

Rankin County School District

Dec 1, 2020 thru Dec 31, 2020

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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Generated on: 11/16/2020 7:42:50 AM

	Portion Size	Carb (g)
Tue - 12/01/2020		
Lunch K-8	Total	
Fish Sticks, Baked MS222	4 nuggets	22.0
Tater Tots	1/2 cup	16.0
Chef Salad, Elementary, MS601	1 salad	15.27
Croutons, PC, .5 Gram,PC,#1318	1 packet	9.0
Saltine Crackers, ENR,C MS1369	2 4-count packs	18.0
Fresh Fruit Bowl VarietyMS1244	1 each	21.72
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	23.0
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	11.0
Weighted Daily Average		135.99
% of Calories		55.2%
Nutrient Guideline		

Wed - 12/02/2020		
Lunch K-8	Total	
Sloppy Joe on WW Bun RCSDMS791	1 each	32.74
Assorted bag chips	Bag	20.0
Baked Beans MS1000	1/2 cup	36.85
Chilled Peach Slices MS1274	1/2 cup	17.49
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	11.0
Weighted Daily Average		53.64
% of Calories		53.5%
Nutrient Guideline		

Thu - 12/03/2020		
Lunch K-8	Total	
Vegetable Beef Soup MS816	1 cup	11.24
Grill Cheese Sand 1 oz MS762	sandwich	28.46
Ranch Club Wrap Mer MS772	2 halves	30.11
Green Beans, Canned, MS1036	1/2 cup	4.45
Chilled Pears Diced MS1283	1/2 cup	20.69
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	11.0
Weighted Daily Average		81.10
% of Calories		53.4%
Nutrient Guideline		

Fri - 12/04/2020		
Lunch K-8	Total	
Cheeseburger 2 oz., US MS728.1	1 each	34.23
Fried Straight Cut Fry, MS1090	1/2 cup	15.2
Fresh Fruit Bowl VarietyMS1244	1 each	21.72
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	11.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	1.0
Mustard, PC, MS1538	1 packet	0.29
Ketchup PC MS1528	1 packet	3.0

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	Portion Size	Carb (g)
Weighted Daily Average		91.62
% of Calories		54.8%
Nutrient Guideline		

Mon - 12/07/2020		
Lunch K-8	Total	
Spicy Chicken Sand MS736	1 each	42.63
Glazed Carrots MS1018	1/2 cup	9.28
Pineapple Tidbits MS1286	1/2 cup	18.87
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	11.0
Weighted Daily Average		59.12
% of Calories		54.7%
Nutrient Guideline		

Tue - 12/08/2020		
Lunch K-8	Total	
Hot Ham and Cheese Croissant	1 each	29.89
Chef Salad, Elementary, MS601	1 salad	15.27
Saltine Crackers, 2 grain	4-count packs	9.0
Croutons, PC, .5 Gram,PC,#1318	1 packet	9.0
Whole Kernel Corn, CND, MS1032	1/2 cup	14.6
Fresh Fruit Bowl VarietyMS1244	1 each	21.72
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	11.0
Weighted Daily Average		48.26
% of Calories		45.9%
Nutrient Guideline		

Wed - 12/09/2020		
Lunch K-8	Total	
Beef Taco w/SoftTaco, UMS109.1	1 taco	20.79
Pinto Beans Legumes MS1003	1/2 cup	26.26
Fresh Fruit Bowl VarietyMS1244	1 each	21.72
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	11.0
Weighted Daily Average		52.26
% of Calories		52.1%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 12/10/2020		
Lunch K-8	Total	
Turkey & Dressing Supreme MS568	1 Piece	33.3
Cranberry Sauce Portion MS1230	1 ounce	11.29
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	31.0
Yogurt/Cheese/Cinna Goldfish	plate	53.0
Brown Gravy, Package MS1506	2 ounces	5.18
Mashed Potatoes MS1078	1/2 cup	15.12
Green Peas, Canned MS1071	1/2 cup	14.26
Fresh Fruit Bowl Variety MS1244	1 each	21.72
Milk, FF Choc 1/2 pt. PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt. PF MS1708	1/2 pint	11.0
Yellow Cake Cream Cheese Icing	Serving	85.12
Weighted Daily Average		175.90
% of Calories		65.7%
Nutrient Guideline		

Fri - 12/11/2020		
Lunch K-8	Total	
Cheeseburger 2 oz., US MS728.1	1 each	34.23
Crinkle Cut Fries Baked MS1088	1/2 cup	12.15
Fruit Cocktail MS1248	1/2 cup	14.91
Milk, FF Choc 1/2 pt. PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt. PF MS1708	1/2 pint	11.0
Mayonnaise PC Reduce Ft MS1534	PC Packet	1.0
Mustard, PC, MS1538	1 packet	0.29
Ketchup PC MS1528	1 packet	3.0
Weighted Daily Average		61.30
% of Calories		49.4%
Nutrient Guideline		

Mon - 12/14/2020		
Lunch K-8	Total	
BBQ Chicken Sandwich MS714	1 each	37.19
Assorted bag chips	Bag	20.0
Baked Beans MS1000	1/2 cup	36.85
Fresh Fruit Bowl Variety MS1244	1 each	21.72
Milk, FF Choc 1/2 pt. PF MS1700	1/2 pint	23.0
Milk, FF White 1/2 pt. PF MS1706	1/2 pint	11.0
Weighted Daily Average		149.76
% of Calories		69.7%
Nutrient Guideline		

Tue - 12/15/2020		
Lunch K-8	Total	
Spaghetti & Meat Sauce RCSD MS178	1 serving	27.33
Toast, Garlic WW MS1351	1 slice	15.0
Green Beans, Canned, MS1036	1/2 cup	4.45
Strawberries, Frozen MS1294	1/2 cup	12.12
Milk, FF Choc 1/2 pt. PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt. PF MS1708	1/2 pint	11.0

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	Portion Size	Carb (g)
Weighted Daily Average		55.02
% of Calories		51.3%
Nutrient Guideline		

Wed - 12/16/2020		
Lunch K-8	Total	
Pizza, Stuffed Crust MS304	1 slice	36.0
Whole Kernel Corn, CND, MS1032	1/2 cup	14.6
Chilled Peach Slices MS1274	1/2 cup	17.49
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	11.0
Weighted Daily Average		74.47
% of Calories		59.0%
Nutrient Guideline		

Thu - 12/17/2020		
Lunch K-8	Total	
Cheeseburger 2 oz., US MS728.1	1 each	34.23
Spicy Fries, Baked MS1100	1/2 cup	20.76
Fruit Cocktail MS1248	1/2 cup	14.91
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	23.0
Milk, LF White 1/2 pt.PFMS1708	1/2 pint	11.0
Weighted Daily Average		60.86
% of Calories		57.6%
Nutrient Guideline		

Fri - 12/18/2020		
Lunch K-8	Total	
BRUNCH	1	*N/A*
Weighted Daily Average		*N/A*
% of Calories		*N/A%*
Nutrient Guideline		

Mon - 12/21/2020		
Lunch K-8	Total	
HOLIDAY	1	*N/A*
Weighted Daily Average		*N/A*
% of Calories		*N/A%*
Nutrient Guideline		

Tue - 12/22/2020		
Lunch K-8	Total	
HOLIDAY	1	*N/A*

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		*N/A* *N/A%*
Nutrient Guideline		

Wed - 12/23/2020		
Lunch K-8 HOLIDAY	Total 1	*N/A*
Weighted Daily Average % of Calories		*N/A* *N/A%*
Nutrient Guideline		

Thu - 12/24/2020		
Lunch K-8 HOLIDAY	Total 1	*N/A*
Weighted Daily Average % of Calories		*N/A* *N/A%*
Nutrient Guideline		

Fri - 12/25/2020		
Lunch K-8 HOLIDAY	Total 1	*N/A*
Weighted Daily Average % of Calories		*N/A* *N/A%*
Nutrient Guideline		

Mon - 12/28/2020		
Lunch K-8 HOLIDAY	Total 1	*N/A*
Weighted Daily Average % of Calories		*N/A* *N/A%*
Nutrient Guideline		

Tue - 12/29/2020		
Lunch K-8 HOLIDAY	Total 1	*N/A*
Weighted Daily Average % of Calories		*N/A* *N/A%*
Nutrient Guideline		

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	Portion Size	Carb (g)
Wed - 12/30/2020		
Lunch K-8 HOLIDAY	Total 1	*N/A*
Weighted Daily Average % of Calories		*N/A* *N/A%*
Nutrient Guideline		

Thu - 12/31/2020		
Lunch K-8 HOLIDAY	Total 1	*N/A*
Weighted Daily Average % of Calories		*N/A* *N/A%*
Nutrient Guideline		

Weighted Average		47.36 56.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	47.36	56.67%						

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