

News Update

Dates for the Diary

Last day of Term 1	Thurs 22nd Oct
INSET DAY— Wider Curriculum	Fri 23rd Oct
HALF TERM	w/c 26th Oct
INSET DAY— Remote online learning	Mon 2nd Nov
First day of Term 2	Tues 3rd Nov
Flu Vaccinations Years 1-6	Thurs 10th Dec
Last day of Term 2 for academy	Fri 18th Dec
Last day for Nursery children	Mon 21st Dec
CHRISTMAS BREAK	w/c 21st Dec
INSET DAY	Mon 4th Jan

Academy update

Thank you to all of the pupils who helped us with the photos for our academy prospectus last week. All pupils have enjoyed saying 'cheese' this week for our individual pupil photos. We were able to use the Main hall to take the photos to allow everyone to maintain the appropriate social distancing rules. We look forward to sharing the proofs with you soon.

East Sussex Fire Service

East Sussex Fire and Rescue Service is committed to keeping residents safe – this includes supporting families to reduce the risk of fire in the home, and how to respond to a fire in the unfortunate event that this occurs.

In response to the COVID-19 pandemic, they are able to offer virtual Home Safety Visits to families in East Sussex. This includes a telephone risk assessment where they can talk to you about the fire risk in your home, after which they may:

- Post you further information leaflets AND / OR
 - Post you smoke alarms to fit yourself (if you don't have adequate working alarms) OR
- If the risk is high and no one in your home is able to fit a smoke alarm, they will take protective precautions and fit a smoke alarm for you in your home.
- If you would like to find out more about a Home Safety Visit, you can either:
- Call on **0800 177 7069** , or;
- Complete and return a **Home Safety Visit Request Form**, which should be sent to Safetyvisits@esfrs.org

Dewberry have been visited by a local musician this week. They are taking part in a song-writing project that will run until Christmas. The class are working to create a festive song that the whole academy can then learn. We hope Dewberry will go on to write academy songs for all occasions!



Maths Week England Rock Out 2020 is starting soon!

With certificates and prizes to be won, our online competition from Monday 9th November 2020 to Saturday 14th November 2020, will support pupils in learning the times tables while having fun! Make sure you have go, your log in means you are ready to play. Talk to your class teacher if you haven't received a login yet.



Robsack Wood Primary Academy

THANK YOU

YOUR SCRUMMYY COFFEE MORNING RAISED

£86.83

FOR MACMILLAN CANCER SUPPORT

Your incredible contribution means Macmillan nurses can spend more time with people affected by cancer and their families. Together we're changing lives with every slice.



Pupil Parliament

Our Pupil Parliament representatives for this year are:

- Hazelnuts—Erin and Ben
- Chestnuts—Olivia and Georgina
- Mulberry—Bella and Charlie
- Dewberry—Ana and Shaya
- Elm—Lola and Jake
- Oak—Cameron and Sedef
- Beech—Richie and Scarlett
- Birch—Emma and Josh
- Rowan—Miles and Izzy
- Redwood—Harry and Mia
- Willow—Lily and Lucius
- Walnut—Sophie and Arlo



They are currently reviewing the lunch menus and will provide feedback when their investigations are complete!

Cross Country

Over the coming weeks, the children of Robsack Wood will be competing in a 'virtual' cross-country event against other schools. All year groups from Year 1-6 will be involved and compete against each other in small groups within their classes. Their times will then be sent in to be compared against children from other schools throughout the area. Events like this will run virtually throughout the year (or until it is safe to do together again) so that children can continue to get the opportunity to pit their skills and sporting prowess against pupils from other schools.



Inclusion

This week the Inclusion Team has been reviewing internet safety and compiling a list of safe and useful search engines to support our pupils. These include safe search engines, search engines that support visual learners and pupils who have English as an additional language. Parents/carers can also use these to support learning at home. They include:

- Kidtopia— this is a Google custom pupil safe search engine for pre-school and primary aged pupils.
- Kiddle—this is a visual search engine for kids powered by Google, offering safe kids web, image, and video search. Results are vetted by editors.
- KidsSearch.com—this is a safe search engine for children. They use Google's Safe Search technology and advanced filtering tools on web content. They offer kid friendly links through their directory, each site is peer reviewed for appropriate content, usefulness and fun.

Pupil mental health and wellbeing—Anxiety

What is anxiety?

Anxiety is actually a perfectly normal human state – and despite its presence in the headlines as a major player in the mental ill-health of many people – it actually has its uses!

At moderate levels of anxiety, a person's performance and attention to detail can improve. However, it becomes a problem when the feelings become more intense, last for a long time and begin to negatively impact on how well you can do things, your enjoyment of things and family life. In general, stress and fear are seen as responses to specific, external factors, whereas anxiety is often internal and is usually concerned with what could or might happen.

The link below will take you to a wellbeing questionnaire that you may want to complete with your child if they are showing signs of anxiety.

<https://www.elsa-support.co.uk/wp-content/uploads/2020/06/Wellbeing-questionnaire.pdf>

