



Date

Dear Parent/Guardian,

Your child has been exhibiting or complaining about some of the symptoms associated with COVID-19. As a precautionary measure, we ask that you consult your health care provider to determine if a test for the virus is necessary. If recommended, your provider may be able to conduct the test or may refer you to another testing location. The health care provider must fill out and sign the Return to School Form. **A negative test result or another diagnosis by a health care provider must be provided to the school before your child will be permitted to return.** You may use a testing location of your choice or one of the locations listed below and at the health department's link. While awaiting evaluation and/or testing, all siblings or other household members who attend an ACPS school must remain home as well. If you do not seek medical evaluation or testing, your student may not return until 10 days after the first day of symptoms and when fever-free for 24 hours without the use of medication.

We encourage you to first visit your student's primary care physician. If you do not have a primary care physician, here are some options:

- UVA General Pediatrics: 434-924-5321
- Pediatric Associates of Charlottesville: 434-296-9161 (will see new patients for same day/next day sick visits if patient is willing to establish relationship)
- Neighborhood Family Health Center (Central Virginia Health Services): 434-227-5624; 901 Preston Ave, Suite 301, Charlottesville, VA 22903 (relocating on December 1, 2020, to East Jefferson St)
- Charlottesville Free Clinic: 434-295-0008 or 434-296-5525; 1138 Rose Hill Dr, Suite 200, Charlottesville, VA 22903 (relocating sometime after December 1, 2020, to the Neighborhood Family Health Center space at 901 Preston Ave, Suite 301)

Key Considerations in Selecting a Testing Site:

- Be sure your child receives a **diagnostic test** for COVID-19. This test is collected through a swab of the nose and throat or through a sputum sample.
- Many health insurance plans cover the cost of COVID-19 testing, but we recommend that you check with your insurance carrier to confirm this coverage prior to arrival for testing. Free/no-cost testing locations are also listed below.
- Most testing locations require an appointment or preregistration. Please call or go online to schedule.
- For questions about testing, please contact the local health department at 434-972-6261.

COVID-19 Testing Locations:

- Most pediatric offices
- University of Virginia Primary Care Riverside: 434-975-7700; located on the opposite side of Route 29 from Walmart at 2335 Seminole Ln, Suite 200, Charlottesville, VA 22901 (offers walk-in testing and usually reports results within 24 hours)
- Testing sites searchable by zip code:
<https://www.vdh.virginia.gov/coronavirus/covid-19-testing/covid-19-testing-sites>
- This list may not include every testing site in your area. The health department recommends only including testing locations offering PCR (diagnostic) testing. You may need to call the locations to ask what type of test is available and confirm that they will administer the test to children.

No-Cost COVID-19 Testing Locations in our Area or Nearby Areas:

If you have insurance, your insurance will be charged for testing at these sites. If you do not have insurance, or your insurance does not cover the test, the test will be offered to you at no cost.

- Community Testing Sites: <https://www.vdh.virginia.gov/thomas-jefferson/covid-19-testing-sites>
- CVS Locations
- Charlottesville Free Clinic: <https://www.cvillefreeclinic.org>
434-295-0008 or 434-296-5525; 1138 Rose Hill Dr, Suite 200, Charlottesville, VA 22903 (relocating sometime after December 1, 2020, to the Neighborhood Family Health Center space at 901 Preston Ave, Suite 301)

Once You Receive the Test Results:

- If the test is negative, your child will be permitted to return to school once they meet the criteria for returning to school for other illnesses (fever-free for 24 hours without the use of fever-reducing medication; 24 hours of antibiotics for bacterial infections such as strep; etc.)
- If the test is positive, your child will need to remain at home for at least 10 days from the first day of symptoms (or the date of the positive test, if your child has no symptoms) and after they have been fever-free for 24 hours without the use of fever-reducing medication and symptoms have improved.

Please provide the **Return to School Plan Form** and/or test results to your school nurse. If you have any questions or need assistance locating a health care provider or testing site, please let me know. We wish your child a speedy recovery and look forward to welcoming your child back to school as soon as it is safe to do so.

Sincerely,

Name, School Nurse

School

email address

phone number