing traumatic situations. School-based crisis response is offered on-site and is timely in nature.
- **Referrals:** School counselors use referral sources to address concerns such as suicidal ideation, violence, abuse, depression, anxiety, and family difficulties.
- **Peer Facilitation:** Many school counselors train students as peer mediators, conflict managers, tutors, and mentors.
- **Strategic Interventions:** School counselors customize educational experiences in order to enhance capabilities and support positive choices.

## Systematized Support

- **Professional Development:** School counselors attend professional development workshops on a regular basis to stay current in best practices across all three domains: academic, career, and personal/social.
- **Collaboration and Teaming:** Through consultation, partnering, collaboration and teaming with one another, school counselors make important educational and psychological contributions to the school system.
- **Program Management and Operations:** School counselors plan and implement guidance lessons and other support activities conducted through the school counseling program.
- **Data Analysis:** School counselors regularly analyze student achievement and| progress. Counselors also use data to evaluate the site-level counseling program and conduct research on activity and counseling lesson outcomes.



# OUSD MULTI-TIERED, MULTI-DOMAIN SYSTEM OF SUPPORTS

