

CORONAVIRUS (COVID-19) EXPOSURE PROTOCOLS

Updated 11/4/2020

COVID-19 Symptoms with No Known Exposure

Cough, shortness of breath or difficulty breathing, new loss of taste or smell, congestion or runny nose, fever or chills, nausea or vomiting, diarrhea, headache, fatigue, muscle or body aches, sore throat

Notify HSSD via hotline: 662-SAFE (7233)

Notify school office or attendance line of symptoms

Follow CDC guidelines: Stay at home, separate yourself from others, contact your healthcare provider for further guidance

You can return to work/school when:

- You have written medical clearance or
- You have a negative test for COVID-19 or
- You have quarantined for 10 days after onset of symptoms and
- You are symptom free for at least 24 hours without medications

Known or Possible Exposure to COVID-19 Positive Individual

Non-close contact:
I was more than 6 feet away or I was closer than 6 feet for less than 15 min.

Follow CDC Guidelines: Continue physical distancing, continue frequent hand washing, continue to wear a face covering

Return to work/school
Continue to monitor your symptoms

If symptoms develop, stay at home, separate yourself from others, contact your healthcare provider for further guidance

Close contact:
I was exposed (see definition below), to a positive individual within 48 hours of their symptoms onset

Notify HSSD via hotline: 662-SAFE (7233)

Begin 14-day quarantine from the last known contact with known positive individual even if you have tested negative

If symptoms develop, begin 10-day isolation from the day symptoms began, follow CDC guidelines, contact your healthcare provider

You can return to work/school when:

- Quarantine time is complete and
- Free of symptoms for at least 24 hours without medications

Positive COVID-19 Test or Diagnosis

Notify HSSD via hotline: 662-SAFE (7233)

Begin 10-day quarantine from the time of your test or the onset of symptoms, whichever is earlier

Siblings and household members must stay home for 14 days after the confirmed positive case has recovered if they are unable to isolate from the positive case.

If any member of your household is being tested for COVID-19, *all household members must stay home until test results are received.

**If a member of your family is required by their employer to have routine COVID tests or is having a medical procedure and is required to have a COVID test, the rest of the family does not need to remain home while test results are pending. If the family member has known exposure to a positive case, or has symptoms, the family does need to remain home.*

Definition of Close Contact:

An individual is considered a close contact if any of the following is true:

- Were within 6 feet of a COVID-19 positive person for more than 15 minutes total in a day
- Had physical contact with the person
- Had direct contact with the respiratory secretions of the person (i.e. from coughing, sneezing, contact with dirty tissue, shared drinking glass, food, or other personal items)
- Lives with or stayed overnight for at least one night in a household with the person

These close contact criteria apply regardless of face covering use, face shields, or physical barriers, such as Plexiglass or plastic barriers.

Notification Procedures:

HSSD will ensure that all who are directly affected are appropriately notified in accordance with health department guidelines and privacy laws.

Close contacts:

Students and staff who have been exposed will be notified and required to begin 14-day quarantine.

Staff:

All building staff members will be made aware of a positive case in their building.

School:

All families will be notified of a positive case at their student's school, regardless of exposure level.