

Parent Lesson plans Week of 10/19/20
6th Grade 7th and 8th Grade PE

Check Google Classroom for daily assignments and complete!

Monday	
<p>9:00 am - 9:18 am- Advisory with Harrison- Check in 9:18-10:32- Mindful Hearing for Listening Ears (SEL) YouTube Dynamic Warm-Up Mindful Eating Understanding Heart Rate PE- Standard- Relationship Building Take responsibility for their interactions with others.</p> <p>10:47 am - 12:01 pm- Mindful Hearing for Listening Ears (SEL) YouTube Dynamic Warm-Up Mindful Eating Understanding Heart Rate PE- Standard- Relationship Building Take responsibility for their interactions with others</p> <p>1:01 pm - 2:15 pm- Mindful Hearing for Listening Ears (SEL) YouTube Dynamic Warm-Up Mindful Eating Understanding Heart Rate PACER TEST Students will need to re-create this @ home. https://www.youtube.com/watch?v=9KPskEdeqx8 https://www.youtube.com/watch?v=Ixbd7-c-b_U</p> <p>(Doodling time for students w/music) https://padlet.com/danielnegrete/e11gsoxo35p01moa</p> <p>PE- Standard- Relationship Building Take responsibility for their interactions with others</p>	

Tuesday	
9:00 am - 9:18 am	Morning Advisory Collaboration with Harrison/Negrete
10:47 am - 12:01 pm	PE

	<p>CA PE Standard: 2.3 Analyze and correct errors in movement patterns.</p> <p>Looking Heart Rate slides</p> <p>Creating a Mile Run within your home</p> <p>Warm Up- Dynamic VS Static SEL: Resiliency Collaboration with Mr. Llamas: Quotes</p> <p>Google Classroom Code: kwhjsv6</p>
<p>1:01 pm - 2:15 pm</p>	<p>PE</p> <p>CA PE Standard: 2.3 Analyze and correct errors in movement patterns.</p> <p>Looking Heart Rate slides</p> <p>Creating a Mile Run within your home</p> <p>Warm Up- Dynamic VS Static SEL: Resiliency and Self Control Break Out Rooms</p> <p>Google Classroom Code: kwhjsv6</p>

<p>Wednesday</p>	
<p>9:00 am - 10:32 am</p>	<p>PE</p> <p>CA PE Standard: 2.3 Analyze and correct errors in movement patterns.</p> <p>Warm Up- Dynamic VS Static</p>

	<p>Looking Heart Rate slides</p> <p>Creating a Mile Run within your home</p> <p>SEL: Resiliency and Self Control Break Out Rooms Google Classroom Code dnikga5</p>
10:47 am - 12:01 pm	<p>PE</p> <p>CA PE Standard: 2.3 Analyze and correct errors in movement patterns.</p> <p>Warm Up- Dynamic VS Static</p> <p>Looking Heart Rate slides</p> <p>Creating a Mile Run within your home</p> <p>SEL: Resiliency and Self Control Break Out Rooms Google Classroom Code kwhjsv6</p>
1:01 pm - 2:15 pm	

Thursday	
9:00 am - 10:32 am	<p>CA PE Standard: 2.3 Analyze and correct errors in movement patterns.</p> <p>Dynamic Warm- Up</p> <p>Looking Heart Rate slides</p> <p>Creating a Mile Run within your home</p> <p>Mindful Hearing and Listening Ears Activity</p>

	Continue with “The Perfect Game” Video about Resiliency
10:47 am - 12:01 pm	<p>CA PE Standard: 2.3 Analyze and correct errors in movement patterns. Dynamic Warm- Up</p> <p>Looking Heart Rate slides</p> <p>Creating a Mile Run within your home</p> <p>Mindful Hearing and Listening Ears Activity Continue with “The Perfect Game” Video about Resiliency</p>
1:01 pm - 2:15 pm	<p>CA PE Standard: 2.3 Analyze and correct errors in movement patterns. Dynamic Warm- Up</p> <p>Looking Heart Rate slides</p> <p>Creating a Mile Run within your home</p> <p>Mindful Hearing and Listening Ears Activity Continue with “The Perfect Game” Video about Resiliency</p>

Friday	
9:00 am - 9:18 am	<p>Morning Advisory Collaboration with Harrison/Negrete</p> <p>Google Classroom Code dnikga5</p>
9:18 am - 2:00 pm	<p>Collaboration with 6th Grade Team Making Calls home Lesson Planning</p>
9:55 - 10:32	
11:09- 11:46	

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