



Lake Washington School District

Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home. This is family.

WSPS

Dear Wolves:

Eastlake teachers are amazing!

As I have shared previously, everything we have done in the past has to be revised and reimagined, including curriculum planning and classroom lessons. No educational organization anywhere I know has tried to deliver remote synchronous instruction at this scale. This transition takes an incredible amount of time and energy. During the classroom lessons I have observed, I am amazed at how teachers are constantly checking in with students on their experience and progress. They have found ways to rethink their questioning strategies. They have figured out the new technology platforms to engage students, reorganize their work and collaborate with one another. Every teacher I have talked to is exhausted already, but they march on, signing on every day and doing their very best.

Eastlake Counselors are also amazing!

Our Counselors are trying to meet with every student in Grade 9 and 10 to get to know them and help them feel more connected to Eastlake. They are meeting with students who are at risk of failing classes or not graduating from high school. They are also meeting with lots of students with various social or emotional needs.

I know that we have too many students with low grades. I know we have too many students that feel isolated and disconnected. I know that in every instance we have not struck the right balance between academic progress and student wellness, and we need to continue to adjust both our pedagogy and expectations.

However, I am incredibly proud of this staff. In my years as Principal at Eastlake, I have viewed my most important role as hiring staff who teach kids over content, who show up every day positive and enthusiastic, build relationships with students and inspire them to learn and grow.

As a school, we are continuing to learn and grow and need input from students and

parents to help us in that process. That means we need both qualitative and quantitative data. This week students took a Panaroma survey, but please reach out if you feel compelled to share your experience and ideas to help us improve.

Wolf Strong, Pack Strong

-Chris Bede, Principal

News From The Den

Eastlake Daily Schedule [Week of October 19th-23rd](#)

Semester 1 daily schedules are posted on the Eastlake website [here](#).

Introducing - Eastlake All School Counseling Newsletter

Each week, you can expect to see a link to the Eastlake Counseling Newsletter. This newsletter will run weekly in the Wolves Weekly Update and will reside in the Counseling, College and Career News section below and on the EHS website Counseling tab.

Like everything in the Wolves Weekly, some information will be grade specific, other information included will be information every student should know. We encourage you to check each week because much of this is not on our website and is not sent out in any other way.

This week's topics include:

- Counselor Meetings & Contact Information
- 9th Grade Counselor Meetings
- Should I turn on my video in meetings?
- REMINDER: AP Classroom Enrollment & Payments
- Study Zone FREE Tutoring-Updated Information S
- Suzanne Campiche - Ending Social Isolation
- Seniors College Applications Wolf Times
- College & Career -Live Wednesdays, Virtual College Fairs & in-depth information on WUE

[October 16th edition here](#)

Picture Retake Pickup

LifeTouch photos from the September 16th makeup day are now here! Stop by during open building hours to pick them up. The last opportunity to have your picture taken will be on Wednesday November 18th from 9AM-3PM

Wolf of the Month - September 2020

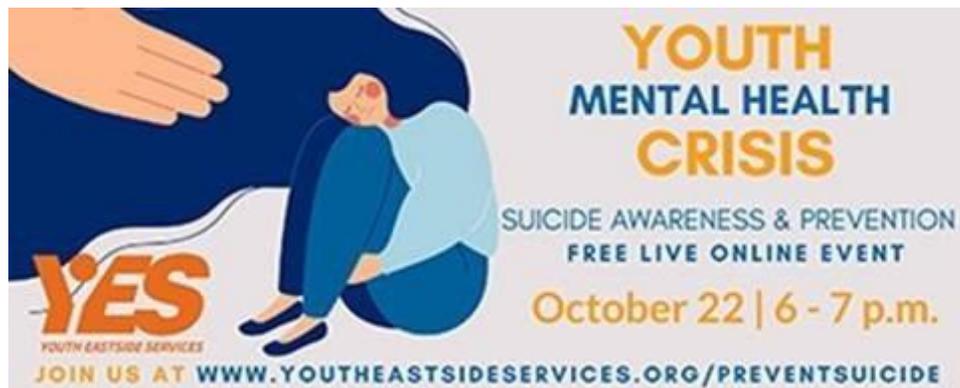
Wolf of the Month is a tradition at Eastlake recognizing excellence in students. This may include excellence in academics, effort, and citizenship. Every month students are nominated per category by their teachers/department. The Wolves of the Month will receive their recognition letter and certificate in the mail.

Congratulations to the [Wolf of the Month Nominees for September 2020!](#)

Mental Health Support

Join Youth Eastside Services for this [free live event](#): A Conversation About Suicide For

more information please contact [Allyse Dire-Day](#).



Run With The Pack 5K & 10K

We invite the entire Eastlake Community (students, families, staff) to join us in a virtual 5k or 10k walk/run. The virtual race will be held on Nov. 21 or 22. We want to work together towards a common goal, challenge ourselves, feel connected, and have some fun! All ages and abilities are encouraged to join.

The race is free to participate in, but by signing up, you will be receive training schedules/tips and other information about this event. sign up [here](#).

We hope to see you out training!

-Eastlake Wellness Department

Applications for National Honor Society Now Open

Applications for National Honor Society are now open! If you have any questions please contact [Ms.Ruge](#).

Requirements for New Members:

- Sophomores through seniors
- 3.5 Cumulative GPA (at end of first semester last school year)
- 10 Hours of Community Service (in past 3 years) or Service Plan
- 2 Leadership Experiences (in past 2 years) or Leadership Plan
- Complete a New Member Application on Microsoft Forms by deadline October 23rd at 11:59pm
- Link for New Member Application: <https://tinyurl.com/y4eengdk>

Requirements for Returning Members:

- 3.5 Cumulative GPA (at end of first semester last school year)
- Must have been inducted in the spring
- Complete a Returning Member Application on Microsoft Forms by deadline October 23rd at 11:59pm
- Link for Returning Member Application: <https://tinyurl.com/y4vd8nqv>

Requirement for Officer Application:

- Must be a returning member (junior and seniors ONLY)
- Can attend weekly Wednesday officer meetings
- Complete a Returning Member Application
- Complete an Officer Application by October 23rd at 11:59pm
- Link for Officer Application: <https://tinyurl.com/yxtcc3tj>

Join the Eastlake NHS Remind text @nhsruge to 81010 for more updates!

Math Lab on Wednesdays from 4:30 – 5:30 PM

Want some additional math support with a math teacher? Join Math Lab on Wednesdays! Click the meeting link below for your math course between 4:30 and 5:30. You can pop in with a quick question or stay for the entire hour.

- For students in Algebra 1, Geometry, Algebra 2, Honors Algebra 2, or Math Analysis: [Join Microsoft Teams Meeting](#)
- For students in UW Precalculus, Foundations of Calculus, AP Calculus AB, or AP Calculus BC: [Join Microsoft Teams Meeting](#)

Equity at Eastlake

From September 15th to October 15th, National Hispanic Heritage Month is a period of recognition and acknowledgement towards the contributions and influences of Hispanic/Latinx Americans in the United States. This month allows students to celebrate how their identities have impacted the history, culture, arts, and overall achievements of the United States. EHS Senior and proud Public Relations Officer of Latinos Unidos, Valentina Martinez Otto, expressed, "Hispanic Heritage Month is a way to celebrate who I am and the culture I represent. Living in America makes it harder to stay connected with this part of my identity, but this [Hispanic Heritage Month] allows me to share and celebrate with other Hispanic Americans like me!" Thanks to the support and contributions of students and staff, the club Latinos Unidos, provides a safe, inclusive, and culturally rich environment for all EHS students year-round. Regardless of someone's background, everyone is welcomed to join and immerse themselves in a club full of socialization, education, and culture! The Hispanic/Latinx population is the second fastest growing minority group in the United States and Latinos Unidos's mission includes preparing young Hispanic/Latinx students to be proud and vocal about their identities and lives. By cultivating safe spaces for students to embrace their identities, Latino Unidos provides the support and education necessary to assist all students in their transformation from students into proud and influential adults in society. As the 2020 election approaches, Latinos Unidos works to recognize and empower EHS students to express themselves and fearlessly overcome challenges. The significance of National Hispanic Heritage Month is more than a month of appreciating the past. National Hispanic Heritage Month serves as a time to also inspire the future!

Check out the [Latinos Unidos Instagram page](#) or contact the LU officers if you're interested in learning more: [Perla Aviles](#) , [Javier Angulo](#) , [Stephanie Enriquez](#) , or [Valentina Martinez Otto](#).

-Alicia Egashira

Library

Library Wolf Time: Students, do you need a book recommendation, technology assistance, or help with research and citations? You can sign up for Library help for Wolf Time and get a variety of assistance and resources from Kathleen Story. This will be available starting the week of October 19th.

EHS Library Books: Request print library books by using the Form on the [EHS Library Website](#). The Library Staff is working hard to be sure you can get what you need. Mrs. Story will bag them up for you with your name on it so you can pick them up during the EHS Building Hours.

-[Kathleen Story](#)

Counseling, College & Career News

Beginning next week, this is where you will find

the All School Counseling Newsletter. The October 16th edition is linked above and attached [here](#).



College and Career Center News

Live Wednesday Virtual College Visits for 10/21

- [University of Illinois at Urbana Champaign](#) at 9 am
- [Johns Hopkins University](#) at 12 pm
- [Western Undergraduate Exchange with U. of Alaska and Boise State](#) at 1:30 pm
- [UC Santa Barbara](#) at 3 pm
- [See the Full Live Wednesday Schedule](#)

Virtual Area College and Career Events

[Including a newly added 10/20 Info session with University of Chicago.](#)

College Application Wolf Time Drop In

Seniors, drop into Wolf Time with your College App Questions. Links will be on the College and Career Classroom Team Meeting Channel.

- Friday, 10/21
- Tuesday, 10/27
- Friday, 10/30
- Tuesday, 11/3
- Friday, 11/6
- Tuesday, 11/10
- Friday, 11/13
- Friday, 11/20

Athletics



Check the status of our programs by visiting the EHS [athletics website](#). Please also check sport specific websites for updates.

FinalForms Registration

Did you know that you can check your student's physical expiration date and to see if they are registered for a sport?

When you login to your [FinalForms](#) account, the expiration date of the physical is shown below your students name on the left. Each school year you must login to your account and provide any updated information and sign all required forms with your electronic signature.

If you need to update your student's physical you can scan it to [Amy Hill](#) or drop it off during office hours. **Please make sure the physical is signed, dated and stamped by the clinic.**

Order Your 2020-2021 Yearbook- Purchase by October 25th!

We are now taking orders for the 2020-2021 yearbook! We can only accept online purchases at this time. To order your copy follow these instructions:

- [Online payments](#)
- Select students name
- select shop: Items at students school
- select YEARBOOK

The cost of the yearbook is \$65. Email [Karen Guinasso](#) if you need help purchasing a yearbook or need financial assistance. Visit the [Yearbook page](#) on the Eastlake website for more information about this year yearbook..

Seniors - Class of 2021



Graduation Date Has Been Set!

Mark your calendars! The 2020-2021 Graduation ceremony will be held on Monday, June 14th 8PM @ UW Alaska Arena (if its in person)

It's Time to Submit your Senior Photos to the Yearbook

- Click [here](#) for details on uploading your photo
- Deadline is Jan. 31, 2021.

It's Senior Ad Ordering Time!

Click [here](#) for details about creating and submitting an ad for your senior to be included in the yearbook.

Parent/Student Access Into Eastlake During Open Hours

Our building is only open the following days & times:

- Mondays 8:00AM - 9:00AM,
- Wednesdays 9:00AM – 3:00PM
- Fridays 2:00PM – 4:00PM

Enter on the side of the school by tennis court/buses, go up the stairs to the entry door. We will have staff that can help students and will have a student attestation station (for Covid19) during these specific times. Masks are required.

The EHS main office is open from 7:00AM-3:00PM for phone calls Monday - Friday (425) 936-1500.

[WEBSITE](#)

[ABOUT US](#)

[ACADEMICS](#)

[ACTIVITIES](#)

[ATHLETICS](#)



Calendar

400 228th Ave N.E.,
Sammamish, WA 98074

Tel (425) 936-1500
Attendance (425) 936-1539