

Athletic Newsletter

October 30, 2020

SPECIFIC HIGH SCHOOL SPORTS INFORMATION

Boys' Basketball

There will be an informational Zoom meeting on Thursday, 11/5/2020 at 6:00PM to discuss the upcoming 2020-2021 season. Attendance is mandatory. Please fill out the attached [Google Doc](#) to receive a meeting invite via Zoom. If you have a conflict or any questions, please contact Coach Talley: Ctall@spring-ford.net

Girls' Basketball

There will be an informational Zoom meeting on Thursday, 11/5/2020 at 6:00PM to discuss the upcoming 2020-2021 season. Attendance is mandatory. Please fill out the attached [Google Doc](#) to receive a meeting invite via Zoom. If you have a conflict or any questions, please contact Coach McDaniel: mmcda@spring-ford.net

SF Bowling Boys and Girls 2020-21

Please click [here](#) to fill out the pre-season bowling information form
Click [here](#) for Zoom informational meeting Wednesday November 11th at 10 AM.

- Tryouts will be held on November 30th – Dec 2nd 2:45 – 5:30
 - We will meet in the Cafeteria Annex and take a bus over together to Limerick Bowling Alley
 - Bring any bowling equipment you may have (ball, shoes), Bring a face covering
- We lost 12 seniors and WE NEED BOWLERS regardless of experience. Hope to see everyone at the meeting on the 11th! Any questions email Coach Souder rsoud@spring-ford.net

Winter Track

Stay in shape for spring with outdoor activity this winter! Sign up in the Google Form to receive a link to a Zoom information session regarding our winter track team/season. While winter competition protocol has not been decided by PIAA as of yet, PIAA winter sports are set to start November 20th. Winter track will practice outside, weather permitting, every day Monday through Friday with practices over school breaks. Sign up for more information in the google form below: [Winter Track Sign Up](#)

Wrestling

The high school wrestling season will begin on Friday, Nov. 20. If you would be interested in being part of this year's team please email Coach Seislove with the following info at Tseis@Spring-ford.net. Please include Name, Grade & Email Address.

NO EXPERIENCE REQUIRED



<https://athleticsreg.spring-ford.net/>

HS Winter Sports Tryouts/Start Dates—All dates are subject to change

Student athletes should be dressed for work-out, have a mask or gaiter when not active and bring their own labeled water bottles

High School Winter Sports - 2020

<i>Sport</i>	<i>Start Date</i>	<i>Registration / Re-certification Due Date</i>	<i>Coach</i>	<i>Email</i>
Boys Basketball – Grades 10-12	<i>Fri., Nov. 20</i>	<i>Fri., Nov. 6</i>	Chris Talley	ctall@spring-ford.net
Boys Basketball – Grade 9	<i>Fri., Nov. 20</i>	<i>Fri., Nov. 6</i>	Mike Siuchta	msiuc@spring-ford.net
Girls Basketball– Grades 10-12	<i>Fri., Nov. 20</i>	<i>Fri., Nov. 6</i>	Mickey McDaniel	mmcda@spring-ford.net
Girls Basketball - Grade 9	<i>Fri., Nov. 20</i>	<i>Fri., Nov. 6</i>	Matt Cappelletti	mcapp@spring-ford.net
Bowling	<i>Mon., Nov. 30</i>	<i>Fri., Nov. 6</i>	Ryan Souder	rsoud@spring-ford.net
Cheerleading – Grade 9-12	<i>Fri., Nov. 20</i>	<i>Fri., Nov. 6</i>	Dawn Householder	dawnhouse@comcast.net
Swimming- Grade 9-12	<i>Fri., Nov. 20</i>	<i>Fri., Nov. 6</i>	Greg Huff	coachgreg.huff@gmail.com
Boys Wrestling- Grade 10-12	<i>Fri., Nov. 20</i>	<i>Fri., Nov. 6</i>	Tim Seislove	tseis@spring-ford.net
Boys Wrestling- 7/8/9	<i>Mon. Nov. 30</i>	<i>Mon. Nov. 16</i>	Jason Kerkusz	jkerk@spring-ford.net
Boys & Girls Winter Track - Grade 9-12	<i>Fri., Nov. 20</i>	<i>Fri., Nov. 6</i>	Danielle Stauffer	dstau@spring-ford.net



MS Winter Sports Tryouts/Start Dates—All dates are subject to change

Student athletes should be dressed for work-out, have a mask or gaiter when not active and bring their own labeled water bottles

Middle School Winter Sports - 2020

<i>Sport</i>	<i>Start Date</i>	<i>Registration/Re- certification Due Date</i>	<i>Coach</i>	<i>Email</i>
Boys Basketball – 7	<i>Tue. Dec. 1</i>	<i>Tue. Nov 17</i>	James Laky & Mike Heffernan	jlaky@spring-ford.net
Boys Basketball – 8	<i>Tue. Dec. 7</i>	<i>Tue. Nov 17</i>	Rick Harrison	rharr@spring-ford.net
Boys Wrestling- 7/8/9	<i>Mon. Nov. 30</i>	<i>Mon. Nov. 16</i>	Jason Kerkusz	jkerk@spring-ford.net
Girls Basketball– 7	<i>Tue. Dec. 1</i>	<i>Tue. Nov 17</i>	Mark Templeton & Kaylee Wallis	mtemp@spring-ford.net
Girls Basketball - 8	<i>Tue. Dec. 1</i>	<i>Tue. Nov 17</i>	John Murtin	jkmurtin@comcast.net
Cheerleading – 7/8	<i>Tue. Dec. 1</i>	<i>Tue. Nov 17</i>	Tara Yurko & Brittany Kajak	tmey9@hotmail.com or brittreedy@gmail.com

Recertification vs Registration

Registration is for the first sport of the school year that your student participates in. This is when you turn in your PIAA Section 5 - Health History and PIAA Section 6 - CIPPE Physical form (dated June 1 or later) and when you select the sports you give your student permission to participate in.

Recertification is for your second or third sport of the school year. This is just verifying any changes since your physical.

If you are having trouble recertifying please email Paula Weiss at pweis@spring-ford.net with the student name.

Eligibility For Athletics & Other Extra-curricular Activities

Interscholastic programs are sponsored in football, baseball, basketball, soccer, softball, wrestling, track, tennis, golf, field hockey, lacrosse and volleyball. Practices are conducted after school hours; games are played afternoons and evenings, dependent upon the sport and the schedule. In addition to sports, a large variety of clubs and activities are open to all students and meet on schedules consistent with the type of activity. Academic eligibility requirements listed below apply to all clubs, activities and sports. Eligibility is determined by P.I.A.A. and Spring-Ford regulations. Certain important rules are:

1. One must be an amateur under 19 years of age prior to the day July 1, occurring before the current school term.
2. One must be regularly enrolled in a public high school and in regular attendance thereafter.
3. Absence for 20 or more days during a semester for reason other than quarantine shall cause ineligibility until he has been in attendance for a period of 45 days following his 20th absence.
4. One must never have played on a professional team.
5. One cannot participate in an athletic contact sport and be a member of any other similar team the same season.
6. One must maintain for the current marking period a passing grade of a minimum of 70% in each of four or more major subjects.
7. One must be examined by the school physician each sport season before one commences to train or practice for the sport, and one's physical condition must be satisfactory.
8. Written consent of the athletes' parent or guardian is required.
9. Misconduct, or other evidences of poor school citizenship, may because for ineligibility at the discretion of the coach or principal.
10. Students participating on athletic teams must have medical insurance coverage. Students may purchase school insurance at any time or provide proof of coverage through another policy.
11. The student activity fee must be paid before the first event or the student may not be able to participate in the athletic event or performance.

