

**FAMILY AND CONSUMER  
SCIENCES  
(FACS)**

**SUPPORTING FAMILY LIFE**

The focus of Family and Consumer Science Department offers courses that enable students to build, maintain and strengthen interpersonal relationships, apply logical thinking skills in making living decisions, and develop effective life management skills through hands-on activities.

Department course offerings include:

**CHILD DEVELOPMENT**

Infant & Toddler Development 9-12

Child Development A, 9-12

Intro to Elementary Education 11-12

**FOODS**

Foods A/Foods and You 9-12

Foods B/Creative Foods 9-12

**FAMILY LIFE/INDEPENDENT ISSUES**

Exploring Relationships 11-12

Life 101 (Independent Living) 10-12

**HOUSING**

Interior Design A, 9-12

**HOSPITALITY MANAGEMENT**

Career Development Course 11-12

THE BOARD OF EDUCATION STRONGLY RECOMMENDS ENROLLING IN A MINIMUM OF ONE FAMILY LIFE CLASS PRIOR TO GRADUATION. **Family and Consumer Sciences** classes which fulfill this recommendation are **Exploring Relationships, and Child Development A or Infant and Toddler Development.**

**COURSES OFFERED TO STUDENTS IN GRADE 9,10,11 and 12**

0401 Foods A

Grades 9,10,11,12

Prerequisite: None

Learn to cook from more than just a box by gaining up-to-date information about healthy eating, food preparation, and food safety and sanitation. Through hands-on lab involvement, basic cooking skills will be put into practice as you prepare and eat; quick breads including coffeecake, and homemade waffles; dairy foods including enchiladas, and smoothies, soups and salads, fruits, and lasagna.

**NOTE: We request monetary donations to cover the cost of food consumed.**

## FAMILY AND CONSUMER SCIENCES COURSES

### 0407 Foods B

Grades 9,10,11,12

Prerequisite: Successful Completion of Foods A

Freshen up and build on the foods skills gained in Foods A. We will start with Chocolate and candy cooking. Next we will look at yeast breads with labs making pretzels, calzones, and caramel rolls. Pizza, pasta and Italian cooking units will be made. New in Foods B, Tailgating foods! Outdoor cooking with our grilling unit making burgers, chicken kabobs, pizza and more!

**Note: We request monetary donations to cover the cost of food consumed.**

### 0403 Child Development A

Grades 9,10,11,12

Prerequisite: None

Thinking about working with children? How will studying children help you? Whether you are interested in working directly with children or being a parent some day, learning about children will help you better understand them as well as yourself. In this class you will see that children go through many stages of growth and development. You will study the physical, social, emotional, and intellectual development of pre-school age children. You will apply your knowledge and develop effective skills in observation, guidance, planning and implementing curriculum by providing a safe, child-centered environment in an actual **pre-school program** which runs approximately six weeks. Have fun and experience the unique relationship of working with three, four and five year old children.

### 0405 Infant and Toddler Development

Grades 9,10,11,12

Prerequisite: None

Caring for a newborn, chasing a toddler, planning birthday parties and more. This course will give you the background needed in understanding newborn and toddler's physical/intellectual/social emotional development. Focusing on newborns to age two and their milestones. Through guest speakers and real life experiences you will understand the financial costs and rewards of infants and toddlers.

### 0406 Interior Design A

Grades 9,10,11,12

Prerequisite: None

Love to decorate? Do you like to rearrange your furniture and search for new finds? Like to work with color and design? If so, then this course is for you. Activities will include design principles and elements, housing choices, floor plan arrangements, furniture selections and accessories. Students will design and present an original design project. The arts standard will be offered in this course. **THIS CLASS MEETS THE MINNESOTA ARTS STANDARD FOR GRADUATION.**

**COURSES OFFERED TO STUDENTS IN GRADE 10, 11 and 12**

0430 Life #101 (Independent Living)

Grades 10, 11, 12  
Prerequisite: None

Financial literacy is a must have in preparing for life after high school. This course will give you the financial keys to understanding how to budget, the cost of living on your own, buying or leasing a car, renting an apartment, credit card responsibility, identity theft, and living with a roommate. Manners, etiquette, and appropriate use of social media in the workplace and practical life skills will be taught, as they are important components to living on your own.

0431 Exploring Relationships

Grades 10, 11,12  
Prerequisite: None

Dating, marriage, wedding planning, birth order and communicating with others sound interesting? Exploring Relationships will discuss the responsibilities of healthy dating, marriage and maintaining those other personal relationships. Issues such as rape, divorce and abuse will be covered. The course will enable you to recognize and deal with the many challenging issues facing families today. The course is strongly recommended by the Board of Education and the administration to be completed by every student prior to graduation.

0449 Intro to Elementary Education

Grades 11,12  
Prerequisite: None

This program involves linking high school students with elementary school students in a caring and supportive relationship. While at the elementary school, they will have the opportunity to work one-on-one with small groups and the communications and organization. Students are required to Journal daily. A recommended background for success: students must have their own transportation to the elementary school. Students must be professional, self-motivated and possess strong reading and math skills. College observation hours can also be attained through this course!

**Note: Students must provide their own transportation to and from the elementary school.**

7756 Event Planning and Management A : Fall Trimester

Prerequisite: None  
Site: Eagan High School

In this course, students will gain hands-on experience of the exciting world of event planning. They will experience through the eyes of an event planner the planning, publicity, budgeting, and execution of several events: Veteran's Day, Event for Teachers, Working with the theater to promote upcoming shows. Some of the field trips that students attend during this trimester are: Mall of America, Yellow Barn Wellness, Students take the Amtrak train to Redwing and visit Wabasha's Sept/Oct fest.

\*The Event Planning elements in this course will be ongoing throughout the year.

7757 Travel & Tourism/Industrial Cooking B: Winter Trimester

Prerequisite: None  
Site: Eagan High School

Travel and Tourism is critical to Minnesota's economy. Students will learn about all aspect of personal travel and planning a trip for others. This course will take students beyond traditional vacation planning to explore trips that include adventure travel, theatre and sporting events. Students this trimester will also research the impact food has on any event, how the restaurant industry is accommodating food allergies, and students will earn their ServSafe certificate so they can enter into food related careers with an industry recognized certificate. Some of the field trips and hands-on learning for this trimester include: Hosting a WOW breakfast for EHS staff and students, visiting Midtown Global Market, preparing a meal for the Minneapolis Crisis Nursery and also Ronald McDonald house.

7758 Hotel & Restaurant C: Spring Trimester

Prerequisite: None  
Site: Eagan High School

If you enjoy customer service, the hotel and restaurant industry may be part of your career path. Students will learn about a range of career opportunities in the “Front of the house” and in the Back of the house”. Learn about ways to work directly with consumers or to combine your interests in technology, accounting, or management with hospitality. The possibilities are endless! Some of the hand-on learning this trimester include job shadow experiences at local hotels and restaurants, students will also host the Graduation for the Special Education students and their families.

\*Students that successfully complete Hospitality Management A, B and/or C may have the opportunity to earn Articulated College Credit from a post-secondary institution.