



COVID-19

Please complete before attending school or child care.

1. Does your child have any of the following symptoms (new or worsening)?*



Fever > 37.8°C



Cough



Difficulty breathing or shortness of breath



Decrease or loss of taste or smell



Sore throat, painful swallowing



Runny/stuffy nose



Headache that is unusual or long-lasting



Nausea, vomiting, diarrhea



Muscle aches or extreme tiredness that is unusual

If "YES" to any of the symptoms above (even if only 1 symptom is present):

- Child must stay home and isolate from others. Child and all household contacts must isolate until the child receives a negative COVID-19 test result or an alternate diagnosis from a health care provider.
- If testing is recommended but does not occur, child must isolate for 10 days from symptom onset. Household contacts must isolate for 14 days following last contact with child.
- If the symptomatic individual cannot isolate from the rest of the household, ALL household members must quarantine for 14 days, starting from the end of the symptomatic individual's isolation period.

*Children/students who have an existing health condition, should not answer YES, unless the symptom is new, different or getting worse.

2. Has your child travelled outside of Canada in the past 14 days?

3. Has your child been identified as a close contact of someone with COVID-19?

4. Has your child been instructed to stay home and self-isolate?

If "YES" to questions 2, 3 or 4:

Your child/student must stay home, self-isolate and follow the advice of public health.

How do I isolate my student/child?



Stay home



Wash hands frequently



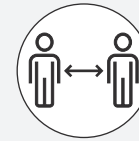
Wear a face covering, if possible



Avoid contact with others



Cover coughs and sneezes



Keep your distance

Household members of symptomatic individual must also isolate until the symptomatic individual receives negative test results or an alternate diagnosis from a healthcare provider.

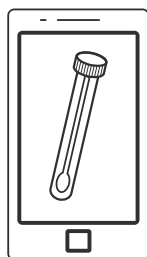
For detailed isolation instructions, please visit [hpePublicHealth.ca](https://www.hpepublichealth.ca)



How do I get my student/child tested for COVID-19?

Visit [hpePublicHealth.ca/getting-tested-for-covid-19/](https://www.hpepublichealth.ca/getting-tested-for-covid-19/) for information on locations and hours of operation for assessment centres in Hastings and Prince Edward Counties. Assessment centres can also be contacted directly:

- Bancroft - 613-961-5544 or 613-969-7400 ext. 6222
- Belleville and Trenton - 613-961-5544
- Picton - 613-813-6864



How do I access my student/child's test results?

Test results are available online at [covid-19.ontario.ca](https://www.covid-19.ontario.ca)