

Am I at risk?

Guidelines on who should quarantine or isolate for COVID-19

Close contact - any individual who was within 6 feet of an infected person for at least 15 minutes.

Quarantine - keeping someone who might have been exposed to COVID-19 away from others

Isolation - keeps someone with COVID-19 away from others, even in their own home

Person A - Case



- Person **A** tested positive for COVID-19
- While infectious, Person **A** was in close contact with Person **B**
- Person **A** must **isolate** from others until no longer infectious

Person B - Contact of a Case



- Person **B** is considered a **close contact** of an infectious COVID-19 person **A**
- Person **B** should **quarantine** (stay at home, practice social distancing and monitor for symptoms) for 14 days

Person C - Contact of a Contact



- Person **C** was **NOT** in **close contact** with infectious Person **A**
- Unless Person **B** develops symptoms or tests positive for COVID-19, Person **C** is not at increased risk
- No special precautions are necessary

