

# DAILY COVID CHECKLIST

Has your child had close contact (within 6' for at least 15 minutes with or without a mask) in the last 14 days with someone diagnosed with COVID-19, or has any health department been in contact with you advising you to quarantine?

**YES** Your child(ren) should not attend school. Your child(ren) can return 14 days after the last time they had close contact with someone with COVID-19, and are symptom free.

**NO** Your child(ren) can attend school, as long as they are symptom-free. Please check the symptom list below.

Does your child have ONE of the symptoms below:

- Fever of 100.4 or higher
- Shortness of breath
- Cough
- Difficult breathing
- New loss of taste or smell

**YES** If your child(ren) has ONE of these symptoms, they should stay home, isolate from other people, and you should contact your healthcare provider.

**NO** Your child(ren) can attend school, as long as they are symptom-free.

Does your child have TWO of the symptoms below:

- Chills
- Fatigue
- Diarrhea
- Congestion
- Vomiting
- Headache
- Nausea
- Sore throat
- Muscle Aches

**YES** If your child(ren) has TWO of these symptoms, they should stay home, isolate from other people, and you should contact your healthcare provider.

**NO** Your child(ren) can attend school, as long as they are symptom-free.

The PA Department of Health has issued a recommendation that any person who has traveled to, or will travel to, certain states self-quarantine for 14 days following their return to PA. Has your family traveled to a "hot-spot" state in the past 14 days?

**YES** It is recommended that your family quarantines for 14 days upon return.

**NO** Your child(ren) can attend school, as long as they are symptom-free.

**X** If you answered YES to any question, it is recommended that your family quarantines.

**✓** If you answered NO, your child(ren) can attend school, as long as they are symptom-free.

If you have any questions or are unsure if your child should be in school, please don't hesitate to call your school's nurse.  
QUARANTINED AND ILL: if a student is out of school with any illness – COVID, standard flu, sinus infections, etc. – their parent/guardian should call the school's Attendance Line to report their student absent.  
QUARANTINED/SELF QUARANTINED AND NOT ILL: if a student is quarantined or self quarantined, but the student is not ill, they should complete their school work from home