

A Fixed Heart - Responsibility

Friday, December 12th, 2008

READY:

"My heart is fixed, O God, my heart is fixed."
-Psalm 57:7 (KJV)

SET:

Legendary football coach Vince Lombardi once said, "The dictionary is the only place where success comes before work. Hard work is the price we must pay for success. I think you can accomplish anything if you're willing to pay the price." I agree with Coach Lombardi. There is a price to pay for success, but I don't think it's just "hard work." I've often said to the teams I've coached that it's not the hours of practice you put in, but what you put into the hours of practice that really counts.

The price for success goes deeper than hard work. Success comes from a fixed heart, and that's the price every athlete, coach — as a matter of fact, every person — must pay for true success in the game of life.

A fixed heart has three dimensions:

1. It is accountable. This means it does what is right with the right attitude matched by the right actions.
2. It is reliable. This means it is trustworthy. A person with a fixed heart can be counted on, is faithful, and they say what they mean and mean what they say. Their word is trustworthy.
3. It is coachable. This means it is teachable, always learning and growing.

A fixed heart that's accountable, reliable and coachable is a heart that is submitted to God and His Word. It lets the Lord lead and guide every step, every move, every run, every workout, every part of life.

- GO:**
1. Is your heart fixed?
 2. Examine your heart concerning being accountable, reliable and coachable. Is there any one area that the Lord is telling you to work on?
 3. How can you seek His help in that area?

WORKOUT:

1 Chronicles 28:9

1 Samuel 16:7

Psalm 51:10

Proverbs 4:23

OVERTIME:

"Lord, as David prayed for a clean heart, I need a clean heart, as well. Give me a fixed heart that is totally submitted to You and Your Word. In Jesus' name I pray. Amen."