

CESIT Course Descriptions (Alphabetical)

Term 2

2020-2021

Adulting 101 (In Person) (1st Period)

Students learn how to work/live/and play in an adults financial world. Students will choose a career and evaluate their weekly/monthly earnings. Students will play the game of Life- buy groceries weekly, get a flat tire, pay rent/mortgage, pay for kid's needs, etc..

Adulting 101 (Virtual) (3rd Period)

Students learn how to work/live/and play in an adults financial world. Students will choose a career and evaluate their weekly/monthly earnings. Students will play the game of Life- buy groceries weekly, get a flat tire, pay rent/mortgage, pay for kid's needs, etc.

"Among Us" (Virtual) (3rd Period)

Test your social deduction and persuasion skills in one the current most popular games right now! Students will play with one another on Zoom, and find out who's the best crewmate/imposter. A smartphone is recommended!

Art (Virtual) (1st Period)

DRAWING-- Learn how to draw ANYTHING and amaze your friends and family!

Art (In Person) (1st and 2nd Period)

Be Inspired, Get Messy, Leave Happy! Come create!

Book Club (In Person) (3rd Period)

Come join the librarian for a fun book club. We will begin the class by reading the scary book Small Spaces by Katherine Arden. After we have finished that book, students will be able to read any book(s) of their choice for the rest of the 9 weeks. Each student will need to create a book trailer for books they read which will be used in the daily announcements.

Bullet Journaling (In Person) (3rd Period)

Do you love organization and doodling? Then Bullet Journaling is for you! Bullet Journaling is a creative outlet while creating your own planner. A bullet journal can be used to log your daily activities, keep track of your habits, or even be a reading log. It can be anything you want! Come use your creative side to organize your life.

Cardio Kickboxing (Virtual) (PE 7/8 Priority) (3rd Period)

This a virtual group fitness class that combines martial arts techniques with fast-paced **cardio**. This high-energy workout challenges the beginner and elite athlete alike. Build stamina, improve coordination and flexibility, and burn calories as you build lean muscle with this fun and challenging workout.

Community Care aka "C Squared" (In Person) (2nd and 3rd Period)

If you enjoy helping others, and want to make a difference in your school, community, and city, this is the class for you! We will explore the many ways that we can lend a hand to those that could really use it, and actually participate in some too! Volunteering is not only a great way to make an impact, it increases self-confidence! You are doing good for others and the community, which provides a natural sense of accomplishment. The better you feel about yourself, the more likely you are to have a positive view of your life and future goals! And who knows, maybe one day, you will have the favor returned.

Cougar's "Variety Pack" Fitness (Virtual) (PE 7/8 Priority) (1st Period)

Increase your strength, flexibility, and balance through a variety of cardio workouts, including Zumba, Strength Intervals, Power Yoga, and of course stretching! Class may use light weights.

Creative Writing (Virtual) (1st and 3rd Period)

If you enjoy writing stories and imagining worlds on your own, come to Creative Writing! We will explore different genres of writing and discuss how we can better tell a story. This class will help you in your language arts skills and expand your creative mind.

CNN-Cornerstone Network News (Virtual) (2nd Period)

Come and be a part of our broadcast news program. We will produce the Friday weekly announcements in a video to be shared school-wide. Students will learn how to create and produce a quality video using iPads and green screen effects.

CSA FlipFlop (Virtual) (2nd Period)

Wanna have fun learning trendy viral dances without having to use an app??? Each week, learn a new short dance to show off to your crew!! Don't worry about downloading an app or forgetting them, we'll use flipgrid to post all of our awesome moves!!

CSA Roar News Magazine (Virtual) (1st Period)

The CSA Roar is for students who are passionate about current events in the school, our country and our world. Students learn about news writing and have self-selected articles published in our full color news magazine.

Escape Room (In Person) (1st and 3rd Period)

Learn how to navigate a series of Escape Rooms online. Some may be linear (must complete one activity to move on), and some may be more virtual exploration on your own.

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iPodcast (Virtual) (2nd Period)

Love a mystery? Science? Sports? History? Just a good story? Podcasts are a great way to expand your world and feel unplugged without unplugging (maybe mom and dad won't count this as screen time). Pick a podcast (or two), then listen, reflect, share, and plan your own podcast episode or series. Who knows, you might become the next big thing! Ready, set, listen!

It's all Mixed Up! (In Person) (2nd and 3rd Period)

Do you love competing with your friends playing a variety of games? Join us 2nd period where we'll play a variety of games each week including Bingo, Monopoly, Puzzles, and more! If you have a favorite game to add into our mix, be ready to take the lead!

Keyboarding (In Person) (1st Period)

Are you tired of trying to type up your class essays with two fingers? Does it take more time to do that and correct errors than it does to write it by hand? Then try this keyboarding class. Let's face it, you will be typing essays and stories throughout your education. You might as well start practicing now. Touch-typing is the act of using the keyboard without looking at your hands. This class will provide the time and practice for you to learn the keys and the typing skills you will need to write those future essays.

Kickball (In Person) (PE 7/8 Priority) (3rd Period)

This is a classic game and lots of fun to play!

Lights, Camera, Action! (In Person) (1st Period)

Explore the world of Film Making through commercials, green screens, and more. I'm ready for my close up! No experience or audition necessary.

Lights, Camera, Action! (Virtual) (2nd Period)

Explore the world of Film Making through commercials, camera shots, and more whether you are comfortable in front of or behind the camera. No experience or audition necessary.

NAILED IT (In Person) (2nd Period)

Students will use their **crafts**manship and creative abilities to transform an ordinary piece of wood into an artistic representation of their personality. The tools of the trade will be... a hammer, pliers, and nails to lay out a design of their choosing to then add a pop of color with string. See the examples below.

Nine Square (In Person) (PE 7/8 Priority) (1st Period)

Enjoy the game that everyone loves to play at lunch but without the line. Come out and have a blast.

Pixar in a Box (Virtual) (1st Period)

Pixar in a Box is a behind-the-scenes look at how Pixar artists do their jobs. You will be able to animate bouncing balls, build a swarm of robots, and make virtual fireworks explode. The subjects you learn in school — math, science, computer science, and humanities — are used every day to create amazing movies at Pixar.

Smash Bros./Gaming (In-Person) (1st Period)

A place for both casual and competitive gamers. Showcase your skills in one of the most popular fighting games on the Nintendo Switch!

Soccer (In Person) (PE 7/8 Priority) (2nd Period)

If you would like to have some time to kick around the soccer ball and play a few games then sign up for this class. We will have some fun while getting in some good cardio!

Sportzapalooza (In Person) (PE 7/8 Priority) (2nd and 3rd Period)

Are you a sports fanatic?! Come compete in all kinds of sports, such as flag football, soccer, and kickball just to name a few. Who knows, we may even do some tennis, baseball or track. We will be mixing up the sports each day - anything is possible in Sportzapalooza.

STITCHED: Cross Stitching (In Person) (3rd Period)

Students will learn or advance their abilities in cross stitching. Cross stitch is a form of counted thread embroidery that has been around for ages, and it is one of the basic forms of hand embroidery to learn by following steps and patterns. Cross stitch is comprised of X-shaped stitches done on fabric and designs can be traditional or modern or anywhere in between.

Tech Theatre (In Person) (3rd Period)

Do you like to design and create? Explore all aspects of technical theatre. No experience necessary!

Walk it Out (In Person) (PE 7/8 Priority) (2nd Period)

Do you love to walk? Come join us walking on the track, around the school, and even in the close neighborhoods. We will safely social distance ourselves and enjoy our light exercise each day.

Walking (In Person) (PE 7/8 Priority) (1st Period)

Walking is great way to relieve stress and lighten your mood. Join us for an early morning stroll on the Cornerstone Campus. It will be a great way to start your day!!

Wanna Be a Baller (In Person) (PE 7/8 Priority) (2nd and 3rd Period)

In this class we will play different games with balls., such as, baseball/softball, nine square, soccer, football, kickball, etc. If you have a baseball or softball glove you will need to bring it! J