

19/10/2020	LUNCH MAIN DISH	LUNCH VEGETARIAN DISH	LUNCH VEGETABLE DISH	LUNCH VEGETABLE DISH	LUNCH SALAD BAR	LUNCH DESSERT	LUNCH DESSERT 2	SUPPER MAIN DISH	SUPPER VEGETARIAN DISH	SUPPER SIDE DISH	SUPPER SALAD BAR	SUPPER DESSERT
MONDAY	Turkey steak tikka masala	Vegetable quesadillas	Cauliflower and carrots	Saute potatoes	Salad bar with a selection of cold meats and dressings	Banana and maple pudding with cream	Fresh fruit, yoghurt and jellies	Kale and tenderstem broccoli with pancetta and spaghetti	Spinach, tenderstem broccoli and ricotta ravioli with pesto and tomato	Garlic bread	Salad bar with a selection of cold meats and dressings	Fresh fruit, yoghurt and jellies
TUESDAY	Sticky pork spare ribs Chinese style	Pakora in pitta bread with raita	Roast broccoli	Rice	Salad bar with a selection of cold meats and dressings	Cherry tart	Fresh fruit, yoghurt and jellies	Garlic butter chicken thighs	Asparagus puff pastry bundles with hollandaise	Seasoned wedges and roast kale	Salad bar with a selection of cold meats and dressings	Fresh fruit, yoghurt and jellies
WEDNESDAY	Roast beef with Yorkshire pudding	Sweetcorn and courgette fritters with poached egg and chilli dressing	Buttered savoy cabbage	Roast potatoes	Salad bar with a selection of cold meats and dressings	Spiced carrot and apple cake with cream cheese icing	Fresh fruit, yoghurt and jellies	David's curried salmon fishcakes with curry mayonnaise	Broccoli fritters	Bulgur wheat and peas	Salad bar with a selection of cold meats and dressings	Fresh fruit, yoghurt and jellies
THURSDAY	Chicken in a white wine and tarragon creamy sauce with leeks and mushrooms	Vegetable stir fry with honey, soy, crispy onions and noodles	Sweetcorn	New potatoes	Salad bar with a selection of cold meats and dressings	Lemon and strawberry posset with vanilla shortbread	Fresh fruit, yoghurt and jellies	Chorizo and potato tostada with fried egg	Sweet potato and black bean taco	Mexican slaw and corn on the cob rings	Salad bar with a selection of cold meats and dressings	Fresh fruit, yoghurt and jellies
FRIDAY	Smoked haddock in a cheesy sauce with garlic breadcrumb	Roast vegetable and pesto puff pastry tart	Mixed vegetables	Chips	Salad bar with a selection of cold meats and dressings	Self saucing chocolate pudding with cream	Fresh fruit, yoghurt and jellies	Vegetable pizza		Paprika potatoes	Salad bar with a selection of cold meats and dressings	Fresh fruit, yoghurt and jellies