

Why try Fencing?

Due to its unusual physical requirements and its endless tactical nuances, fencing is a sport which challenges students to develop extra physical skills, critical thinking and problem-solving abilities.



Who can do it?

Fencing is available to all students as a Games option. Year 9 students will be able to experience fencing as part of the Thursday sport option in order to challenge and expose them to different experiences. Those Year 9 students who have enjoyed fencing within this programme are then welcome to join the Fencing Club and take fencing as a Games option. Years 9-11 can fence up to five times a week and attend competitions at county, regional and national level as part of the squad if they wish. Sixth Form students can access fencing through the Games programme, whether they are established international fencers or complete beginners.

Highlights from 2019-20

- Successfully won the National Public Schools overall title for a record eighth consecutive year
- Gold medals in every age group and both genders at the British Schools' Team Championships
- The Under 18 squad crowned British Champions in five of six categories at the British Schools' Team Championships
- Senior Regional titles for Jacob Mitchell, Jake Hurst, Evita Chan and Kelsey Woname, with Jacob also being crowned South West Master-at Arms
- Fifteen students represented their country
- Millfield Fencing was again represented in Africa, Asia and Europe

Looking forward to 2020-21

- Aiming to win overall Public Schools and IAPS titles again
- Welcoming yet more international athletes into the squad
- Working ever more closely with Millfield Prep fencers to create the #fencingfamily

Director of Fencing: Tristan Parris
Email: parris.t@millfieldschool.com
Coaches: Glen Golding, Nat Lewis, Mike Cleary, Sue Benney



High performance

Millfield Fencing can provide training in all three fencing weapons at the highest levels.

We offer individually tailored training, including private and group tuition. These sessions are available to all students who opt for fencing as their Games option, and all sessions are integrated into the school timetable.

We provide holistic support through athletic development, nutrition, psychology and physiotherapy services.

Jacob Mitchell (GB U17 and U20 fencer) says:

"The combination of expert individual lessons, tactical exercises and physical sessions have meant that I understand how to set my own goals both within fencing and in my studies. The atmosphere in the Salle makes me want to train hard and have fun every session."



Success stories and future stars

David Williams joined us this year from Germany to access our training programme with the aim of making it into the GB squad - he has excelled and represented GB at the World Championships this year. David won the Senior Men's Foil at the Public Schools', anchored the winning Men's Foil team at the School Championships and also referees and coaches the Prep School at their events.



Elena Launder started fencing at the Prep School and had her first taste of international fencing this year, representing England at a competition in Poland.

"If it hadn't been for the opportunity at Millfield I would never have found fencing and now I love it."