



GILMAN SCHOOL FALL COMPETITION COVID-19 PROTOCOLS

1. Waivers

- a. In order to participate in competitions, the athlete and the athlete's parent/guardian must sign a waiver.
- b. All competing schools will also sign a waiver.

2. COVID-19 Screening

- a. Each school must be accountable for the COVID-19 screening of all members (including coaches and managers) of their team. Rosters must be submitted to the opponent's AD showing that each member of the team has completed their school's COVID-19 screening satisfactorily at least one hour prior to arrival on the opponent's campus.
- b. Officials must check in with the school's personnel, AD, or ATC for COVID-19 screening prior to the start of the game.
- c. All sideline personnel must complete COVID-19 screening, must maintain physical distance (6' minimum) as much as possible, and must wear masks at all times.

3. Contact Tracing

- a. Both institutions must have an exact account/list of the sideline personnel, including medical and non-coaching staff attending the event. If an institution is notified that a person has COVID-19-like symptoms or a positive COVID-19 test, the institution with the potential or confirmed case must notify any opposing institution within 4-6 hours, with an absolute maximum of 24 hours, of identification. The notice must be delivered in a manner that is HIPAA compliant and should only contain non-identifying information related to the potential case.
- b. If there is a positive case, communication with the local health department will dictate what each institution will have to do at minimum. If a player tests positive:
 - i. The AD must contact the opposing AD to let them know the position of the infected player.
 - ii. Those who were in contact will be restricted from future competition for the 14-day quarantine period as required by the Maryland Department of Health.

4. Game Management Protocols

a. Cleaning Protocols:

- i. Students and staff should wash their hands frequently throughout the game.
- ii. Hand sanitizer should be accessible at all times, to be provided by your own school and brought to away competition.
- iii. There will be no spitting, nor chewing of seeds or gum during the competition.



- iv. Schools must ensure all facilities are cleaned and sanitized in accordance with CDC guidelines.
- v. Schools must ensure indoor facilities have adequate ventilation.
- b. **Locker Rooms and Restrooms:**
 - i. No locker rooms will be provided.
 - ii. The opposing team will arrive dressed for play.
 - iii. There will be a separate bathroom for opposing players.
- c. **Expectations Regarding Officials:**
 - i. Officials are required to wear masks.
 - ii. There will be no locker room available for officials.
 - iii. Officials should use electronic whistles. If they do not have them, we will provide them with one. (The electronic whistle will need to be returned after the competition.)
- d. **End of Game Protocols:**
 - i. No handshakes, high fives, team cheers, and/or team meetings.
 - ii. Everyone should wear a mask while gathering their things and leaving the opposing school until they are in their transportation.
 - iii. No postgame gatherings permitted.
- e. **Host Athletic Training Room Guidelines and Accessibility:**
 - i. Visiting athletes should be taped prior to arrival.
 - ii. During the competition if an injury occurs and the visiting AT is not in attendance, the home AT will provide services and report to the opposing AT an update on the person injured.
- f. **Hydration:**
 - i. All schools must provide their own water for ALL events and all team members must have their own water bottles.
 - ii. If a team chooses to bring a water cooler, it must be filled prior to arrival. However, the host school must provide a place to refill the water cooler.
- g. **Inclement Weather and Supplying Alternate Safe Indoor Locations:**
 - i. If inclement weather is forecasted for the time of the event, the home team makes the call prior to the start of the event.
 - ii. If inclement weather occurs during the game, the host school must have a plan available for the visiting team, roster members only, to wait in a safe space with appropriate (6' minimum) physical distancing available. If the host school does not have that plan prior to the event, they must communicate with the visiting team, as this may precipitate cancelling/postponing the event.
 - 1. Gilman will send the opposing team to the Arena.
 - 2. Second option is Gilman sending opposing team to their bus or cars.
- h. **Face Covering Policies and Protocol:**
 - i. Athletes are required to wear face coverings unless in active game play outside. Athletes on the bench or sideline must wear a face covering.
 - ii. All persons (spectators, officials, etc.) are expected to wear a face covering that covers their nose to their chin the entire time on the host school grounds.



- iii. Athletes are required to wear face coverings while warming up.
- iv. Indoor sports, such as volleyball, will wear a face covering throughout the competition.
- v. When a face covering is not in use, it should be put away in the athlete's bag.
- vi. Everyone on the sideline must wear a face covering at all times.
- i. **Media Presence and Management (media will be considered as game personnel):**
 - i. No media at this time.
- j. **Sideline Management:**
 - i. Sidelines must be limited to essential personnel. Coaches must be realistic with the number of players at each game.
 - ii. There should be enough space to be socially distant (6' apart) for players, coaches, and medical personnel.
 - iii. Schools are expected to bring their own personnel if assistance is needed to handle water breaks, time outs, and refill water bottles.
 - iv. If there is not enough space on the sideline, the number of players will be limited.
- k. **Spectator Management:**
 - i. Spectators are not allowed at this time.
 - ii. Parents/guardians can remain in their vehicles, if desired.
 - iii. This policy will be re-evaluated periodically.
 - iv. GTV will be filming and streaming as many games as possible.
- l. **GTV:**
 - i. GTV will have a designated space for broadcast.
 - ii. GTV members will wear face coverings at all times.
- m. **Transportation:**
 - i. For Saturday games, athletes will need to use their own transportation.
 - ii. If there is a problem with an athlete getting transportation, he needs to tell the Head Coach 3 days prior to the contest.
 - iii. All athletes/parents must sign a waiver.