

ROCKET PROPULSION NEWSLETTER

Soar Junior High Quarter 2

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CONGRATULATIONS TO OUR STUDENTS OF THE MONTH FROM SEPTEMBER & OCTOBER

September

Brina Diaz
Janna Dominique De La Cruz
Caleb Downs
Chelsea Kimathi
Airianna Hernandez
Jesse Hernandez
Madeline Rasch Herrera
Alexandrea McClain
Isabella Nicolas

October

Leanna Avalos Lugo
Sofia Contreras
Veronica Delgado
Eduardo Hernandez Walker
Chukwuebuka Onianwa
Rafael Pineda
Sachin Perera
Lily Rosenblatt
Sophia Talley

**CHALLENGE
ACCEPTED
STAY POSITIVE
WORK HARD
MAKE IT HAPPEN**

COUNSELING CORNER

Smile at Yourself: Become more confident and comfortable with who you are! Research shows us that smiles are powerful, they can even release certain neuropeptides that can help you feel better. That means smiling can actually trick your brain into creating positive emotions. Learn more about the science of smiling!

AVID ORGANIZATIONAL TIP

Be PREPARED

- Have a piece of paper and pencil out when completing math problems and save work to review process with teacher or tutors
- Whiteboard and expo markers can be useful with math

Review Notes Daily

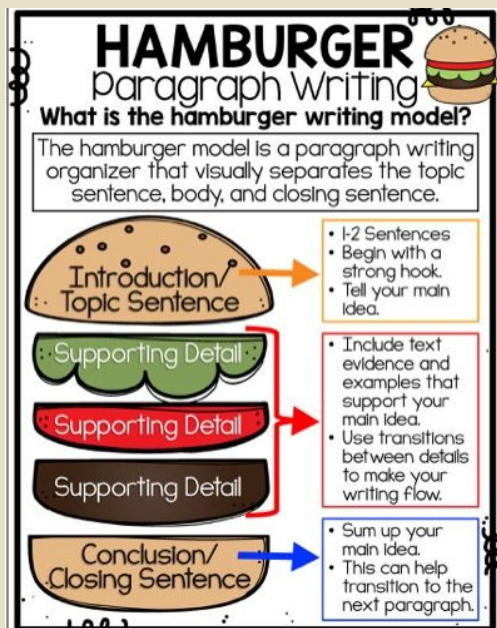
- Highlight Important Information
- Circle or Underline Key Words or Phrases
- Make sure Summaries includes answering the Essential Question

Reviewing Notes Daily will help you study for any upcoming homework assignments, quizzes or tests.

RESOURCES AVAILABLE FOR YOU

Need additional help?

- Tutor.com
- BIG IDEAS Math tutor with videos included to solve problems
- Weekly tutorial help



IMPORTANT DATES

November & December Dates

November 11- Veterans Day No School

November 19- Spirit Wear Pick Up 1-2:30pm

November 23-27- Thanksgiving Break
No School

December 21-January 8- Winter Break
No School

TECHNOLOGY TIP

Please DO NOT share your usernames or passwords with anyone for any reason at all. If you receive an email from Google Security letting you know someone has logged into your account, please change your password and email Mr. Valencia (jvalencia@avhsd.org) ASAP

**SHOW BEHAVIORS
OF PREPARED,
RESPECTFUL,
ENGAGED, & PRIDE!**

**ADD US ON
INSTAGRAM AT
SOARJUNIOR HIGH**