



What Should I Expect From My Five year old?



Physical Development:

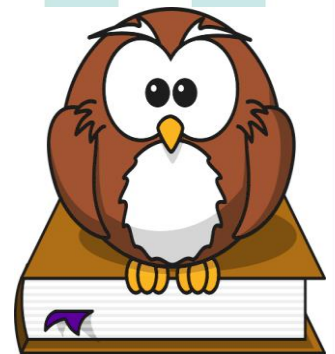
- ❖ First permanent teeth begin to erupt
- ❖ Averages 10-11 hours of sleep each night, naps needed only occasionally
- ❖ Dreams and nightmares are common

Language:

- ❖ Approximate vocabulary of 2100-2200 or more words
- ❖ Questions asked address meaning and purpose
- ❖ Can carry on a conversation with few sound errors
- ❖ Speaks in 6-8 word sentences
- ❖ Enjoys being read to and may act out the story later
- ❖ Sentences are composed of all parts of speech, including noun, verb, preposition, adjective, adverb, etc.
- ❖ When asked, he can give his own name, age, birthday, sex, and address
- ❖ Loves to sing jingles, chants, and rhymes
- ❖ Asks questions using Who? What? When? Why?
- ❖ Asks meaning to unfamiliar words

Learning and Problem Solving:

- ❖ Stays with an activity for 10-15 minutes or more if very interested
- ❖ Knows left and right
- ❖ Counts 10 or more objects
- ❖ Identifies more than 8 colors
- ❖ From memory, identifies missing objects from a group of three
- ❖ Understands past and present
- ❖ Has interest in finishing an activity that is spread over several days
- ❖ Groups objects into food, animals, or toys
- ❖ Identifies coins by name
- ❖ Copies block patterns, using no more than 10 blocks



Motor:

- ❖ Draws a person with head, arms, legs, and trunk
- ❖ Draws a house with doors, roof, chimney, and windows
- ❖ Climbs a ladder
- ❖ Threads large needle independently and sews several stitches
- ❖ Hops forward 10 feet on one foot
- ❖ Can drop kick a ball
- ❖ Prints capital letters, simple words, and numerals
- ❖ Tries to skate, falls may occur often
- ❖ Holds a pencil appropriately
- ❖ Walks a balance board the full length without falling off
- ❖ Copies a diamond, square, triangle, circle
- ❖ Prints own name
- ❖ Colors in lines with crayons

Self-Help:

- ❖ Dresses and undresses self, including small size buttons and snaps
- ❖ Uses all eating utensils properly
- ❖ Brushes and combs own hair
- ❖ Brushes own teeth, but may need an adult's inspection of teeth
- ❖ Can blow and wipe nose, but may be an incomplete job
- ❖ Sleeps in own bed
- ❖ Goes to toilet alone without mentioning it to an adult
- ❖ Learns to tie shoelaces
- ❖ Understands need for tidiness, but needs frequent reminders

Social:

- ❖ May have imaginary friends
- ❖ Very attached to home and family, but will adventure out to some extent
- ❖ Shows sympathy to others
- ❖ Enjoys assisting with household chores and routines; is helpful
- ❖ May be rigid about the "right" and "wrong" way to do things
- ❖ Plays well with other children
- ❖ Protective of younger children and animals
- ❖ Displays a sense of humor