

ROAD SAFETY



ADVICE SHEET 1



Southam
College

Southam College,
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Southam,
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Tel: 01926 812560

PEDESTRIANS

- ✓ Always use footpaths/pavements when available
- ✓ Walk, single file, on the right side of the road if there is no path
- ✓ Be safe, be seen! Wear something bright/fluorescent/reflective
- ✓ Pay attention when crossing a road
- ✓ Find a safe place to cross the road. If there is a zebra/pedestrian crossing, then take the time to use it. If there is no crossing find a place when you can see clearly along the road and drivers can clearly see you
- ✗ Cross between parked cars or on a blind bend
- ✗ Use your mobile phone while crossing the road (including headphones)
- ✗ Stand too close to the kerb when looking to cross
- ✗ Run across the road if you see a gap

TRAVELLING BY BUS

- ✓ Stand well back from the kerb until the bus has stopped
- ✓ Fasten your seatbelt whilst on the bus
- ✓ Wait for the bus to move away before looking to cross the road
- ✓ Talk to parents/carers about what to do if you miss the bus
- ✗ Distract the driver
- ✗ Push or rush to get on or off the bus, people can get injured
- ✗ Cross behind or in front of the bus, drivers may not see you
- ✗ Take risks crossing the road because you are late

TRAVELLING BY CAR

- ✓ Wear your seatbelt
- ✓ Offer to operate the driver's mobile phone to allow them to avoid distractions
- ✓ Be vigilant BEFORE exiting the vehicle
- ✗ Distract the driver
- ✗ Get into a car if the driver may be under the influence of alcohol/drugs

TRAVELLING BY BICYCLE

- ✓ Wear your helmet
- ✓ Wear fluorescent colours in daytime and reflective materials at night-time
- ✓ Have appropriate lights when out at dusk/night-time
- ✓ Use cycle paths when available
- ✗ Have a passenger on your bike with you
- ✗ Wear headphones
- ✗ Weave between traffic

HOW CAN PARENTS/CARERS SUPPORT?

- ✓ Warn young people of the possible dangers of being distracted by friends or their phone
- ✓ Keep talking about the dangers of traffic and need to stay alert
- ✓ Point out potential hazards or people making poor road safety choices when out together
- ✓ Encourage young people to practice judging speed and distance of approaching vehicles when with you, help them identify safe gaps in traffic

**ALWAYS Stop, Look and Listen
before crossing the road**