

Please evaluate your child daily for the following symptoms before sending them to school.

These symptoms indicate a possible illness that may decrease students' ability to learn and put them at risk for spreading illness to others. For more information view the [MDH Decision Tree](#).

MORE COMMON

Symptoms Consistent with COVID-19

If your child is experiencing **one (1)** of these symptoms listed below, they need to **stay home for 10 days from the time symptoms started or until they test negative or receive an alternative diagnosis**. Siblings need to remain home for 14 days.

- Fever greater than or equal to 100.4°F
- New onset and/or worsening cough
- Difficulty breathing
- New loss of taste or smell

IMPORTANT

If your child has been in close contact with someone who tested positive or has a family member who is being tested, they need to stay home for 14 days.

If the student has the following symptoms, **seek emergency medical care immediately:**

- Trouble breathing
- Pain or pressure in the chest that does not go away
- New confusion
- Inability to wake up or stay awake
- Blue lips or face
- Severe abdominal

LESS COMMON

Symptoms Consistent with COVID-19

If your child is experiencing **two (2)** of these symptoms listed below, they need to **stay home for 10 days from the time symptoms started or until they test negative or receive an alternative diagnosis**. Siblings need to remain home for 14 days.

- Sore throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Body aches/muscle pain
- Excessive Fatigue
- New onset of severe headache
- New onset of nasal congestion or runny nose

If your child is experiencing one (1) of the symptoms listed above, consider an evaluation from a healthcare provider. Once that is done the child may return to school 24 hours after symptom improvement. Siblings do not need to stay home.

If your child is experiencing symptoms defined above, has been in close contact, has had a positive COVID-19 test, or has a family member with the above symptoms call the Early Childhood Family Center Absence Line at 763-753-7183 and list the specific symptoms that your child is experiencing.

Medical Evaluation and/or COVID-19 Testing

<p>No Medical Evaluation</p>	<ul style="list-style-type: none"> • Student must stay at home in isolation for at least 10 days from time symptoms started until symptoms improve AND no fever for 24 hours (without fever reducing medications). • Siblings and household contacts must stay home and quarantine from all activities for at least 14 days.
<p>Alternate Diagnosis Received (An established medical diagnosis obtained through evaluation by a health care provider and/or diagnostic test)</p>	<ul style="list-style-type: none"> • Student may return to school 24 hours after symptom improvement or as directed by a health care provider. • Siblings and household contacts do not need to stay home once the alternate diagnosis is known. • Written documentation from a health care provider is REQUIRED in order for student to return to school earlier than the 10-day isolation period. • Regardless of alternate diagnosis, if the student is also being tested for COVID-19, the student and all household contacts must stay home until results are received.
<p>Tested for COVID-19</p>	<ul style="list-style-type: none"> • Student and all household contacts must stay home until results are received: <p>NEGATIVE COVID-19 Test Received</p> <ul style="list-style-type: none"> • Student may return to school 24 hours after symptom improvement or as directed by a health care provider. • Siblings and household contacts do not need to stay home once the negative result is known. • Written documentation from a health care provider is REQUIRED in order for student and siblings to return to school earlier than the 10-day isolation period. <p>POSITIVE COVID-19 Test Received</p> <ul style="list-style-type: none"> • Student must continue to isolate at home for 10 days from time symptoms started until symptoms improve AND no fever for 24 hours (without fever reducing medications). • Siblings and household contacts are now considered ‘Close Contacts’ and must continue to quarantine from all activities for at least 14 days starting with the day they were last in contact with the positive person. <p>CLOSE CONTACTS</p> <ul style="list-style-type: none"> • Close Contacts should seek COVID-19 testing 5-7 days after their last contact with the positive person. • If a Close Contact develops symptoms and/or tests positive for COVID-19, they must stay at home in isolation for at least 10 days from the time their symptoms started or the time they were tested until symptoms improve AND no fever for 24 hours (without fever reducing medications). • With a second household contact becoming symptomatic, siblings and household contacts are again considered ‘Close Contacts’ and must continue to quarantine from all activities for at least 14 days starting with the day they were last in contact with the second positive person.