

MT LEBANON PUBLIC LIBRARY NOVEMBER 2020 CALENDAR

All programs will be held VIRTUALLY.

Go to www.mtlebanonlibrary.org or call 412-531-1912 to register & to get details

SERVICES

Please note that these changes are subject to change. Details at www.mtlebanonlibrary.org

HOURS

- 10a-2p and 4p-8p, Monday-Thursday
- 10a-2p Friday
- 1-5p Saturday

BUILDING ACCESS: Upstairs and downstairs doors will be open during the hours listed above.

RETURNS: Materials can be returned during open hours in our vestibules. When the library is closed, use the book drop on Castle Shannon Blvd.

HOLDS: Pickup holds at the new Holds Desk, downstairs in the Book Cellar area. Or schedule a contact-free pickup and your items will be left on a table by the upstairs doors.

BROWSING/COMPUTER APPOINTMENTS: 45-minute appointments are available for computer and browsing. We encourage patrons to make an appointment at 412-531-1912, although a few walk-up appointments will be available. Please check in at the kiosk by the upstairs circ desk.

CHILDRENS: The children's library staff will be staffing the children's desk and area.

VIRTUAL KNITTING AND CROCHET GROUP 10 am, Wednesdays, November 4, 18

Whether you are experienced or just learning, join us online to work on your own projects and chat.

MONDAY MAKER LAB

10 am, Mondays, November 9, 23

Join resident artist Judé Ernest for a collaborative workshop using the CreativeBug database (available through the library's website). Discuss your experiences with Judé and others in the group.

BOARD GAME NIGHT

7PM, TUESDAYS

A fun night of friendly competition playing both party and Euro-style board games online! For high school students and adults.

BASIC FITNESS AND NUTRITION SERIES

1:30 pm, Monday, November 9

Mark Selekman presents topical discussions and demonstrates gentle movement activities. Great for Seniors or Intellectually Disabled Adults.

YIN YOGA

2pm, Thursday, November 19

Monette Shuttleworth from the Himalayan Institute of Pittsburgh leads this monthly program.

The Library will be closed Thursday, November 26, for Thanksgiving. Please check our website for our reduced hours on Wednesday, November 25

MIND/BODY PRACTICE & SILAT TUO

10 am, Tuesday, November 3

Adam Kripke will introduce you to Silat Tuo, an ancient Indonesian martial art practiced for both its self-defense applications as well as its benefits to one's mind, body, and spirit.

MIND/BODY PRACTICE & TAI CHI

10 am, Tuesday, November 17

Discover the health benefits of integrated mind/body practice and learn about Tai Chi forms with practitioner, scholar, and Master of Tai Chi and Chi Kung, Dr. David Clippinger. Dr. Clippinger runs Still Mountain a Tai Chi and Chi Kung studio.

VIRTUAL CHAIR YOGA

1:30 pm, Monday, November 23

Join Cathy Tuttle from the Himalayan Institute of Pittsburgh, every 4th Monday, for Virtual Chair Yoga. Focus on breath work, balance, flexibility and relaxation. Registration required. For adults.

VIRTUAL WATERCOLOR

3 pm, Wednesdays, November 4, 11, 18

Artist Jena Schieb leads this three-part exploration of Watercolor. Supply list will be provided.

KIDS & FAMILY

CHECK OUR ONLINE CALENDAR FOR DETAILS
AND MORE PROGRAMS

Wild About Books: 10 am, Tuesday, Nov 3

PJ Storytime: 6:30 pm, Thursday, Nov 5

Crafternoon: 4 pm, Wednesdays, Nov. 4, 11, 18

Crazy for Comics: 6:30 pm, Wednesday, Nov 11

Talking Comics: 3:30 pm, Thursday, Nov. 19

Kids Yoga: 4pm, Tuesdays, Nov 10, 17, 24

Stretch & Grow: 10 am, Tuesday, Nov. 24

Art Lab: 4 pm, Mondays, Nov 2, 9, 16

FAMILY SING-ALONG

11 am, Friday, Nov 27

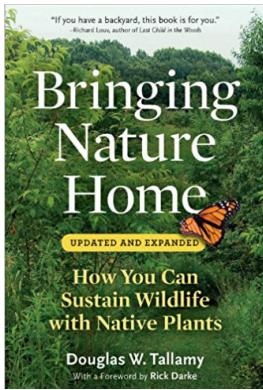
Margaret Hooten and her family return virtually for their annual day-after-Thanksgiving concert.



MORE



MT. LEBANON NATURE CONSERVANCY ANNUAL MEETING WITH AUTHOR DOUG TALLAMY
2:30 pm, Sunday, November 8



The Mt. Lebanon Nature Conservancy presents special guest lecturer Dr. Doug Tallamy, a professor in the Department of Entomology and Wildlife Ecology at the University of Delaware and author of *Bringing Nature Home: How Native Plants Sustain Wildlife in Our Gardens*. Chief among his research goals is to better understand the

many ways insects interact with plants and how such interactions determine the diversity of animal communities. **REGISTER AT www.signupgenius.com/go/60b0848ada62da2f49-mtlebanon. This is a Nature Conservancy event; contact them with questions at lebonature@gmail.com**

SOUL SOLDIERS: AFRICAN AMERICAN AND THE VIETNAM ERA

7 pm, Monday, November 9

Speaker Samuel W. Black is the director of the African American Program at the Senator John Heinz History Center. Presented in partnership with the Historical Society of Mount Lebanon. **REGISTER**

ALL ABOUT MEDICARE

1 pm, Monday, Nov. 9

Learn facts you might not know about Medicare and how to select the Advantage Plan best for you. Presented by Barbara Veazey, R.N. **REGISTER**

COVID BUDGETING & CREDIT SCORE ENHANCEMENT FOR SMALL BUSINESSES

Noon, Tuesday, November 10

The latest information on how small businesses can wisely budget during Covid and best practices for reviewing and improving your credit score. Presented by SCORE. Register at pittsburgh.score.org

TEENS

ART ATTACK! for 6th grade & up
7 pm, Thursday, November 5

Join us for Art Attack!, a take-home teen art project, the first Thursday of every month! To claim a bag of art supplies, please sign at www.mtlebanonlibrary.org and staff will be in touch to arrange a pick-up time! These events take place live via Zoom.

TEEN UNSEEN BAGS

Email us at mtlebsenlibrarian@einetnetwork.net for your chance at a bag! Bags include 3 or 4 books, plus a themed extra surprise! Theme details are announced via our teen Instagram page @mt.lebo.teen Three bags will be available from 4-7:30 PM Mondays & Wednesdays, and all day Fridays!



AUTHOR VISIT WITH CLARE BEAMS

7pm, Tuesday, November 17

Clare Beams's new novel, *The Illness Lesson*, published in February, was named a *New York Times* Editors' Choice, a best book of 2020 by *Esquire* and *Bustle*, and a best book of February by *Time*, *O Magazine*, and *Entertainment Weekly*. Her story collection, *We*

Show What We Have Learned (2016), won the Bard Fiction Prize. This lecture is part of the library's Speaker Series. **REGISTER**

ADMIRALS IN COLLISION

2pm, Friday, November 6

Mike Plaskett, from radio's Rhythm Sweet & Hot, will discuss Richard



Hough's book *Admirals in Collision*, the true, tragic story of the accidental collision of the two British Battleships *Camperdown* and *Victoria*. In 1893,

in a horrendous SNAFU while maneuvering in perfectly clear weather, the *Camperdown* steamed into the starboard side of the *Victoria*, sinking the *Victoria*. 358 crew members were killed, including the commander of the British Mediterranean Fleet, Vice-Admiral Sir George Tryon. **REGISTER**

THE MISSOURI AGROUND

2pm, Friday, November 13

Mike Plaskett, from radio's Rhythm Sweet & Hot, will discuss the true story of the grounding of the *USS Missouri* on Thimble Shoal, Chesapeake Bay, in 1950. The presentation will be based, in part, on the book, *Mighty Mo* by Gordon Newell. Nobody was hurt, but the ship was stranded for two weeks and had to be rescued by a large fleet of tug boats. The Navy was acutely embarrassed, and the captain and the navigator of the *Missouri* lost their jobs. **REGISTER**

HEALTHY LIVING FOR YOUR BRAIN AND BODY

10 am, Wednesday, November 11

Judy Grayhack, PhD, CCC-SLP, director of Rehabilitation at West Penn Hospital and an educator with the Alzheimer's Association-Greater Pa Chapter, will talk about what you can do to keep your brain and your body healthy as you age. **REGISTER**

**Additional programs may be added!
Check the library's calendar at www.mtlebanonlibrary.org for updates. All programs supported by Friends of Mt. Lebanon Library**