



COVID INFORMATION

Situational Scenarios and Definitions

St. Francis will be using the Center for Disease Control's definition of close contact*, which is defined for COVID-19 as "someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated." (source: CDC.gov updated guidelines October 21, 2020)

Some helpful examples:

- You were within six feet of someone who has COVID-19 for at least 15 minutes (regardless of whether you or the person with COVID-19 wore a face covering).
- You provided care at home to someone who has COVID-19.
- You had direct physical contact with a confirmed or probable COVID-19 individual (touched, hugged, or kissed them).
- You shared eating or drinking utensils with a confirmed or probable COVID-19 individual.
- A confirmed or probable COVID-19 individual sneezed, coughed, or somehow got respiratory droplets on you.
- You recently visited a nursing home.
- You visited a geographical region where COVID-19 transmission is prevalent.

*If you have been in close contact with someone who has tested positive for COVID-19, you must begin a 14-day home isolation. During this time you will self monitor for symptoms and separate yourself from others in the household. Symptoms may appear within 2-14 days after exposure to the virus. If you develop symptoms of COVID-19 (fever/chills, cough, difficulty breathing, fatigue, body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea/vomiting, or diarrhea), contact your doctor for further evaluation.

POSSIBLE EXPOSURE AND MANAGEMENT SCENARIOS:

Scenario

Student had close contact with someone who suspected they have COVID-19.
COVID-19 lab testing is negative:

Example:

Student had close contact with a child at camp who developed fever. COVID-19 testing was negative.

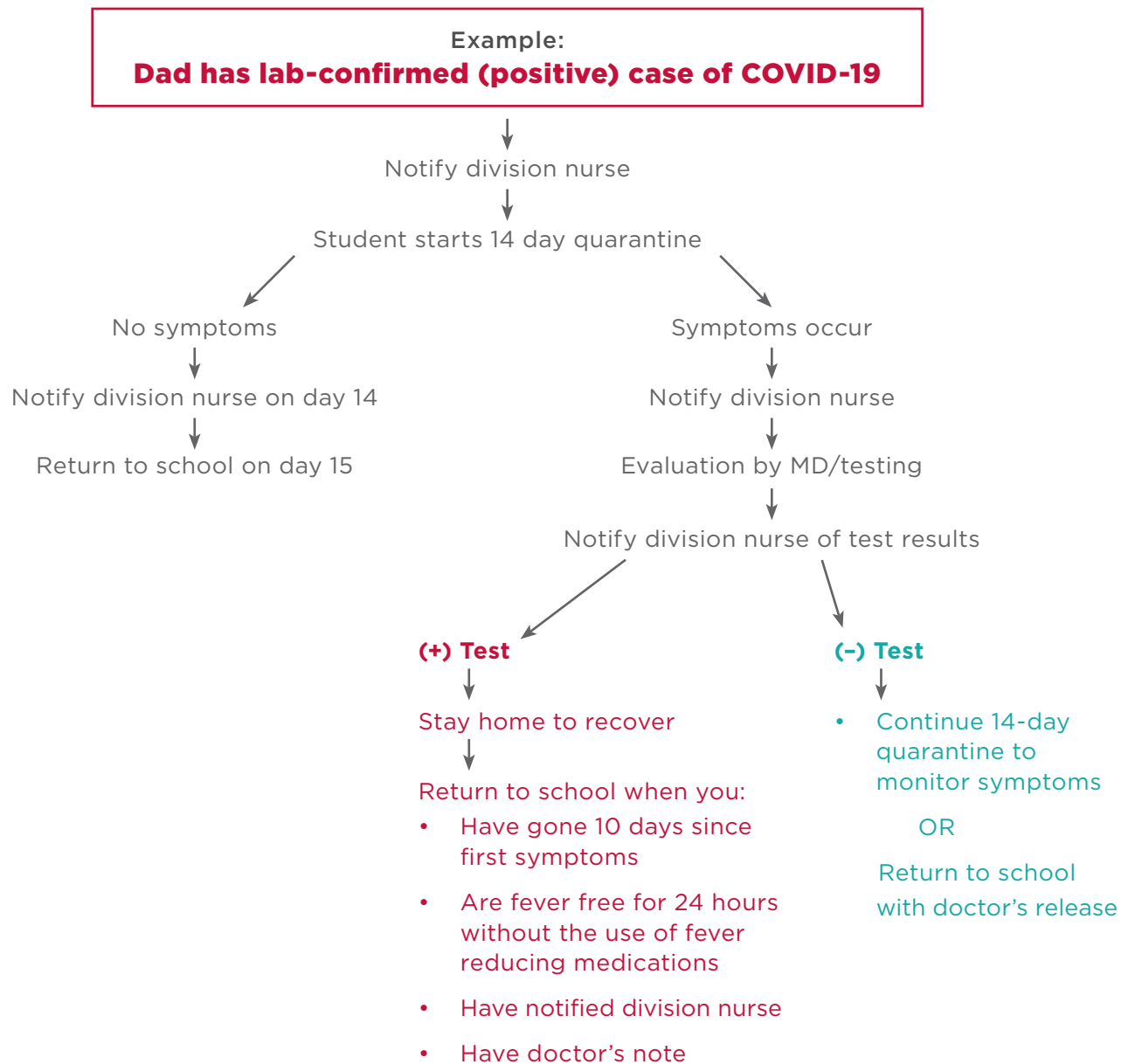


Student may come to school

POSSIBLE EXPOSURE AND MANAGEMENT SCENARIOS:

Scenario

Immediate family member (living in the same household) has **lab-confirmed (positive)** COVID-19:

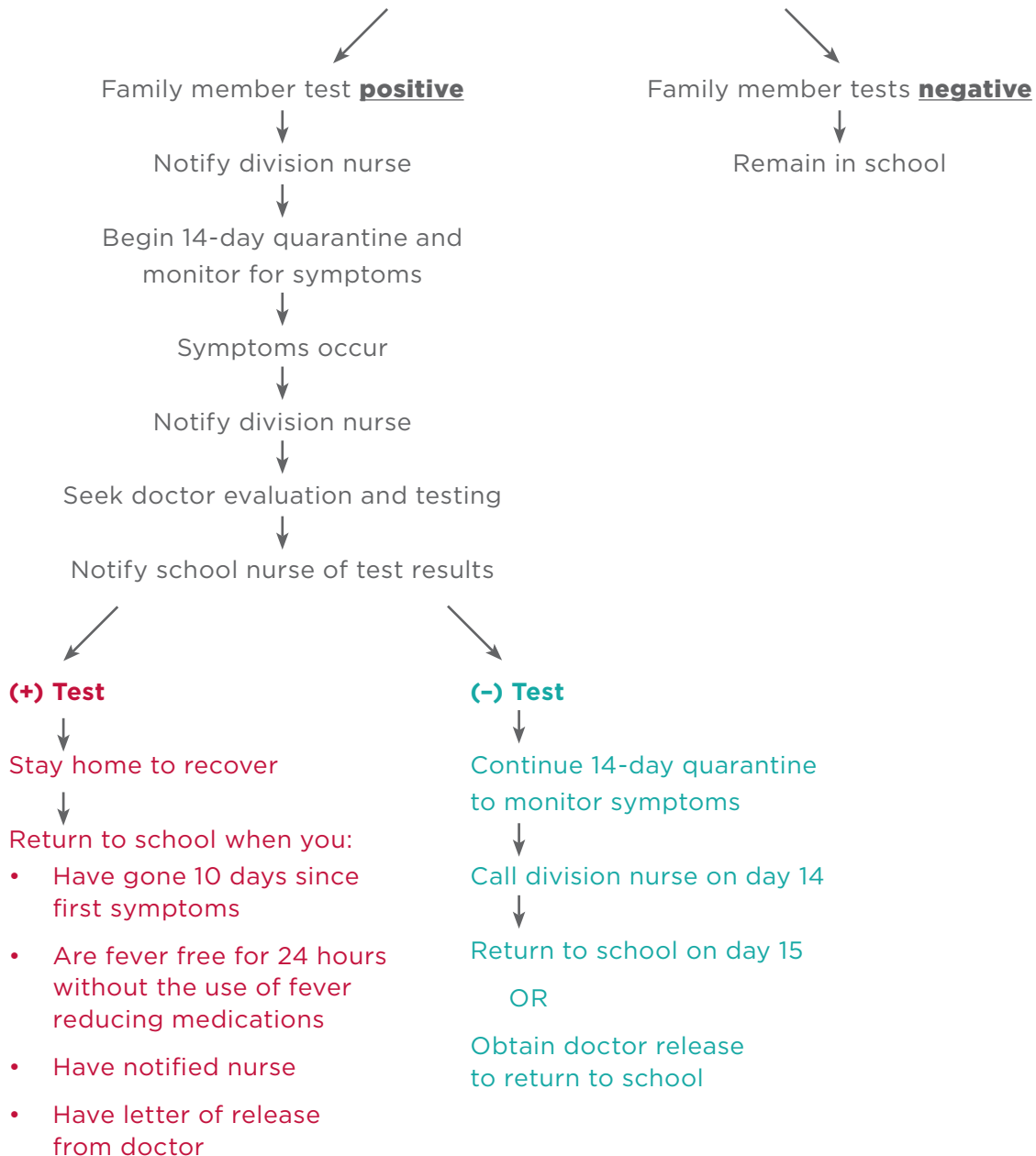


POSSIBLE EXPOSURE AND MANAGEMENT SCENARIOS:

Scenario

Immediate family member is “*suspected*” of having COVID-19:

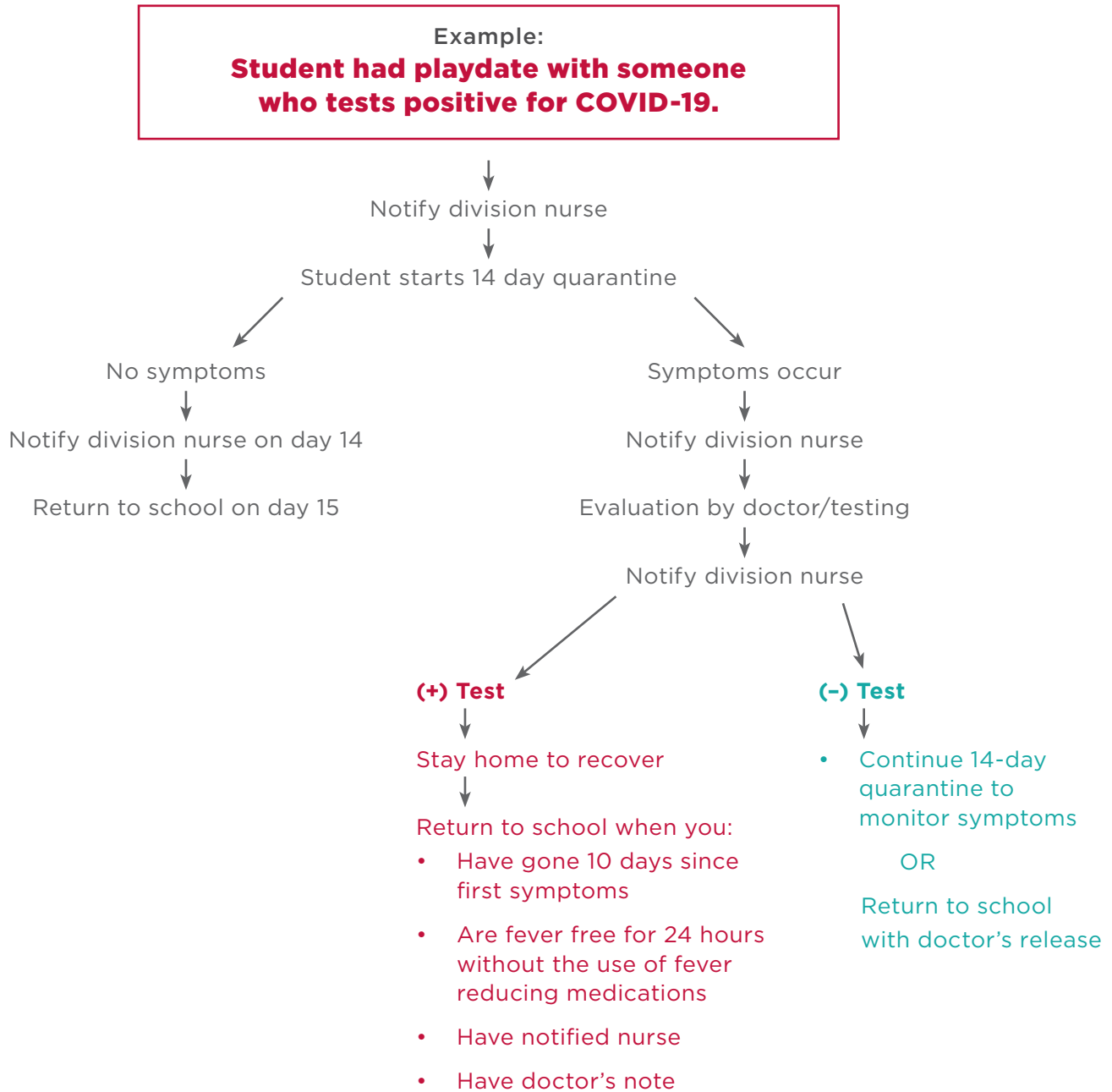
**Example:
Brother has symptoms of COVID-19. Brother will
isolate from others and await test results.**



POSSIBLE EXPOSURE AND MANAGEMENT SCENARIOS:

Scenario

Student had close contact with a lab-confirmed (positive) COVID-19 case:

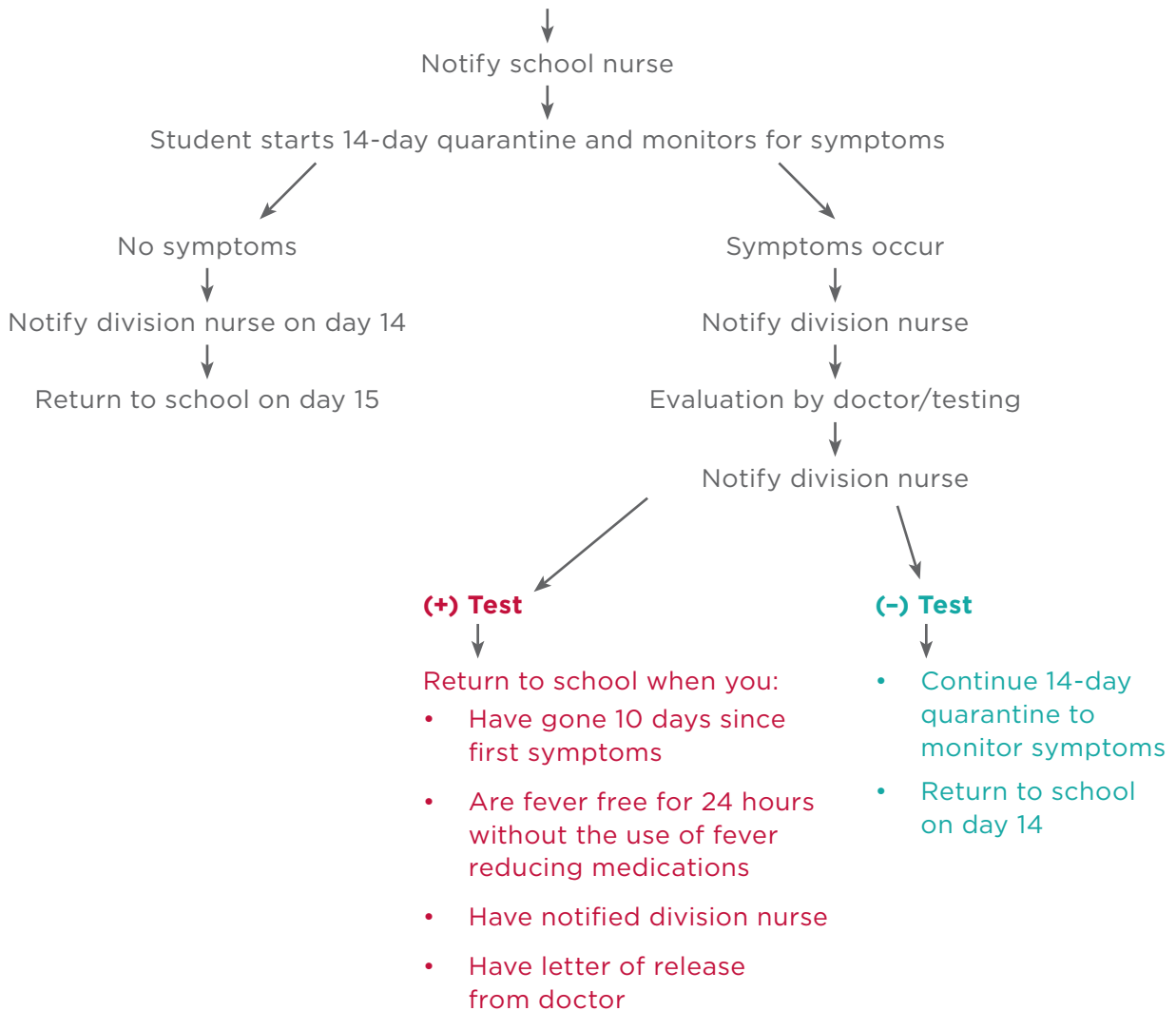


POSSIBLE EXPOSURE AND MANAGEMENT SCENARIOS:

Scenario

Student had close contact with an asymptomatic person, two days later, the asymptomatic person has symptoms and is lab-confirmed (positive) for COVID-19:

Example:
Aunt Jenny comes over for dinner and swimming on Saturday.
Monday morning she wakes up with a fever and cough.
She tests positive for COVID-19.

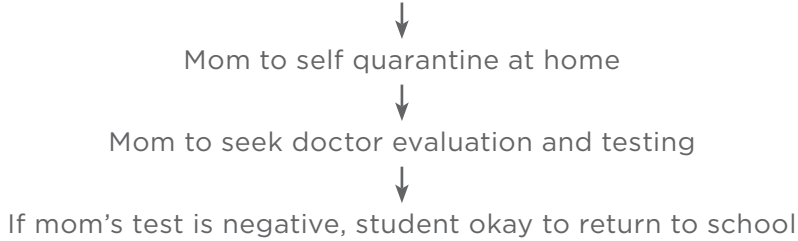


POSSIBLE EXPOSURE AND MANAGEMENT SCENARIOS:

Scenario

Immediate family member had **close contact** with a **suspected** case of COVID-19:

Example:
At work, Mom had close contact with a coworker who is having symptoms similar to COVID-19.

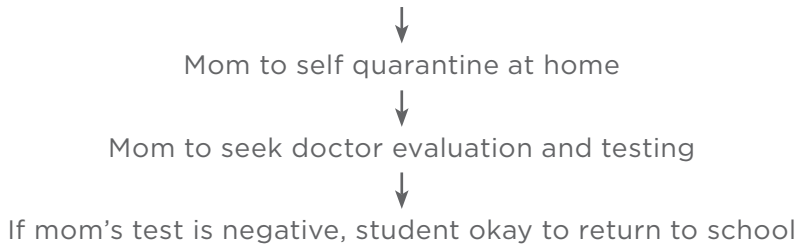


POSSIBLE EXPOSURE AND MANAGEMENT SCENARIOS:

Scenario

Immediate family member had **close contact** with a lab confirmed **positive** COVID-19 case:

Example:
Mom had close contact with a coworker who tests positive for COVID-19.



If you have any questions, please do not hesitate to reach out to the St. Francis school nurses:
Piney Point Campus - Nicki Newell, RN nnewell@stfrancishouston.org or 713-465-6128
Couper Campus - Debbie Toler, RN dtoler@stfrancishouston.org or 713-465-6167

****PREPARE IN ADVANCE** • Talk with your family about what precautions should be taken if someone were to become sick, and plan which room(s) in the home could be used for isolation.

FROM THE CDC JULY 16, 2020: THE FOLLOWING SCENARIOS PUT FORTH BY THE CDC ARE VERY HELPFUL. SCENARIO 4 COVERS A NEW SITUATION.

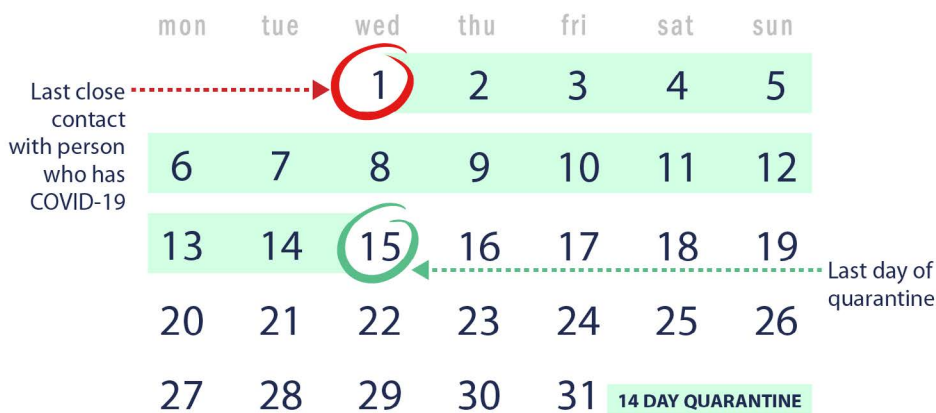
Scenario 1: Close contact with someone who has COVID-19—will not have further close contact

* Isolation practices (masks, separate rooms) is encouraged within the household.

I had close contact with someone who has COVID-19, and will not have further contact or interactions with the person while they are sick. [e.g., co-worker, neighbor, or friend]

Your last day of quarantine is 14 days from the date you had close contact.

Date of last close contact with person who has COVID-19 + 14 days= end of quarantine



Please note if your quarantine starts at noon on day 1, then it would end at noon on the last day.

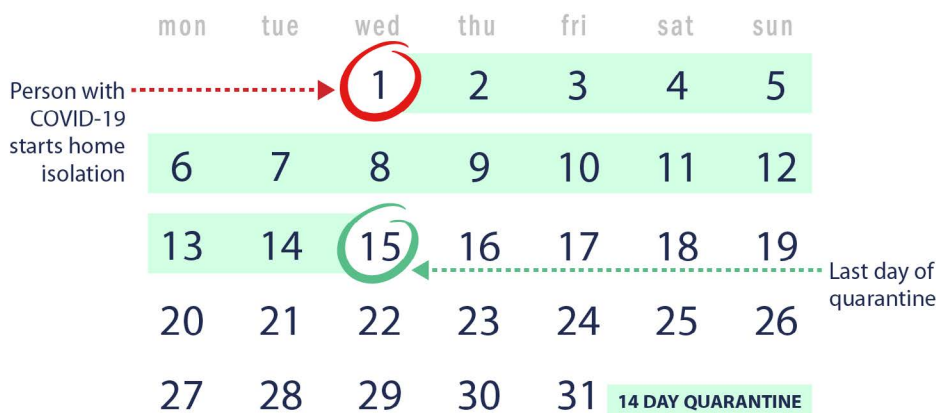
Scenario 2: Close contact with someone who has COVID-19—live with the person but can avoid further close contact

* Best practices should be followed (handwashing, masks, temporary relocation with family).

I had close contact with someone who has COVID-19, and will not have further contact or interactions with the person while they are sick. [e.g., co-worker, neighbor, or friend]

Your last day of quarantine is 14 days from the date you had close contact.

Date of last close contact with person who has COVID-19 + 14 days= end of quarantine



Please note if your quarantine starts at noon on day 1, then it would end at noon on the last day.

Scenario 3. Under quarantine and had additional close contact with someone who has COVID-19

I live with someone who has COVID-19 and started my 14-day quarantine period because we had close contact. What if I ended up having close contact with the person who is sick during my quarantine? What if another household member gets sick with COVID-19? Do I need to restart my quarantine?

Yes. You will have to restart your quarantine from the last day you had close contact with anyone in your house who has COVID-19. **Any time a new household member gets sick with COVID-19 and you had close contact, you will need to restart your quarantine.**

Date of additional close contact with person who has COVID-19 + 14 days = end of quarantine



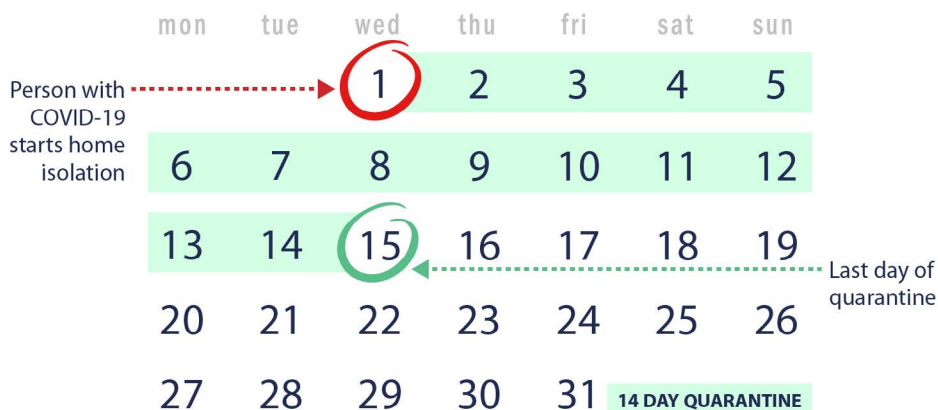
Please note if your quarantine starts at noon on day 1, then it would end at noon on the last day.

Scenario 4: Live with someone who has COVID-19 and cannot avoid continued close contact

I live in a household where I cannot avoid close contact with the person who has COVID-19. I am providing direct care to the person who is sick, don't have a separate bedroom to isolate the person who is sick, or live in close quarters where I am unable to keep a physical distance of six feet.

You should avoid contact with others outside the home while the person is sick, and quarantine for 14 days after the person who has COVID-19 meets the [criteria to end home isolation](#).

Date the person with COVID-19 ends home isolation + 14 days = end of quarantine"



Please note if your quarantine starts at noon on day 1, then it would end at noon on the last day.