

Community Resources for Native American/Alaska Native Families Residing in Pierce County, Washington

Puyallup Tribal Health – PTHA - 253-593-0232 <https://www.eptha.com/>

Click on Departments & Services for detailed information.

- Students and families do not need to be Puyallup Tribal members. See the Eligibility page <https://www.eptha.com/eligibility/> for details. Many AI/AN families qualify for services at PTHA.
- In addition to medical and dental, PTHA also provides addiction treatment and has an excellent mental health branch which is called Kwawachee Counseling Center.
- For those families that are Puyallup Tribal members, additional services are available.

South Puget Intertribal Planning Agency (SPIPA) – Tribes Assisting Native Families (TANF)– Pierce County - 253-250-0550 <https://www.spipa.org/>

- TANF/Workforce Development is a program that provides assistance for eligible families and children. The program's primary intent is to assist families in becoming self-sufficient rather than rely on TANF or other programs for assistance.
- The SPIPA TANF program may assist Native American/Alaska Native families that are members of a Federally recognized Indian Tribe with the following – see the Program Services tab on the website for more services than listed below.
 - Job Preparation
 - Job Retention Services
 - Work Experience
 - Education Assistance
 - Monthly Grants
 - Support Services
 - Vocational Rehabilitation
 - Low Income Home Energy Assistance
- See attached brochure and website for more information.

Tahoma Indian Center – Catholic Community Services - 253-593-2707

<https://ccsww.org/get-help/shelter-homeless-services/tahoma-indian-center/>

- Located on the east side of Tacoma, Puyallup Reservation, the Tahoma Indian Center has met the basic needs of low-income and homeless Urban Native Peoples for more than 20 years in a safe, warm, peaceful and drug- and alcohol-free environment. The purpose of the Center is to restore and sustain the dignity and culture of Urban Native Americans in Pierce County.
- Services –
 - Provide a safe, warm friendly, peaceful, respectful drug and alcohol-free environment for Urban Native American Indians.

- Provide coffee and a daily meal Monday-Friday.
- Provide referrals to needed social services such as housing, food, clothing, employment and training, legal services, education and counseling.
- Provide referrals to culturally specific services such as tribal registration, pow-wows, education and training, employment services, counseling and healing circles.
- Provide a site for native cultural/spiritual ceremonies and activities.
- Provide for basic needs such as food, clothing and referral to shelters and housing programs, a mailing address and phone messages.

Associated Ministries Resource Guide to Community Services – Tacoma-Pierce County – 2018 - 253-383-3056 <https://associatedministries.org/> Visit this site to download this comprehensive community resource guide.

- Associated Ministries is an interfaith organization that unites people of faith to build stronger communities. As a crossroad for communication and cooperation, they engage and equip faith communities and persons of goodwill to address the many needs in Pierce County through advocacy, education, and service.
- This is a comprehensive guide that lists community resources for families. Below are a few of the resources listed. See guide for complete list of resources.
 - Emergency Shelters
 - Domestic Violence Shelters
 - Housing Services
 - Medical Care
 - Prescription Assistance
 - Child Care
 - Legal Aid Resources
 - Furniture Banks
 - Pregnancy Services
 - Transportation
 - Food Banks
 - Quick Reference of Important Phone Numbers

- See guide for more resources

Tacoma-Pierce County Health Department – COVID-19 Resources – Help for people impacted by COVID-19 <https://www.tpchd.org/healthy-people/diseases/covid-19-resources>

- Food assistance
- Housing
- Utilities
- Transportation
- Mental health and family support resources
- Childcare resources
- Helpful tools for children
- And more...

Pierce County Human Services – Rental assistance, mortgage assistance, and more
<https://www.piercecountywa.gov/6859/Human-Services-COVID-19-Help>

Pierce County Human Services -Other Services and Resources – rent, utilities, food assistance and more <https://www.co.pierce.wa.us/1205/Other-Services-and-Resources>

Pierce County Energy Assistance Program (EAP) - <https://www.piercecountywa.gov/1280/Energy-Assistance>

Pierce County - Child care vouchers available for parents impacted by COVID-19 - <https://www.co.pierce.wa.us/CivicAlerts.aspx?AID=4736>

Food is Free Project Tacoma

<https://foodisfree253.com/>

Also on Facebook – Food is Free Project Tacoma

Nourish Pierce County – Food banks for healthier futures

<https://nourishpc.org/>

Need Food? – you can type in your zipcode and select some settings and get a list of food banks near you - <https://nourishpc.org/need-food/>

Financial Resources for Washington Residents Impacted by COVID-19 - The Washington State Department of Financial Institutions has developed a list of financial resources for Washington consumers impacted by the Coronavirus. They will add to this list as more resources become available.
<https://dfi.wa.gov/coronavirus/financial-resources>

Washington State Coronavirus Response (COVID-19) – This page contains links to programs and services that may be helpful for Washingtonians who are impacted by the COVID-19 pandemic.
<https://coronavirus.wa.gov/you-and-your-family>

COVID-19: Washington State Resource for Individuals Dealing with COVID Financial Impacts – The National Law Review - This guidebook is designed to serve as an interactive reference for individuals in Washington state looking for information and resources available to help with the financial impacts of the COVID-19. It is not legal advice and the information in this guidebook is subject to change. Individuals are responsible for verifying the accuracy of all information. Because of demand for services, some websites will experience interruptions. <https://www.natlawreview.com/article/covid-19-washington-state-resource-individuals-dealing-covid-financial-impacts>

COVID-19 Resources – United Way – Helpful resources, including updates from officials, educational activities for children and helpful information for dislocated workers. <https://www.uwpc.org/covid-19-resource-list>

Kids' Mental Health Pierce County – Linking arms to improve child and adolescent mental health in Pierce County. <https://kidsmentalhealthpiercecounty.org/>

LL 10/13/2020