

**Four Year Academic Plan
Health and Physical Education (2020-21)**

| 1st Semester (16 hrs.) | | Course Title | Term Offered | Prerequisites & Notes |
|-------------------------------|--------------------------|--|---------------------|---|
| | GATE 101 (1) | Gateway to University Life | Fall | |
| | GPS 110 or 120 (3) | Global Perspectives | Fall, Spring | 110 & 120 can be taken in any order |
| | ENG 110 (3) | University Writing & Research | Fall, Spring | Minimum grade of C required; If enrolled in ENG 100, 110 is still required |
| | COMM 101 (3) | Public Speaking * | Fall, Spring | Required for Teacher Education program |
| | ED 300 (1) | Teaching: The Profession * | Fall, Spring | |
| | HPE 201 (3) | Introduction to Health & Physical Education | Fall | |
| | HPE 220 (2) | Educational Gymnastics, Dance & Rhythms | Fall | |
| 2nd Semester (16 hrs.) | | Course Title | Term Offered | Prerequisites & Notes |
| | GPS 110 or 120 (3) | Global Perspectives | Fall, Spring | Enroll in the course not completed |
| | BIO 120 (4) | Human Biology | Fall, Spring | Minimum grade of C required |
| | PE 101 (2) | Personal Fitness & Wellness | Fall, Spring | Required for University Foundations |
| | Fine Arts (2) | University Foundations | Fall, Spring | |
| | ED 301 (3) | Foundations of Education * | Fall, Spring | |
| | HPE 222 (2) | Teaching Team Sports | Spring | |
| 3rd Semester (16 hrs.) | | Course Title | Term Offered | Prerequisites & Notes |
| | GPS 210 or 220 (3) | Global Perspectives | Fall, Spring | 210 & 220 can be completed in any order |
| | Foreign Language 101 (3) | University Foundations | Fall, Spring | |
| | PSYC 101 (3) | General Psychology | Fall, Spring | |
| | ED 303 (3) | Educational Psychology * | Fall, Spring | Sophomore classification |
| | EXSC 205 (2) | Principles of Resistance Training | Fall, Spring | |
| | EXSC 230 (2) | Fitness Promotion & Assessment | Fall, Spring | |

| 4th Semester (15 hrs.) | | Course Title | Term Offered | Prerequisites & Notes |
|------------------------|--------------------------|--|---------------------|---|
| | GPS 210 or 220 (3) | Global Perspectives | Fall, Spring | Enroll in the course not completed |
| | Foreign Language 102 (3) | University Foundations | Fall, Spring | |
| | MATH 209 (3) | Inferential Statistics | Fall, Spring | |
| | ED 306 (3) | Curriculum & Instruction * | Fall, Spring | ED 301, 303 & admission to the Teacher Education program |
| | HPE 221 (2) | Teaching Individual and Dual Sports | Spring | |
| | Elective (1) | | | |

Notes: 1 Fall of Sophomore year: Apply to teacher education program - October 15th deadline (March 1st spring deadline).

*45+ Hours Completed, 2.70+ GPA, 10 Observations Hours, C in Eng 110, Pass Praxis I or SAT/ACT Exemption.

*Formal Application-Autobiography, 3 Refences (at least one from Education Instructor), Interview

2 Bold courses are included in the Specialty Studies of the HPE major and BIO 120; minimum grade of C required.

3 * courses are included in the Professional Studies of the School of Education; minimum grade of C required.

| 5th Semester (16 hrs.) | | Course Title | Term Offered | Prerequisites & Notes |
|------------------------|-------------------------|---|---------------------|--|
| | GPS 310 or 320 (3) | Global Perspectives | Fall, Spring | 310 & 320 can be completed in any order |
| | EXSC 312 (4) | Human Structure & Function | Fall, Spring | Prerequisite for EXSC 255 and 310 |
| | HETH 101 (3) | Personal and Community Health | Fall, Spring | |
| | HPE 410 (3) | Adapted Sport & Physical Education | Fall | |
| | Restricted Elective (3) | Choose from 5 courses—CCR 306 (3), EXSC 315 (3), EXSC 325 (3), PE 350 (3), SMGT 305 (3) | ? | |
| 6th Semester (16 hrs.) | | Course Title | Term Offered | Prerequisites & Notes |
| | GPS 310 or 320 (3) | Global Perspectives | Fall, Spring | Enroll in the course not completed |
| | Lit/Writing (3) | University Foundations | Fall, Spring | 200+ level ENGL course |
| | ED 326 (1) | Content Area Literacy | Spring | ED 301, 303, 306 |
| | EXSC 255 (3) | Nutrition | Fall, Spring | EXSC 312 |
| | HPE 320 (3) | Methods of Teaching Health | Spring | ED 301, 303, 306 |
| | HPE 380 (3) | Elementary Physical Education Methods (K-6) | Spring | ED 301, 303, 306 |

| 7th Semester (15 hrs.) | | Course Title | Term Offered | Prerequisites & Notes |
|------------------------|--------------|--|--------------|---|
| | ED 304 (1) | Exploring Diversity | Fall, Spring | ED 305 co-requisite |
| | ED 305 (3) | Introduction to Differentiated Instruction for all Learners* | Fall, Spring | ED 303 |
| | EXSC 310 (4) | Exercise Physiology | Fall, Spring | EXSC 312 |
| | HPE 203 (3) | Motor Learning | Fall, Spring | |
| | HPE 385 (3) | Middle and Secondary Physical Education Methods | Fall | ED 301, 303, 306 |
| | PE 145 (1) | Sport Safety Training | Fall | May substitute with CPR/AED Certification |
| 8th Semester (15 hrs.) | | Course Title | Term Offered | Prerequisites & Notes |
| | ED 400 (3) | Student Teaching Seminar | Fall, Spring | Completion of program requirements and permission of the Dean of the School of Education & the Teacher Education faculty. |
| | ED 490a (4) | HPE Student Teaching: Instructional Preparation * | Fall, Spring | |
| | ED 490b (4) | HPE Student Teaching: Instructional Presentation * | Fall, Spring | |
| | ED 490c (4) | HPE Student Teaching: Classroom Organization/Management * | Fall, Spring | |
| | ED 497 (0) | Exit Examination | Fall, Spring | |
| | ED 498 (0) | Student Teaching Portfolio | Fall, Spring | |
| | HPE 497 (0) | Exit Examination | Fall, Spring | |

Total Credit Hours earned = 125

Graduation Requirements:

- 1 Must maintain minimum cumulative and Specialty area GPA of 2.7 to student teach and graduate.
- 2 Must complete the last 30 credit hours of degree at Wingate University.
- 3 Must fulfill Lyceum requirement as outlined in Academic Catalog.

Comments: