College and Career Connect is the space to connect with fellow SYA alumni whether you are seeking college or career advice, or if you want to be a mentor to someone who is.

In a good mentorship, mentees get the benefits of learning from someone who’s been there before and mentors get the reward of paying it forward. Whether you are seeking or offering to provide advice, we’ve outlined suggestions in this guideline on establishing a good partnership for both mentee and mentor.

*Here’s what you do:*

**Step 1:**
Go to [ConnectSYA and activate](#) your profile. Hover over the Connect button in the top navigation bar and drop down to College and Career Connect.

**Step 2:**
Select "Join program" in the upper right-hand corner.

Next select "I need help" or "I’m here to help."

**Step 3:**
Now, you’ll need to provide a little bit of information, either about what you’re willing to help with or what you might need help with. It’s fairly self-explanatory.

If you’re offering or seeking college advice, you’ll need to add some text to each of the three questions. See the example for suggested inclusions.

You’re ready to seek or advise.

You’ll see that there are alumni who are offering mentoring in areas including career direction, resume review, consulting, interview prep, etc.