

## Why try Basketball?

Basketball is a fast-paced, dynamic team sport which challenges people both physically and mentally. At Millfield you can compete in basketball at school level, National League Club level or just for fun.



## Who can do it?

Basketball is available to all boys as a Games option for Years 9, 10, 11 and Sixth Form. All year groups compete in regional and National Schools competitions. We now also offer a girls-only basketball session open to all year groups. There are two weekly open shooting sessions available to anyone who wants to come and shoot a basketball, including recreational players.

## Highlights from 2019-20

- Finalists in the South West U14 Boys Tournament
- Winners of South West Independent Schools U19 competition
- Several students involved in Huish Tigers academy program
- Two players involved in the Bridgwater BUCS Senior men's team
- Over 20 girls attended new basketball sessions
- Representative in the U15 South West Regional girls programme

## Looking forward to 2020-21

- Starting a new girls' basketball programme
- More players on the Basketball England Performance Pathway
- Setting up stronger links with external basketball clubs
- Basketball tour to Europe
- Growing and developing basketball within the school

## High performance

Basketball players at Millfield have access to the normal Games Programme (three sessions a week) plus additional shooting and skill development sessions. Individual coaching sessions are also available with the Head Coach. Players have access to athletic development programmes with our performance coaches. Nutrition and sports psychology are currently available to players on a one-to-one basis.

We have strong links to the regional setup and have several players involved in the South West and other regional programmes, which is part of Basketball England's performance pathway to the national team squads.



Dominic Hudson, a former Senior Captain, who now plays for Bath University first team, said:

*"I started playing basketball in Year 10 as a novice. I enjoyed the challenges of basketball so much I was hooked; by the end of Year 11 I made the senior squad. I continued to improve throughout Lower Sixth and this culminated in my selection for the Scotland U18 trials the following year."*

## Success stories and future stars

We have successfully introduced basketball at Millfield Prep. Pupils now have access to regular basketball sessions. They regularly enter the IAPS tournament and have been very successful in recent years. This year's U14 team competed in the South West U14 Club League, successfully getting through to the second stage of a very strong competition. The future looks very bright for Millfield Basketball.



Harry Turner left the Millfield Basketball Programme to take up a scholarship at Worcester University. During the last two seasons he has represented English Universities, winning the British Championships. Worcester also won the BUCS tournament and Harry in addition has played for the BBL team which plays in the only professional league in the UK.