

FOUNDED IN 1997

**HOLROYD HOWE**

FEEDING INDEPENDENT MINDS

*Infants*



All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main course one</b>	Mini Chicken Fillets with Tikka Sauce	Chicken & Leek Puff Pastry Pie	Roast Gammon with Gravy & Apple Sauce	Traditional Beef Lasagne	Fish Fingers
<b>Vegetarian</b>	Jacket Potato with Beans & Cheese (dairy free available)	Vegetable Pasta Bolognese	Sweet Potato & Mushroom Wellington	Vegetable Hotpot	Quorn 'Fish Less' Finger's
<b>On the side</b>	Steamed Rice Carrots & Peas	Creamed Mash Green Beans Sweetcorn	Roast Potatoes Roasted Carrots Steamed Broccoli	Mixed Salad	Chips Garden Peas or Mushy peas
<b>Dessert Station</b>	Apple Crumble & Creamy Custard	Lemon Drizzle Sponge	Chocolate Brownie	Syrup Sponge & Custard	Steamed Chocolate Pudding & Chocolate Sauce
<b>Fruit</b>	Fruit Portions	Fruit Portions	Fruit Portions	Fruit Portions	Fruit Portions
<b>Crudités</b>	Crudités	Crudités	Crudités	Crudités	Crudités

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Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main course one	Beef Wraps	Chicken Pesto Pasta Bake	Cottage Pie with Mash Potato Top	Macaroni Cheese	Battered Chicken Finger
Vegetarian	Jacket Potatoes with Beans & Cheese (dairy free available)	Vegetable & Tomato Pasta Bake	Cauliflower & Leek Crumble	Vegan Mac & Cheese	Quorn Beef Strips
On the side	Sweetcorn & Peas	Mixed Salad & Coleslaw	Homemade Gravy Carrots & Green Cabbage	Peas & Sweet Potato Cubes	French Fries Baked Beans
Dessert Station	Baked Rice Pudding, Raspberry Compote	Apple & Berry Pie, Creamy Custard	Marble Sponge & Custard	Mixed Fruit Sponge	Chocolate Chip Cookie
Fruit	Fruit Portions	Fruit Portions	Fruit Portions	Fruit Portions	Fruit Portions
Crudités	Crudités	Crudités	Crudités	Crudités	Crudités



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Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main course one</b>	Baked Local Sausage (Pork or Chicken)	Chicken Stew	Baked Meatballs, Roasted Tomato Sauce & Penne Pasta	Roast Turkey & Gravy	Cheese & Tomato Pizza
<b>Vegetarian</b>	Baked Quorn Sausage	Jacket Potatoes with Beans & Cheese (dairy free available)	Quorn Cottage Pie Crispy Mash Top	Quorn Fillets & Gravy	Vegan Cheese & Tomato Pizza
<b>On the side</b>	Creamed Mash Steamed Broccoli Carrots	Green Cabbage Green Beans	Roasted Roots Garden Peas	Roast Potatoes Cauliflower Broccoli	French Fries Peas & Sweetcorn
<b>Dessert Station</b>	Pear & Mixed Berry Crumble, Creamy Custard	Apple Sponge	Plum Crumble	Flapjack	Chocolate Rice Crispy Cake
<b>Fruit &amp; yoghurt pots</b>	Fruit Portions	Fruit Portions	Fruit Portions	Fruit Portions	Fruit Portions



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Extras	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Club</b>	Toast Cereal Crumpets	Toast Cereal Potato Cakes	Toast Cereal Pancakes	Toast Cereal Crumpets	Toast Cereal Potato Cakes
<b>Morning Snack</b>	Watermelon Wedges	Whole Banana	Trio of Apple Wedges	Fruit Salad Pot	Satsumas Halves
<b>Lunch Table Crudités</b>	Carrot & Cucumber Sticks	Cherry Tomato & Apple Slices	Humous & Pitta Slices	Olives & Carrot Sticks	Cucumber Sticks & Cherry Tomato
<b>Afternoon Snack</b>	Tray Bake of the day 20mmx30mm or Full Size Cupcake	Tray Bake of the day 20mmx30mm or Full Size Cupcake	Tray Bake of the day 20mmx30mm or Full Size Cupcake	Tray Bake of the day 20mmx30mm or Full Size Cupcake	Tray Bake of the day 20mmx30mm or Full Size Cupcake
<b>After School Club</b>	Tuna, Cheese or Ham Sandwich. Fruit Platter Biscuits	Tuna, Cheese or Ham Sandwich. Fruit Platter Biscuit	Tuna, Cheese or Ham Sandwich. Fruit Platter Biscuit	Tuna, Cheese or Ham Sandwich. Fruit Platter Biscuit	Tuna, Cheese or Ham Sandwich. Fruit Platter Biscuit