

## Family Support

Resources available to students and their families through the community and school district:

### **Community Resource Line: 2-1-1**

#### **Public Transit:**

- *Utah Transit Authority Information*

(801) 743-3882

[www.rideuta.com](http://www.rideuta.com)

[www.utabus.com](http://www.utabus.com)

For help with public transit payment, please contact Aundrea\*

#### **Refugee Resources:**

- *Salt Lake City Mayor's Office*  
Attn: Office of Diversity  
(801) 535-7734
- *Asian Association of Utah*  
(801) 412-0577
- *Catholic Community Services*  
(801) 977-9119
- *Human Rights Resource Center*  
(801) 521-4283
- *International Rescue Committee (IRC)*  
(801) 328-1091

#### **Community Health Centers:**

- *Central Community Health Center*  
461 South 400 East  
(801) 539-8634
- *Northwest Community Health Center*  
1365 West 1000 North  
(801) 328-5750
- *IHC Neighborhood Clinic*  
855 West California Ave.  
(801) 977-0502
- *IHC Lincoln Family Health Center*  
1090 Roberta Street  
(801) 578-8376

For help receiving specific medical services (Dental, vision, hearing, etc.) for your student, please contact Aundrea\*

**Public Health Resources:**

- *Baby your Baby*  
Potential financial assistance with infants. Provides education for expecting mothers.  
(800) 826-9662
- *Immunization Information*  
(801) 534-4568
- *YWCA Crisis Shelter for victims of domestic violence*  
24-Hour Crisis Hotline (801) 537-8600
- *Utah Department of Health*  
(801) 538-5101

**Parent Education:**

- *Healthy Relationships Utah*  
Available parenting classes available. Sign up via the Healthy Relations website:  
<https://healthyrelationshipsutah.org/counties/salt-lake>
- *Love and Logic parent education courses*  
Schedule of Love and Logic classes can be accessed via Event Brite website. All classes are free of charge:  
<https://www.eventbrite.com/d/ut--salt-lake-city/parenting-with-love-and-logic/>
- *Utah Parent Center*  
<https://utahparentcenter.org/>  
(800) 468-1160
- *The Family Support Center*  
Parenting classes available and be accessed via FSC website. Available free Crisis nursery, in-home parenting support, and parenting classes:  
<http://www.familysupportcenter.org/home/>  
Counseling Office: 801-955-9110  
Family Support: 801-566-1656  
Sugar House Crisis Nursery & Counseling: 801-487-7778  
West Valley Crisis Nursery: 801-967-4259  
Midvale Crisis Nursery & Counseling: 801-255-6881
- *Kids on the Move*  
Free AND low cost parenting classes available via website. Other family support resources available:  
<https://kotm.org/programs/community-classes/>  
(801) 221-9930 x 0

**Mental Health:**

- *Salt Lake County Mental Health Services*  
(385) 468-4707
- *Optum Salt Lake County*  
(877) 370-8953  
24 Hour Crisis Line: (801) 587-3000
- *National Alliance on Mental Illness (NAMI)*  
<https://www.namiut.org/>  
(801) 323-9900
- *National Suicide Prevention Lifeline*  
<https://suicidepreventionlifeline.org/>  
1-800-273-8255
- *University of Utah Neuropsychiatric Institute Crisis line*  
(801) 587-3000
- *Utah Department of Human Services*  
<https://dsamh.utah.gov/>  
(801) 538-3939
- *The Sharing Place*  
Grief Support for Children  
<https://www.thesharingplace.org/>  
(801) 466-6730

**Clothing & Food:**

- *The Salvation Army*  
438 S 900 W  
(801) 988-4204
- *Deseret Thrift Store (DI)*  
2140 800 E  
(801) 486-3474
- *Utah Food Bank*  
3150 S 900 W  
(801) 978-2452
- *Crossroads Urban Center*  
347 S 400 E  
(801) 364-7765
- *Utah Community Action*  
1307 S 900 W  
(801) 977-1122

Please contact Aundrea for clothing and/or food needs\*

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