


5 Reminders from the Jaindl Health Office

1. Wellness Screener and Absentee Hotline

Please continue to fill out the daily Jaindl Wellness Screener

https://docs.google.com/forms/d/e/1FAIpQLSdkttilVlcaHgWqjTVDPqrvHqIAUWpIL_OviAXLIJE2USEaZA/viuewform electronically before students enter the bus or school on any given day. One form should be completed for each child. If your student is ill, please also contact the Absentee Hotline: 610-351-5900 ext. 28711 or Absentee E-mail: FJATTENDANCE@parklandsd.org



PARKLAND SCHOOL DISTRICT
"Educating For Success, Inspiring Excellence."

WHEN IS SICK TOO SICK FOR SCHOOL?



SEND ME TO SCHOOL IF...

- I have a runny nose, but no other symptoms.
- I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.



KEEP ME AT HOME IF...

- I have had a temperature higher than 100.0 degrees.
- I have a cough, shortness of breath, difficulty breathing.
- I have two of these symptoms: Lack of smell or taste (without congestion), Headache, Congestion or Runny Nose, Sore throat, Chills, Muscle pain.
- I have thrown up or had any diarrhea for 24 hours.
- My eyes are pink and crusty.
- I have a suspicious rash.



CALL THE DOCTOR IF...

- I have a temperature higher than 100.0 degrees for more than two days.
- I've been throwing up or have diarrhea for more than two days.
- I've had the sniffles for more than a week, and they aren't getting better.
- I have a cough illness lasting longer than 7-14 days.
- I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having significant trouble breathing after using an inhaler).

If your child will be absent due to illness, please call the absentee hotline, and turn in a written note the first day your child returns to school.

2. Are you traveling outside of Pennsylvania during the holiday break?

Please check the PA Department of Health list of current states that require quarantine and contact the Health Office. List is here:

<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx>

3. It's not too late to get your FLU vaccine!

Contact your pediatrician to schedule.

4. Need expedited COVID testing or clearance?

Information linked here: [Lehigh Valley Hospital/Lehigh Valley Health Network](#) & [St. Luke's is committed to helping our K-12 students and staff return to school in the safest manner possible.](#)

[An important p](#)

5. Please continue to submit completed physical and dental exams for your student(s).

A notice was sent home for students still missing these mandated requirements.

For Parkland Online students: if you would like your child to be screened, please call the Nurses Office to schedule an appointment, at 610-351-5880