

OCTOBER

WHAT'S IN SEASON THIS MONTH?

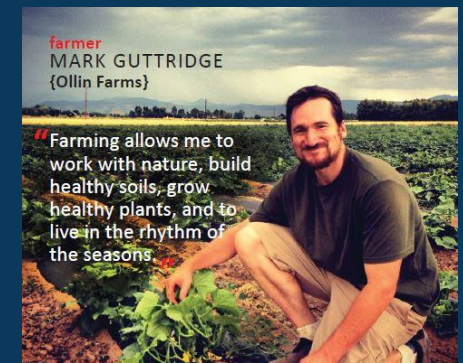
Look for locally sourced peppers, cauliflower, cherry tomatoes and Western Slope Apples.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29 Beef Nachos with Cheese Sauce Bean Nachos with Cheese Sauce	30 All Beef Hot Dog Fireside Broccoli Cheese Stuffed Potato with Biscuit	1 Oven Fried Chicken Dinner w/ Mashed Potatoes, Gravy & Garlic Bread Veggie Burrito - Smothered	2 BBQ Pulled Pork Sandwich Pasta Alfredo with Garlic Bread
5	6 Chicken Strips with Dipping Sauce & Garlic Bread Macaroni & Cheese	7 Hamburger & Cheeseburger Veggie Chili Cheese Fries with Tortilla	8 Roast Turkey Dinner with Mashed Potatoes and Dinner Roll Cheese Ravioli with Garlic Bread	9 Crispy Chicken Sandwich Cheese Pizza
12	13 Beef Nachos with Cheese Sauce Bean Nachos with Cheese Sauce	14 All Beef Hot Dog Chickpea Masala with Flatbread	15 French Toast Casserole w/ Turkey Sausage & Berry Sauce Spaghetti Marinara & Cheese	16 BBQ Pulled Pork Sandwich Plant Forward Nachos GF with Fresh Pico de Gallo GF
19	20 Chicken Strips with Dipping Sauce & Garlic Bread Toasted Cheese Sandwich & Soup	21 Hamburger & Cheeseburger Plant Forward Bolognese with Garlic Bread	22 Roast Turkey Dinner with Mashed Potatoes and Dinner Roll Cheese Ravioli with Garlic Bread	23 Meatball Sub Cheese Pizza
26	27 Beef Nachos with Cheese Sauce Bean Nachos with Cheese Sauce	28 All Beef Hot Dog Justin & Hosea's Veggie Enchiladas	29 Oven Roast Chicken w/ Mashed Potatoes and Garlic Bread Cheese Calzone	30 Chicken & Waffles Green Chile & Cheese Tamales with Refried Beans



Artwork by Jia Grippo at Manhattan Middle School

Local farmer partner:



BOULDER VALLEY
SCHOOL DISTRICT

All meals come with 1% milk as well as a rotating selection of fresh vegetables & fruits

This institution is an equal opportunity provider

NOVEMBER

WHAT'S IN SEASON THIS MONTH?

Look for local carrots, potatoes, and Western Slope apples as part of our November menu.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Chicken Strips w/ Dipping Sauce & Garlic Bread Pasta Alfredo w/ Garlic Bread	4 Hamburger & Cheeseburger Falafel & Hummus Flatbread w/ Creamy Cucumbers	5 French Toast Casserole w/ Turkey Sausage & Berry Sauce Plant Forward Nachos w/ Fresh Pico de Gallo	6 Toasted Cheese Sandwich w/ Tomato Soup Cheese Pizza
9	10 Beef Nachos w/ Cheese Sauce Bean Nachos w/ Cheese Sauce	11	12 Oven Fried Chicken Dinner w/ Mashed Potatoes, Gravy & Garlic Bread Veggie Burrito - Smothered	13 BBQ Pulled Pork Sandwich Pasta Alfredo w/ Garlic Bread
16	17 Chicken Strips w/ Dipping Sauce & Garlic Bread Macaroni & Cheese	18 Hamburger & Cheeseburger Veggie Chili Cheese Fries w/ Tortilla	19 Roast Turkey Dinner w/ Mashed Potatoes, Gravy & Garlic Bread Cheese Ravioli w/ Garlic Bread	20 Crispy Chicken Sandwich Cheese Pizza
23	24	25	26	27
30				



Artwork by Pioneer Elementary
School student

Local farmer partner:



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SCHOOL DISTRICT

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DECEMBER

WHAT'S IN SEASON THIS MONTH?

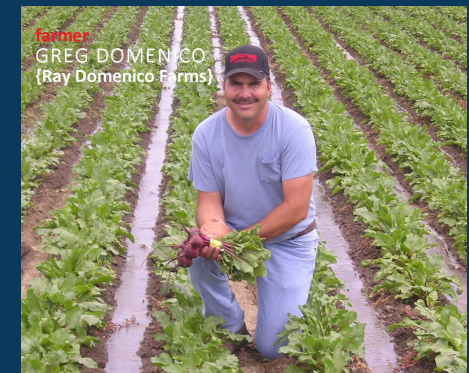
Look for local Beets, Radishes, Carrots, and Western Slope apples in our December meals.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Beef Nachos w/ Cheese Sauce Bean Nachos w/ Cheese Sauce	2 All Beef Hot Dog Chickpea Masala w/ Flatbread	3 French Toast Casserole w/ Turkey Sausage & Berry Sauce Spaghetti Marinara & Cheese	4 BBQ Pulled Pork Sandwich Plant Forward Nachos w/ Fresh Pico de Gallo
7	8 Chicken Strips w/ Dipping Sauce & Garlic Bread Toasted Cheese Sandwich w/ Soup	9 Hamburger & Cheeseburger Plant Forward Bolognese w/ Garlic Bread	10 Roast Turkey Dinner w/ Mashed Potatoes, Gravy & Garlic Bread Cheese Ravioli w/ Garlic Bread	11 Meatball Sub Cheese Pizza
14	15 Beef Nachos w/ Cheese Sauce Bean Nachos w/ Cheese Sauce	16 All Beef Hot Dog Justin & Hosea's Veggie Enchiladas	17 Oven Roasted Chicken w/ Mashed Potatoes, Gravy & Garlic Bread Cheese Calzone	18 Chicken & Waffles Green Chile Cheese Tamales w/ Refried Beans
21	22	23	24	25
28	29	30	31	



Artwork by Columbine
Elementary School student

Local farmer partner:



BOULDER VALLEY
SCHOOL DISTRICT

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