

# Davis School District Illness Protocol

## Temporary exclusion is recommended when:

- The illness prevents the student from participating comfortably in activities
- The illness results in a greater need for care than the staff can provide
- The student has any of the following conditions, unless a health professional determines the student's condition does not require exclusion
  - **Fever** – of 100.4 F or above until temperature is normal for 24 hours without fever reducing medication
  - **Appears to be severely ill**
  - **Marked drowsiness or malaise** (a vague feeling of physical discomfort or uneasiness) as seen early in an illness. Student just doesn't "feel well"
  - **Muscle Pain**
  - **Difficulty Breathing**
  - **Headache**
  - **Loss of sense of taste or smell**
  - **Diarrhea** – defined as an unusual number of stools or unusually liquid stools compared to the student's normal pattern
  - **Blood in stools** - not explained by dietary change, medication, or constipation
  - **Vomiting / nausea** – more than 2X in 24 hours
  - **Severe abdominal pain**
  - **Less severe abdominal pain** - that continues for more than 2 hours
  - **Mouth sores** with drooling
  - **Rash with fever**
  - **Sore Throat** – if white spots can be seen in the back of the throat or if fever is present, the student should be home
  - **New and Persistent Cough** - (not related to asthma or allergies) a student with a "heavy" cold and hacking cough should be at home even if there is no fever.
  - **Any break in the skin in the weeping /oozing stage** – unless protected (covered) and/or diagnosed as noninfectious
  - **Impetigo** - until 24 hours after treatment has started
  - **Streptococcal infection** - (strep throat or other streptococcal infection), until 12 hours after treatment has been started
  - **Head lice** - send home at the end of the day until after the first treatment (Refer to DSD Head Lice Protocol on DSD Webpage)
  - **Scabies** - until after treatment
  - **Any Communicable Disease** – may return to school as per direction from the health department
  - **Any condition determined by the local health department to be contributing to the transmission of illness during an outbreak**

Multiple studies have shown that most viruses are spread by student's who seem well, which means that exposure happens before symptoms present

**"HAND AND SURFACE HYGIENE CONTINUE TO BE THE BEST WAY TO REDUCE INFECTIONS IN GROUP CARE"**

## Conditions That May Not Require Exclusion:

- **Common colds, runny noses** (regardless of color or consistency of nasal discharge)
- **Yellow, white or watery eye drainage (Pink eye)**
- **Rash without fever**
- **MRSA (methicillin-resistant staphylococcus aureus)** – if wound is covered and dry
- **Shingles (herpes zoster caused by varicella)** – if covered and dry
- **Ringworm** (may delay treatment until the end of the day)
- **Thrush** (white spots or patches in the mouth)
- **Fifth disease** (slapped cheek disease, parvovirus B 19) in a child without immune problems
- **HIV** (Human immunodeficiency virus infection), with consideration of risk to the HIV infected student or others - decided on a case-by-case basis by health professionals
- **Measles** – 4 days after onset of rash student may return to school
- **Mumps** – 5 days after onset of parotid gland swelling student may return to school
- **Lice** - if nits present or if treatment has been given after live lice found

**Communicable Disease Bureau, Davis County Health Department and the American Academy of Pediatrics  
Reviewed and approved by Davis School District Health and Nursing Services and  
Special Education Nursing Services**

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