

Dates: 10/26/20 to 10/30/20

Location: Park Tudor

MONDAY

Item Name	Allergens
Oven Roasted Chicken	
Roasted Carrots	
Homemade Mashed Potatoes	Milk
Black Bean Veggie Burger	Eggs, Wheat
BBQ Pulled Pork on a Bun	Wheat
Cheeseburger	Milk, Soybeans, Wheat
French Fries	
Turkey & Cheese Sandwich	Milk, Wheat
Greek Vegetable Pita	Milk, Soybeans, Wheat
Southwestern Salad	
Chef's Salad	Milk
Honey Mustard Ham Sandwich	Milk Wheat
Vegetable Cup	
Hummus Protein Pack	Soybeans
Garden Salad	
Fruit Cup	

TUESDAY

Item Name	Allergens
Cheese Ravioli Marinara	Eggs, Milk, Wheat
Black Bean Burrito	Milk, Soybeans, Wheat
Roasted Squash	
Cheeseburger	Milk, Soybeans, Wheat
Grilled Chicken Breast	
Fried Tater Tots	
Turkey & Cheese Sandwich	Milk, Wheat
Greek Vegetable Pita	Milk, Soybeans, Wheat
Southwestern Salad	
Chef's Salad	Milk
Honey Mustard Ham Sandwich	Milk Wheat
Vegetable Cup	
Hummus Protein Pack	Soybeans
Garden Salad	
Fruit Cup	

WEDNESDAY

Item Name	Allergens
Chicken Quesadilla	Milk, Soybeans, Wheat
Cheese Quesadilla	Milk, Soybeans, Wheat

Tex-Mex Corn	
Salsa Refried Beans	
Bacon Cheeseburger	Wheat
Stir Fry Tofu	Soybeans, Wheat
French Fries	
Wings	Eggs, Milk, Wheat
Turkey & Cheese Sandwich	Milk, Wheat
Greek Vegetable Pita	Milk, Soybeans, Wheat
Southwestern Salad	
Chef's Salad	Milk
Honey Mustard Ham Sandwich	Milk Wheat
Vegetable Cup	
Hummus Protein Pack	Soybeans
Garden Salad	
Fruit Cup	

THURSDAY

FRIDAY

Item Name	Allergens
Fried Chicken Nuggets	Eggs, Milk, Soybeans, Wheat
Seasoned Green Beans	
Fried Tater Tots	
Chickpea Croquettes	Eggs
Cheeseburger	Milk, Soybeans, Wheat
French Fries	Milk, Wheat
Turkey & Cheese Sandwich	Milk, Wheat
Greek Vegetable Pita	Milk, Soybeans, Wheat
Southwestern Salad	
Chef's Salad	Milk
Honey Mustard Ham Sandwich	Milk Wheat
Vegetable Cup	
Hummus Protein Pack	Soybeans
Garden Salad	
Fruit Cup	