

At-a-Glance COVID-19 Handout

*NC DHHS has clarified that in order for someone (student or employee) to return to school after having symptoms that could be COVID-19, a **negative molecular PCR (polymerase chain reaction) COVID test**, rather than a rapid antigen test, is required along with the other below details.*

Student or Staff	Feels Sick	Symptoms Detected Upon Arrival at School	Develops Symptoms at School	Reports Exposure Within the Last 2 Weeks, No Symptoms	Reports Diagnosis Less than 10 Days Ago, No Symptoms
Action	Stay Home	Child or staff will not be allowed to enter facilities and must return home immediately.	Child or staff will be isolated in designated area and sent home.	Child or staff will not be allowed to enter facilities and must return home immediately.	Child or staff will not be allowed to enter facilities.
Contact	Health care provider for diagnosis, clearance to return, and/or testing referral.	Parent, guardian or caregiver will be contacted to transport child home and to seek medical care.	Parent, guardian or caregiver will be contacted to transport child home and to seek medical care.	Parent, guardian or caregiver will immediately transport child home and will seek medical care	Child or staff will not be allowed to enter facilities and must return home immediately.
Quarantine	Dictated by symptoms and/or diagnosis. See Return to School.	Dictated by symptoms and/or diagnosis. See Return to School.	At least 10 days after appearance of first symptoms.	14 days after last close contact.	10 days after first positive COVID-19 test.
Cleaning	N/A	N/A	Areas closed off for at least 24 hours and then cleaned and disinfected.	If child or staff tests positive after exposure, MSD will follow directions from Durham County Public Health Department.	N/A
Notification	Dictated by symptoms and/or diagnosis.	If positive diagnosis, MSD will notify Durham County Public Health Department and follow their guidance about notifications for families and staff, and follow any additional instructions about facilities closures and contact tracing.	If positive diagnosis AND symptomatic, MSD will notify Durham County Public Health Department and follow their guidance about notification for families and staff, and follow any additional instructions about facilities closures and contact tracing.	If child or staff tests positive after exposure, MSD will notify Durham County Public Health Department and follow their guidance about notifications for families and staff, and follow any additional instructions about facilities closures and contact tracing.	MSD will notify Durham County Public Health Department and follow their guidance about notifications for families and staff, and follow any additional instructions about facilities closures and contact tracing.

Student or Staff	Feels Sick	Symptoms Detected Upon Arrival at School	Develops Symptoms at School	Reports Exposure Within the Last 2 Weeks, No Symptoms	Reports Diagnosis Less than 10 Days Ago, No Symptoms
<p>Return To School</p>	<p>Child or staff with COVID-19 symptoms may return to school if they:</p> <ul style="list-style-type: none"> • have a negative COVID-19 test, • are fever-free and symptom free for 24 hours, and • have a physician's note of an alternative diagnosis or clearance to return. <p>If symptoms are not those of COVID-19, a child can return if they:</p> <ul style="list-style-type: none"> • have a physician's note of an alternative diagnosis or clearance to return and their return is in line with school illness policy from the Family Handbook. <p>If diagnosed with COVID-19, child or staff may return after 10 days since first symptoms, at least 24 hours have passed since recovery*and improvement in respiratory symptoms. They should also provide a statement from their physician clearing them to return as long as that is in line with school policy.</p>	<p>If diagnosed with COVID-19, child or staff may return after 10 days since first symptoms, at least 24 hours have passed since recovery*and improvement in respiratory symptoms. They should also provide a statement from their physician clearing them to return as long as that is in line with school policy.</p> <p>If COVID-19 test is negative, the child or staff may return to school if they have:</p> <ul style="list-style-type: none"> • a negative COVID-19 test, • are fever-free and symptom free for 24 hours, and • have a physician's note of an alternative diagnosis or clearance to return. 	<p>If diagnosed with COVID-19, child or staff may return after 10 days since first symptoms, at least 24 hours have passed since recovery*and improvement in respiratory symptoms. They should also provide a statement from their physician clearing them to return as long as that is in line with school policy.</p> <p>If COVID-19 test is negative, the child or staff may return to school if they have:</p> <ul style="list-style-type: none"> • a negative COVID-19 test, • are fever-free and symptom free for 24 hours, and • have a physician's note of an alternative diagnosis or clearance to return. 	<p>Child or staff may return to school 14 days after last close contact, IF no symptoms develop and they have a negative COVID-19 test.</p> <p>If diagnosed with COVID-19, child or staff may return after 10 days since first symptoms, at least 24 hours have passed since recovery* and improvement in respiratory symptoms. They should also provide a statement from their physician clearing them to return as long as that is in line with school policy.</p>	<p>Child or staff may return to school 10 days after first positive COVID-19 test, 24 hours fever free** and improvement in respiratory symptoms, assuming they have not developed symptoms since that test.</p> <p>Individuals who receive a positive COVID-19 test should provide a statement from their physician clearing them to return as long as that is in line with school policy.</p>

* Recovery is defined as the resolution of symptoms and absence of fever without the use of fever-reducing medications.

** Fever-free is defined as the absence of fever without the use of fever-reducing medicines.

Testing

Testing is done based on CDC recommendation for those with symptoms, those who do not have symptoms, but came in close contact with someone who has tested positive, and those who are in a CDC-defined high-risk group. MSD recommends that employees and families utilize their primary care physician (PCP) to seek medical care. CDC does not recommend widespread, asymptomatic testing, and instead recommends that all individuals take preventative measures including wearing face coverings and maintaining physical distancing to reduce the spread of the COVID-19 virus.

For more information, call the NCDHHS hotline at 2-1-1 or 888-892-1162 (available 24/7), or the Durham County COVID-19 Hotline at 919-635-8150 (available 8:30 a.m.-5 p.m., Monday through Friday).

MSD will coordinate with the Durham County Department of Public Health to determine when and how to inform families, students, faculty and staff as appropriate and maintain privacy and confidentiality as required by law. MSD may also decide to issue notifications above and beyond what public health notification guidelines call for. Suspected and confirmed cases will be reported to the MSD COVID-19 response team, including but not limited to the Administrative Team.